

Selena Carbajal
Human Development and Family Science
Norton School of Human Ecology
University of Arizona
scarbajal@arizona.edu

Education

- PhD, Human Development and Family Science** 2018 – Present
Mexican American Studies Minor
Dissertation: *Examining the Links and Complexity of Cultural-Developmental Tasks: Ethnic-Racial Identity and Bicultural Competence in US Latine Samples*
Major Advisor: Katharine H. Zeiders, PhD
Minor Advisor: Maurice R. Magaña, PhD
University of Arizona
- MS, Family and Consumer Sciences** 2018 – 20
Family Studies and Human Development Emphasis
Thesis: *Demographic and Psychosocial Correlates of Bicultural Competence Among Latinx Early Adolescents*
Advisor: Katharine H. Zeiders, PhD
University of Arizona
- BA, Psychology (Departmental Honors)** 2013 – 18
Women's Studies Double Major; Chicano/Latino Studies Minor
Summa Cum Laude
Thesis: *Filial Responsibility, Bicultural Self-Efficacy, and Depressive Symptoms among Latina College Students*
Advisor: Rosa I. Toro, PhD
California State University, Fresno

Publications

Peer-Reviewed Journal Articles

- McDermott, E. R., Zeiders, K. H., Landor, A. M., & **Carbajal, S.** (2022). Coping with ethnic-racial discrimination: Short-term longitudinal relations between discrimination and coping strategies among Black and Latinx college students. *Journal of Research on Adolescence*, 32(4), 1530–1545. <http://doi.org/10.1111/jora.12728>
- Carbajal, S.**, Zeiders, K. H., & Landor, A. M. (2022). Unpacking the benefits of bicultural competence: Latina/x/o college students' academic and psychosocial adjustment. *Emerging Adulthood*, 10(4), 910–922. <https://doi.org/10.1177/21676968211034309>

Zeiders, K. H., Umaña-Taylor, A. J., **Carbajal, S.**, & Pech, A. (2021). Police discrimination among Black, Latina/x/o, and White adolescents: Examining frequency and relations to academic functioning. *Journal of Adolescence*, *90*, 91–99. <https://doi.org/10.1016/j.adolescence.2021.06.001>

Carbajal, S., & Toro, R. I. (2021). Filial responsibility, bicultural competence, and socioemotional well-being among Latina college students. *Cultural Diversity and Ethnic Minority Psychology*, *27*(4), 758–768. <https://doi.org/10.1037/cdp0000467>

Manuscript Under Review

Carbajal, S., Delgado, M. Y., Nair, R. L., & Zeiders, K. H. (*revision under review*). Bicultural competence and academic and psychosocial functioning among Latinx early adolescents: Examining the moderating role of gender.

Presentations

Refereed Conference Presentations

Carbajal, S., Sarsar, E. D., Zeiders, K. H., Hoyt, L. T., Wilkinson-Lee, A. M., & Landor, A. M. (2024, April). Daily diary study of biculturalism among Latinx adolescents. Society for Research on Adolescence Annual Meeting, Chicago, IL.

Berkley, S., Zeiders, K., Landor, A. M., Sarsar, E. D., & **Carbajal, S.** (2024, April). Sociocultural factors and civic beliefs and behaviors of Black and Latinx young adults. Society for Research on Adolescence Annual Meeting, Chicago, IL.

Carbajal, S. (2023, June). Minoritized emerging adults' identity and outcomes across race-ethnicity, sexual orientation, and social class. Discussant for paper symposium at the Society for the Study of Emerging Adulthood 11th Conference on Emerging Adulthood. San Diego, CA.

Pathak, A., Sarsar, E. D., **Carbajal, S.**, Hoyt, L. T., Zeiders, K. H., Wilkinson-Lee, A. M., & Landor, A. M. (2023, April). Sociocultural correlates of sleep health among Latinx youth. Society for Research on Adolescence Annual Meeting, San Diego, CA.

Carbajal, S., Zeiders, K. H., Wilkinson-Lee, A. M., Hoyt, L. T., & Landor, A. M. (2023, April). Coalescing race, ethnicity, and culture to inform research on US Latinx youth. Society for Research on Adolescence Annual Meeting, San Diego, CA.

Carbajal, S. & Toro, R. I. (2022, May). Perpetual foreigner stereotype and Latinx young adults' well-being: Impact of interpersonal relationships and bicultural self-efficacy. Society for Research in Child Development Special Topics, Rio Grande, Puerto Rico.

- Carbajal, S.,** Zeiders, K. H., & Kim, S. Y. (2022, May). U.S. Mexican-origin mothers' and youths' bicultural difficulties and concurrent depressive and anxiety symptoms. Society for Research in Child Development Special Topics, Rio Grande, Puerto Rico.
- Carbajal, S. & Toro, R. I.** (2021, November). Ethnic identity, bicultural self-efficacy, and adjustment among Latinx college students. Society for the Study of Emerging Adulthood Virtual 10th Conference on Emerging Adulthood.
- Carbajal, S.,** Zeiders, K. H., & Landor, A. M. (2021, November). Linking ethnic identity and bicultural competence: Implications for well-being among Latinx college students. Society for the Study of Emerging Adulthood Virtual 10th Conference on Emerging Adulthood.
- Carbajal, S.,** Zeiders, K. H., Delgado, M. Y., & Nair, R. (2021, April). Bicultural competence, gender, and psychosocial functioning among Latinx early adolescents. Society for Research in Child Development Virtual Biennial Meeting. **Invited to the 2021 Student and Early Career Council (SECC) Poster Competition.**
- Toro, R. I. & **Carbajal, S.** (2019, October). Filial responsibilities, socioemotional well-being, and bicultural self-efficacy among Latinas. Society for the Study of Emerging Adulthood 9th Conference, Toronto, Canada.
- Carbajal, S.,** Zeiders, K. H., & Landor, A. M. (2019, October). Unpacking bicultural competence: Latinx college students' academic and psychosocial functioning. Society for the Study of Emerging Adulthood 9th Conference, Toronto, Canada.
- Coulter, K. M., Cruze, A. N., Thomas, R., **Carbajal, S.,** Delgado, M. Y., & Zeiders, K. H. (2019, March). Multiple contextual identities of Latino adolescents: examining ethnic and STEM identities. Society for Research in Child Development Biennial Meeting, Baltimore, MD.
- Carbajal, S. & Toro, R.** (2018, April). Filial responsibility and bicultural self-efficacy among Latina college students. Western Psychological Association, Portland, OR.
- Carbajal, S.** (2017, July). Latina first-generation college students: Negotiating the home space. 2017 Mujeres Activas en Letras y Cambio Social Summer Institute, Rohnert Park, CA.

Invited and Community Presentations

Names included in alphabetical order. All presenters contributed equally.

- Aceves, L., Barreto, J., **Carbajal, S.,** Mendoza, S., Moreno, F., & Puente, K. (2021, April). *Navegando*: Grad School Edition. Society for Research on Child Development 2021 Virtual Biennial Meeting.
- Carbajal, S.,** Castorena, D.C., Forbes, N., Idow, E., Levario, B., Osman, K., Perez, R., Rosario, V., Sarsar, E., Wilkinson-Lee, A., & Zeiders., K. H. (2021, January). The COVID-19 Hijos Project: Community Advisory Board Meeting. Tucson, AZ.

Arellano, J., Bello Luna, N., **Carbajal, S.**, Ruiz, V., Sanchez, S., & Teneyuque, K., (2018, March). Alliance for Hispanic-Serving Institution Educators (AHSIE) Seed to Tree Student Scholars. 10th Annual Title VII/HSI Best Practices Conference, Chicago, IL.

Non-Refereed Presentations

Carbajal, S., Zeiders, K. H., Wilkinson-Lee, A. M., Hoyt, L T., & Landor, A. M. (2023, April). Coalescing race, ethnicity, and culture to inform research on US Latinx youth. Francis McClelland Institute Student Poster Showcase, Tucson, AZ.

Carbajal, S., Zeiders, K. H., & Kim, S. Y. (2022, April). U.S. Mexican-origin mothers' and youths' bicultural difficulties and concurrent depressive and anxiety symptoms. Francis McClelland Institute Student Poster Showcase, Tucson, AZ.

Castorena, D. C., Sarsar, E., **Carbajal, S.**, Zeiders, K. H., & Landor, A. M. (2020, May) The role of friendship quality and romantic relationship satisfaction on mental health and academic aspirations. Francis McClelland Institute Student Poster Showcase, Tucson, AZ.

Kubela, A., Sarsar, E., **Carbajal, S.**, Zeiders, K. H., & Landor, A. M. (2020, May). Traumatic life events and quality of romantic relationships. Francis McClelland Institute Student Poster Showcase, Tucson, AZ.

Molina, K. A., Sarsar, E., **Carbajal, S.**, Zeiders, K. H., & Landor, A. M. (2020, May). Traditional gender role attitudes and mental health among Latinx and African American young adults. Francis McClelland Institute Student Poster Showcase, Tucson, AZ.

Carbajal, S., Zeiders, K. H., & Landor, A. M. (2020, January). Unpacking biculturalism among Latinx college students: Short-term longitudinal relations between biculturalism and mental health. 28th Annual Student Showcase, Tucson, AZ.

Carbajal, S., Zeiders, K. H., & Landor, A. M. (2019, April). Unpacking biculturalism among Latinx college students: Short-term longitudinal relations between biculturalism and mental health. Frances McClelland Institute Student Poster Showcase, Tucson, AZ.

Teaching Experience

Instructor

FCSC 301: Applying Critical Thinking to Discourse in Family and Consumer Science Spring 2022
Organizations (In Person)
Family and Consumer Sciences
University of Arizona

Lead Co-Instructor

FCSC 301: Applying Critical Thinking to Discourse in Family and Consumer Science Organizations (Asynchronous Online) Summer 2022
Family and Consumer Sciences
University of Arizona

FSDH 323: Infancy and Child Development (Asynchronous Online) Summer 2022
Family Studies and Human Development
University of Arizona

FSDH 117: Lifespan Human Development (Asynchronous Online) Summer 2022
Family Studies and Human Development
University of Arizona

Co-Instructor

HDFS 323: Infancy and Child Development (Asynchronous Online) Summer 2023
Human Development and Family Science
University of Arizona

FSDH 117: Lifespan Human Development (Asynchronous Online) Summer 2021
Family Studies and Human Development
University of Arizona

Teaching Assistantships

FITS 204: Fashion Industry Science & Technology (Asynchronous Online) Spring 2024
Fashion Industry Science & Technology
University of Arizona
Graduate Teaching Assistant for Maggie Keef

HDFS 617C: Multilevel Modeling (In Person) Fall 2023
Human Development and Family Science
University of Arizona
Graduate Teaching Assistant for Dr. Norma Perez-Brena

RCSC 498: Senior Capstone (In Person) Spring 2023
Retailing and Consumer Science
University of Arizona
Graduate Teaching Assistant for Kathleen Kennedy

FSDH 427C: Mental Health and the Family: Childhood and Adolescence (Hybrid) Fall 2022
Family Studies and Human Development
University of Arizona
Graduate Teaching Assistant for Dr. Darin Knapp

FSDH 237: Love, Intimacy, and Relationships (In Person) Fall 2021

Family Studies and Human Development
University of Arizona
Graduate Teaching Assistant for Dr. Adam Clark

FSHD 413: Issues of Aging (Live Online) Spring 2021/
Family Studies and Human Development Fall 2020
University of Arizona
Graduate Teaching Assistant for Dr. Timothy Ottusch

RCSC 415: Retail Store Design, Planning, and Display (Asynchronous Online) Fall 2020
Retailing and Consumer Science
University of Arizona
Graduate Teaching Assistant for Dr. Yumin Kim

FSHD 447A: Sociocultural Context of Development (In Person) Spring 2019/
Family Studies and Human Development Fall 2018
University of Arizona
Graduate Teaching Assistant for Drs. Linda Pallock and Katharine H. Zeiders

Guest Lectures

PSYCH 6300: Developmental Psychology: Foundations Fall 2022/
PhD-level course, Department of Psychology Fall 2021
Fordham University
Cultural Adaptation and Immigration

PSYCH 200T: Immigrant Children and Families Spring 2021
MA-level course, Department of Psychology
California State University, Fresno
Biculturalism and Psychosocial Adjustment

FSHD 447A: Sociocultural Context of Development Spring 2019
Upper-level undergraduate course, Family Studies and Human Development
University of Arizona
Acculturation and Family Dynamics

Relevant Training and Experience

HDFS 617C: Multilevel Modeling Summer
Human Development and Family Science 2023
University of Arizona
Assisted in developing a graduate-level course on multilevel modeling in R, SPSS, and MPLUS.

FSHD 696Z: Teaching in Family Studies and Human Development Spring 2022
Family Studies and Human Development

University of Arizona

A 1-unit course on postsecondary teaching across course modalities.

Graduate Teaching Associate (GTA) Online Course Design Boot Camp
Office of Digital Learning
University of Arizona
A five-week workshop on online course design. Summer
2021

Tutor and Supervisor
Writing Center, Department of English
California State University, Fresno 2016 – 18

Honors and Awards

Regional and National

Chancellor's Doctoral Incentive Program (CDIP) Spring 2023 Travel Grant (\$1,500) 2022
Hispanic Association of Colleges and Universities (HACU); Lánzate!/Take Off! 2022
Higher Education Travel Award Program
Honorable Mention, Ford Foundation Predoctoral Fellowship 2020
Chancellor's Doctoral Incentive Program (CDIP) Spring 2020 Travel Grant (\$1,500) 2019
Chancellor's Doctoral Incentive Program (CDIP) Fellow 2019
Society for Research on Adolescence (SRA) Undergraduate Scholars Program 2018
Alliance of Hispanic-Serving Institution Educators (AHSIE) Seed to Tree Student
Scholar (\$2,000) 2018
Sally Casanova Pre-Doctoral & Summer Research Scholar (\$3,000; \$7,670) 2017 – 18

University of Arizona

Frances McClelland Institute (FMI) Lang Dissertation Fellowship (\$11,000) 2023 – 24
Harry W. and Elsie M. Porterfield Scholarship (\$1,250) 2023 – 24
Naomi Reich Commemorative Graduate Fellowship (\$916) 2022 – 23
Ruth Reed Cowden Scholarship (\$10,084) 2022 – 23
Graduate and Professional Student Council (GPSC) Travel Grant (\$1,160.75) 2022
Bartley P. Cardon Scholarship (\$1,072) 2021 – 22
College of Agriculture and Life Sciences (CALs) Impact Leader Fellow 2021
Vivian Bancroft Swift Memorial Scholarship (\$13,918) 2020 – 21
Amy Jean Knorr Scholarship (\$2,050) 2020 – 21
Vivian Bancroft Swift Memorial Scholarship (\$2,994) 2019 – 20
Graduate and Professional Student Council (GPSC) Travel Grant (\$750/\$1,000) 2019
Frances McClelland Institute (FMI) Travel Grant (\$300) 2019
Graduate Access Fellowship (\$8,000) 2018 – 19
Naomi Reich Commemorative Graduate Scholarship (\$219) 2018 – 19
Ruth Cowden Scholarship (\$7,654) 2018 – 19

California State University, Fresno

Undergraduate Research Grant (\$925)	2018
President's Medalist Nominee, College of Social Sciences	2017 – 18
Dean's Medalist, College of Social Sciences	2017 – 18
Dean's Medalist Nominee, College of Science and Mathematics	2017 – 18
Outstanding Student	2017 – 18
– Women's Studies Program	
– Department of Chicano and Latin American Studies	
Department of Psychology	2017 – 18
– Psychology Honors Scholar	
– Pickford Memorial Scholarship (\$950)	
– Outstanding Undergraduate Student	
Faculty Sponsored Student Research Award (\$915)	2017
Ronald E. McNair Scholar	2016 – 18
– 2016 & 2017 Summer Research Scholar (\$2,800)	
– 2017 Ronald E. McNair Travel Grant (\$536)	
President's List (9 semesters); Dean's List (1 semester)	2013 – 18

Research Experience

The Hijos Project, NSF Grant-Funded Project	2019 –
– Katharine H. Zeiders, PhD, University of Arizona [Co-PI]	
– Ada Wilkinson-Lee, PhD, University of Arizona [Co-PI]	
Graduate Research Assistant for Katharine H. Zeiders, PhD	
Sociocultural Contexts of Latinx Youth (SCL) Lab	2019
Family Studies and Human Development, University of Arizona	
Volunteer Research Assistant for Melissa Y. Delgado, PhD	
Stressors, Context, and Health Lab	2018 –
Family Studies and Human Development, University of Arizona	
Graduate Research Assistant for Katharine H. Zeiders, PhD	
Tucson Interpersonal and Education Success (TIES) Study	2018 – 19
Department of Psychology, Arizona State University	
Volunteer Research Assistant for Phuong Thao Ha, PhD [PI]	
Sally Casanova Pre-Doctoral Scholar	Summer
Project Title: Gender Matters: Cultural Mismatch Among Latinx First-Generation	2018
College Students	
University of California, Santa Cruz	
Faculty Mentor: Dr. Rebecca Covarrubias, Department of Psychology (Social)	

Summer Research Scholar, Ronald E. McNair Post-Baccalaureate Program
 Project Title: Latina First-Generation College Students: Navigating the Home Space
 California State University, Fresno
 Faculty Mentor: Dr. Larissa M. Mercado-López, Women's Studies Program

Summer
 2017

Latino Family Dynamics Project, NIH-Funded Project
 Department of Psychology, California State University, Fresno
 Undergraduate Research Assistant for Rosa I. Toro, PhD [PI]

2016 – 18

Select Professional Development and Coursework

Graduate Communities for Academic Fellowship and Efficacy (Grad CAFE)
 Community Leader
 HSI Fellows Program Initiative – Graduate College Office of Diversity and Inclusion
 University of Arizona

Fall 2023

FSDH 607: Latinx Youth and Families
 Melissa Y. Delgado, PhD, University of Arizona

Fall 2022

Latent Class and Profile Analysis
 Katharine H. Zeiders, PhD, University of Arizona

2022/21/19

Summer Fellowship Application Development Program (SFADP)
 Graduate College Office of Fellowships and Community Engagement, Honors College
 Office of Nationally Competitive Scholarships
 University of Arizona

2021

Summer Mentoring Workshop – Latinx Research
 Michigan Center for Urban African American Aging Research (MCUAAAR),
 Program for Research on Black Americans (PRBA)

2021

MAS 508: Cultural Perspectives
 Maurice Magaña, PhD, University of Arizona

Fall 2021

MAS 580A: Advanced Research Methods
 Maurice Magaña, PhD, University of Arizona

Spring 2021

FSDH 617C: Multilevel Modeling
 Emily Butler, PhD, University of Arizona

Fall 2020

FSDH 617B: Structural Equation Modelling
 Russell B. Toomey, PhD, University of Arizona

Spring 2020

Qualitative Coding
 Kristin M. Anders, PhD, Kansas State University

2018

An Introduction to Latent Class and Latent Profile Analysis
Bethany C. Bray, PhD, University of Pennsylvania 2018

Service

Professional Service

Ad Hoc Reviewer
– *Journal of American College Health* 2023
– *Journal of Social and Personal Relationships* 2020

Finance and Fundraising Subcommittee, SRCD Latinx Caucus
Society for Research in Child Development (SRCD) 2019 – 21

Departmental and University Service

Faculty Representative, Family Studies Student Round Table (FSSRT)
Family Studies and Human Development
University of Arizona 2022 – 23

Panelist, Graduate Student Panel 2022
FSHD 696Z: Orientation for FSHD Graduate Students
Family Studies and Human Development
University of Arizona

Panelist, Graduate School and the 1st Gen Experience 2021
College of Agriculture and Life Science (CALS) First Cats
University of Arizona

President, Family Studies Student Round Table (FSSRT) 2021 – 22
Family Studies and Human Development
University of Arizona

Recruitment Coordinator, Family Studies Student Round Table (FSSRT) 2020 – 21
Family Studies and Human Development
University of Arizona

Grant Reviewer, Graduate and Professional Student Council (GPSC) 2019 – 23
University of Arizona
– Professional Opportunities Development (POD) Grant
– Research and Project (ReaP) Grant
– Travel Grant

Guest Speaker, Psychology Honors Seminar 2019

Department of Psychology
California State University, Fresno

Literature Search Workshop 2019
Sociocultural Contexts of Latinx Youth (SCL) Lab
Family Studies and Human Development
University of Arizona

Member, Family Studies Student Round Table (FSSRT) 2018 –
Family Studies and Human Development
University of Arizona

Professional Memberships

Society for Research in Child Development (SRCD) 2019 –
– Society for Research in Child Development (SRCD) Latinx Caucus
Society for Research on Adolescence (SRA) 2017 –
Society for the Study of Emerging Adulthood (SSEA) 2017 –
Western Psychological Association (WPA) 2017 – 18
Mujeres Activas en Letras y Cambio Social (MALCS) 2017 – 18

Relevant Skills

Language: Spanish (fluent in speaking, reading, and writing; proficient in English-Spanish translation)

Software: Qualtrics XM; SPSS Statistics 28; R/RStudio; Mplus 8.6