

HDFS Minor Course Offerings: Spring 2025

Course offerings and days/times are subject to change.
Refer to UAccess Schedule of Classes during enrollment period to confirm course information.

HDFS LOWER DIVISION

- **HDFS 101:** Sexuality Across the Lifespan M/W/F 12:00-12:50 In Person
- **HDFS 117:** Lifespan Human Development T/Th 9:30-10:45 In Person
7W2 iCourse
- **HDFS 257:** Contemporary Families T/Th 2:00-3:15 In Person

HDFS UPPER DIVISION

- **HDFS 384:** Leadership, Ethics, and Professional Practices M/W 12:30-1:45 In Person
- **HDFS 401:** Basic Skills in Counseling M/W 2:00-3:15 In Person
- **HDFS 413:** Issues in Aging T/Th 2:00-3:15 In Person
- **HDFS 427A:** Mental Health & the Family: Adulthood T/Th 9:30-10:45 In Person
- **HDFS 447A:** Sociocultural Context of Development T/Th 11:00-12:15 In Person
- **HDFS 450:** Human Sexuality and Relations T/Th 12:30-1:45 In Person
- **HDFS 487:** Theories of Interpersonal & Family Relationships T/Th 3:30-4:45 In Person
- **HDFS 496Z:** Topics in HDFS M/W 3:30-4:45 In Person

Topic: Parenting

Description: This course will examine parenting practices and parent-child relationships from infancy through young adulthood within various family contexts (e.g., 2 parents, single parent, LGBTQ+, inter-racial, immigrant, adopted families, etc.) We will focus on positive, evidence-based parenting practices associated with communication, attachment, discipline, and raising responsible, respectful children. The course will also cover theoretical perspectives on parenting, as well as the influence of cultural, social, and economic factors on parenting practices.

- **HDFS 497A:** Preparing for Graduate School 7W2 iCourse
*1-unit, does not count towards minor

HDFS Course Offerings: Winter 2024

Winter Session (December 23rd – January 14th)

- **HDFS 117:** Lifespan Human Development iCourse

For course descriptions please visit

<https://norton.arizona.edu/sites/norton.arizona.edu/files/2024-09/HDFS%20Course%20Descriptions%20List.pdf>

For prerequisite guide please visit

<https://norton.arizona.edu/sites/norton.arizona.edu/files/2023-07/HDFS%20Course%20Prerequisite%20Guide.pdf>