HUMAN DEVELOPMENT & FAMILY SCIENCE
UNDERGRADUATE ACADEMIC ADVISING HANDBOOK

Table of Contents

Meet with HDFS Advising

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HDFS Minors

To schedule an appointment and view weekly drop-in availability, visit the HDFS Advising Website:
https://norton.arizona.edu/academic-advising/human-development-family-science

Appointments, Drop-Ins, and Email – Determine What is Best for You:

Schedule an Appointment 30 Minute Meeting	Drop-In Advising 5-10 minute quick questions	Email Quick questions/clarifications
- Course planning past the current semester (graduation plan) - Minor exploration - Transfer credit approvals - Study Abroad planning - Advising signature for financial aid appeal - Concerns about academic difficulties and advice about academic success strategies - Personal exploration regarding graduate school, internships, jobs, etc. *Make advising appointments online & write down your appointment date and time so you remember to attend.	- General information about course offerings or course content - Verification of existing schedule - General information about major requirements, a UA policy, or a campus resource - Quick Signatures - Questions like: "Can CHEM 130 fulfill a Natural Science requirement?" - Turning in hard copy forms for internship, research, or preceptor enrollment - If you have an urgent question that may be longer than a drop-in question, please feel free to drop-in. We will do what we can in the allotted time, and schedule a follow-up meeting if needed *Drop-in advising is on a first-come, first-served basis. There may be a wait, so make sure you have time to stop by.	- Clarification if you are unsure an appointment is necessary - Clarification of a UA policy or procedure - Quick review of your current course schedule - Turning in electronic forms for internship, research, or preceptor enrollment - Other inquiries – if we can answer your question over email, we will. If your question is more complex, we'll recommend that you make an appointment or attend drop-in advising hours to talk more *Make sure you use your UA email address for advising communication. Allow 24-48 hours for a response.

Make the Most of Academic Advising

Before, During, and After Your Meeting

Before Advising Meeting	• Determine what kind of advising appointment you need (meeting vs. drop-in) • Familiarize yourself with the UA Calendar and be aware of University deadlines • Review your academic advisement report • Come prepared with an HDFS catalog checklist • Prepare a list of courses you are considering • Prepare other questions you have and write them down • Bring advising materials from previous appointments • Cancel at least 24 hours in advance if you are unable to attend • Make your appointment well in advance of your first day to register for classes • Bring materials to take notes and a laptop if you have one
During Advising Meeting	• Arrive on time • For in person meetings, sign in at the front computer in Student Services, McClelland Park Room 203. • For virtual meetings, find a place free from distraction. Have access to zoom and enable your video and microphone. Do not multitask (driving, walking, working) during your meeting. Preferably use your computer rather than your phone. • Turn off or silence your cell phone or other distractions • Be open with your advisor about how things are going academically and personally • Be willing to share things about yourself so we can better understand your goals and interests • Ask question and take notes
After Advising Meeting	• Keep an advising folder with information you learn in all your advising appointments • Complete any necessary follow up steps that your advisor recommended • Seek available campus resources and opportunities discussed in your appointment • If something is unclear afterwards, send follow up questions via email or attend drop-in hours

Advising Roles and Responsibilities

Student Responsibilities

- Read University Email Daily
- Take the initiative to meet with your advisor at least once per semester, or as often as needed, to discuss your progress
- Be involved in the advising process by being prepared to discuss your goals and educational plans during meetings, bring questions and necessary materials to meeting, and be open to suggestions
- Take responsibility for making academic and career decisions based on available information and advice
- Develop a working knowledge of policies, procedures, deadlines, and campus resources.
- Execute an academic plan directed toward completing your degree
- Review and become familiar with your major/minor requirements each semester and track your progress towards graduation
- Utilize UA resources that will help you succeed academically and prepare for life after graduation

Advisor Responsibilities

- Provide accurate and consistent information
- Clarify, interpret, and confirm program requirements, policies, procedures, and deadlines
- Advise students in exploring and defining academic and career goals
- Assist students with creating short and long-term academic plans
- Assist students with making academic and career decisions consistent with interests, values, and abilities
- Listen responsively to address questions, concerns, and problems
- Facilitate relationships between students and other individuals on campus; refer students to appropriate support services when needed
- Maintain confidentiality according to the Family Educational Rights and Privacy Act (FERPA)
- Consider student's best interest when advocating for policy or curricular changes
- Be available and accessible to answer questions

Student Responsibilities

Student Four Year Timeline: Your advisors are here to help you with all these steps.
Every semester it is recommended that you meet with your advisor at least once (or as much as needed), and that you always ensure your wellbeing comes first by reaching out for personal or academic assistance when necessary.

1st Year	2nd Year	3rd year	4th Year
• Explore interests, strengths, and careers • Make tentative plan of classes year by year • Get involved with clubs, organizations, and volunteering • Start looking into internships, research, and/or study abroad • Start building a resume • Start to develop effective time management and study strategies • Attend office hours • Explore campus resources that can enhance your academic and personal success	• Finalize and declare major(s) and minor(s) • Seek volunteer opportunities, internships, research, and/or study abroad programs • Update resume • Develop relationships with faculty and attend office hours • Research post-graduation options and talk with mentors about your goals • Stay involved in activities that suit interests and goals	• Research career options and graduate programs • Talk to advisors, internship coordinators, and career services to enhance professional skills • Update resume • Continue volunteer opportunities, internships, research, and club involvement • Take graduate entrance exams • Continue connecting with faculty and mentors	• Apply for graduation and meet with your advisor to complete your degree check • Finalize career, professional, or graduate school plans • Apply for graduate or professional schools • Submit resumes and begin interviewing

Student Semester Timeline: Your advisors are here to help you with all these steps

Term Begins:	Identify semester goals and finalize semester schedule

Week 1:	If necessary, make any last-minute changes to your schedule *Check academic deadlines on the Registrar's website regarding adding and dropping courses for the semester*

Week 2:	Evaluate how you are doing in your classes. Make a time management plan for the semester. *The deadline to drop a course without a W occurs the 2nd week of classes*

Weeks 3-8:	Visit your instructors during their office hours before your first exams and papers. Start looking into clubs, volunteer opportunities, and campus resources to support your success. *During weeks 3 through 10, you can drop a course through UAccess but will receive a W on your transcript (you can receive a maximum of 18 units of W at the UA)*

Week 7-8:	Get ready to register for next term and make an appointment with your academic advisor

Week 8-10:	Re-evaluate how you are doing in your current courses. Attend office hours and seek academic assistance when necessary. *The final withdrawal deadline will occur week 10*

Weeks 11-13:	*During weeks 11-13, students can drop a course with a W only through a Late Change Petition, which must be filed through the College Dean's Office (Forbes 203) and signed by your instructor*

Week 13 - Finals Week:	Complete any projects due at the end of the term. Verify final exam schedule and start to review. Visit office hours and Think Tank for extra help. *Complete withdrawal from all classes is available until the last day of classes*

*If you are enrolled in a dynamically dated class (5 weeks, 7 weeks, etc.) make sure you look at the Dates and Deadlines for those classes to understand add/drop deadlines, as they will be different from 15 week courses
https://www.registrar.arizona.edu/courses/dates-deadlines

Graduation Requirements

University Foundation Requirements (English, Math, Second Language)

English
Choose one of the following sequences based on placement
- ENGL 101 & 102
- ENGL 107 & 108
- ENGL 109H
  (requires placement)

Math
HDFS requires College Algebra
- Math 107, Math 112, or Higher Math

Students must test into College Algebra or complete the necessary math sequence based on placement. For example:
- Math 100 → Math 107 or Math 112
  *Math 107 does not serve as a prerequisite to other math and science courses. Consult with your advisor if you have questions about the math course best for you

It is highly recommended that students complete their foundation math requirement before their junior year. Meet with your advisor to plan correctly!

Second Language
HDFS requires 2nd semester language proficiency
There are 3 Ways to demonstrate proficiency:
- Complete a 2nd semester language course with a C or better (e.g., SPAN 102, FREN 102)
- Score the equivalent of 2nd semester skill level on a language proficiency exam administered in person by UA
- AP, IB, or CLEP exam scores

Placement Information

- Writing Placement: https://english.arizona.edu/foundations-writing
- Math Placement: http://math.arizona.edu/academics/placement
- Language Proficiency Requirements and Exam: http://advising.humanities.arizona.edu/second-language-proficiency-requirements
- Testing Office, for Math Placement Test and CLEP Exam: http://testing.arizona.edu/

Math & Language Substitution Information

HDFS does allow math & second language substitutions for students who have a documented learning disability, which may affect learning and comprehension in math or language courses. If you have this documentation and believe a substitution may apply to you, please make an appointment to speak with your academic advisor and the Disability Resource Center. We can talk about the process of receiving a substitution, and talk about the other types of courses available to fulfill your requirements.

General Education Tiers Requirements
(For students who started at UA before Spring 2022)

Tier I	Tier II	Diversity
Individuals and Societies (INDV) Choose 2 courses numbered 150, for example: HIST 150C1 and ANTH 150B1	**ARTS**	**Diversity Emphasis Course:** Focus is on Gender, Race, Class, Ethnicity, Sexual Orientation, or Non-Western Studies. *Can be fulfilled through approved Tier I or Tier II Gen Eds*
Traditions and Cultures (TRAD) Choose 2 courses numbered 160, for example: CLAS 160D1 and SPAN 160C1	**Humanities**	<u>Notes:</u> Courses used to fulfill Tier I or Tier II General Education requirements cannot be used to fulfill HDFS major requirements. A maximum of two Tier Two courses may also be used to satisfy minor requirements.
Natural Sciences (NATS) Choose 2 courses numbered 170, for example: GEOS 170A1 and PTYS 170B2	**Natural Sciences**	

HDFS does not require students to complete a Tier II INDV Gen Ed

New General Education Requirements
(For students who started at UA Spring 2022 or later)

Introduction to the Gen Ed Experience: 1 Unit Course

UNIV 101 (1 unit)
helps students understand, reflect on, and articulate the purpose and value of their GE courses. Students who are classified as first-year students at the point of admission are required to take UNIV 101; other new students (including transfer and readmitted students) have the option of taking UNIV 101.

Exploring Perspectives (EP): 4 Courses
students explore and practice the approaches and ways of reasoning of the Artist, Humanist, Natural Scientist, and Social Scientist.

EP: Artist (1 course, 3 units)	**EP: Humanist** (1 course, 3 units)	**EP: Natural Scientist** (1 course, 3 units)	**EP: Social Scientist** (1 course, 3 units)

Building Connections (BC): 3 Courses
students explore the unique contributions of knowledge, skills, methodologies, values and perspectives from varied disciplines, social positions, and perspectives.

BC: Course #1 (1 course, 3 units)	**BC: Course #2** (1 course, 3 units)	**BC: Course #3** (1 course, 3 units)

General Education Portfolio: 1 Unit Course

UNIV 301 (1 unit)
helps students reflect upon and make meaning of their GE experience through their ePortfolio. Students who are classified as first-year students at the point of admission are required to take UNIV 301; other new students (including transfer and readmitted students) have the option of taking UNIV 301.

Notes:
*A maximum of 9 units of general education coursework may double count to fulfill requirements in a major or minor. Consult with academic advisor to discuss how this applies to your academic plan.

Unit & GPA Requirements

- 120 Overall Units
- 42 Upper Division Units (300-499 level)
- 56 Units must be University Level (Not taken at a community college)
- 30 Units in Residence (In residence means taken at UA)
- 18 of 30 units in Residence must be upper division (300-499 level)
- 2.0 Cumulative GPA and 2.0 Major GPA is required to graduate
  - If a student's GPA falls below a 2.0 at any point in their undergraduate education, they are placed on academic warning or academic probation, and are required to meet with academic advisors.

Learning to Use Your HDFS Catalog Checklist
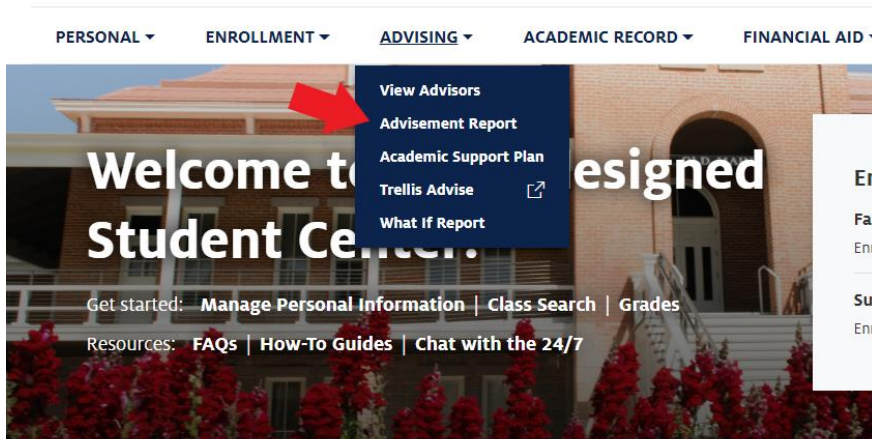
Access your HDFS Catalog Checklist

You can download your checklist from this link: https://norton.arizona.edu/advising/human-development-family-science/catalog-checklists

Use the checklist for your specific catalog year or requirement term.

- Some requirements are different based on your catalog year, so it is important that you follow the requirements for your individual requirement term, and become familiar with those requirements
- Your catalog year is typically the year you started at the UA (although you can elect to follow later catalog years if requirements change, and if that change benefits you).
  - For example, if a student is currently following the 2018 catalog requirements because they started at UA in 2018, they can choose to update their catalog year to 2020 if requirements have changed and if that change benefits them.
- Students cannot go backward in catalog year. If you start at UA in 2020 you cannot follow a catalog year from 2019, 2018, etc.
- Your catalog year or requirement term can be found on the first page of your advisement report (see image on next page).
- Your catalog year is important, since it tells you which HDFS checklist to use and what requirements you will follow for your graduation planning.

- **Update your checklist each semester**
  - Remember that your checklist is a planning tool and it should be used in consultation with your UAccess Advisement Report and your Academic Advisor
    - Bring a completed checklist to appointments to go over questions with your advisor

Understanding Your Advisement Report

Access Your Advisement Report through your UAccess Student Center:

Your Advisement Report is the official record of your progress toward graduation. It follows the same general sequence as your HDFS catalog checklist.
We recommend you utilize your advisement report to help you complete your HDFS checklist, and stay on track to graduation.

It's recommended that you view your advisement report as a PDF document

Your Advisement Report tells you important information:

- Your requirement term or catalog year
- Your GPA (overall GPA, major GPA, and minor GPA)
- Units Required, Completed & in Progress

Note: Units listed in the total units (middle column) includes all units completed *and* currently in progress at UA.

Academic level	Required GPA	Actual GPA	GPA Status	Requirement Term
Undergraduate Career	2.000	4.000	Satisfied	Fall 2022
Human Dev & Family Science Major (BS)	2.000	4.000	Satisfied	Fall 2023
Thematic Minor	2.000		Not Satisfied	Fall 2022
Unit Requirements	Required Units	Total Units *	In Progress Units	Unit Status
Units Required for this Degree	120.00	53.00	17.000	Not Satisfied
Upper Division Units	42.00	0.00	0.000	Not Satisfied
Units in Residence	30.00	49.00	17.000	Satisfied
Upper Division Units in Residence	18.00	0.00	0.000	Not Satisfied

Community College Transfer students need to pay attention to the **Community College Limit** on their advisement report - 56 university level units are required to graduate

Non-Community College Units   (R1227/L10)

Not Satisfied: Non-Community College Units: While there is no limit to the total number of units of course work that may be transferred from an accredited community college to The University of Arizona, no more than 64 units from a 2-year institution may be applied toward the requirements for a bachelor's degree. Therefore, to reach the required 120 units for a bachelor's degree, a minimum of 56 units must be completed from 1) coursework at a 4-year institution, 2) approved credit by examination (refer to UA Catalog for approved examinations and scores), or 3) any combination thereof.

· **Units:** 56.00 required, 53.00 completed, 3.00 needed

Your Advisement Report also keeps track of the courses you've completed and are currently taking.
TR = Transfer Course, EN = Taken and completed at UA, IP = In Progress Currently
Pay attention to the red "Not Satisfied" areas. If you have questions about unsatisfied requirements, talk with your academic advisor.

Artist Courses (R16656/L10)
Satisfied: Complete 1 course, 3 units total. Transfer students with quarter system credits may satisfy requirement with 1 course and 2.67 units.

· **Units:** 2.67 required, 3.00 completed

Term	Subject	Catalog Nbr	Course Title	Grade	Units	RptCd	RqDes	Type
Fall 2023	DNC	101	Dance Appreciation		3.00			IP

Humanist Courses (R16656/L50)
Satisfied: Complete 1 course, 3 units total. Transfer students with quarter system credits may satisfy requirement with 1 course and 2.67 units.

· **Units:** 2.67 required, 3.00 completed

Term	Subject	Catalog Nbr	Course Title	Grade	Units	RptCd	RqDes	Type
Fall 2022	CLAS	160D2	Classical Mythology	A	3.00		HONR	EN

Building Connections Courses (R16658/L10)
Not Satisfied: Complete 3 courses, 9 units total. Transfer students with quarter system credits may satisfy requirements with 3 courses and 8.01 units.

· **Units:** 8.01 required, 3.00 completed, 5.01 needed
· **Courses:** 3.00 required, 1.00 completed, 2.00 needed

Term	Subject	Catalog Nbr	Course Title	Grade	Units	RptCd	RqDes	Type
Fall 2023	ESOC	150B1	Social Media and Ourselves		3.00			IP

HDFS Major Requirements

HDFS Supporting Requirements

HDFS Supporting Requirements can be taken at any point, but it is recommended that supporting courses are completed within the first 2-3 years.

Supporting HDFS Major Requirements: 18 units

Social Sciences & Human Behavior   _____   _____
(select TWO courses)
ANTH 200, 202, 265; CHS 215; EDP 200; HDFS 101, 150B1, 200, 347; HPS 330; PHIL 241, 347; PSY 150A1/101*, 200, 300, 302, 352, 364; SOC 101, 215, 232, 321
* PSY 150A1 and PSY 101 are equivalent courses

Statistics (select ONE course)
HECL 201, PSY 230, SOC 375, SBS 200, Math 163,   _____
Math 263, ISTA 116

Research Methods (select ONE course)
HECL 202, PSY 290A, SOC 374, OR AFAS 302   _____

Biological Processes & Development   _____ & _____
(Select TWO courses)
MCB 181R, ECOL 182R, NSC 101/170C1*, NSC 301, NSC 310, SRL 201, TLS 360, PSIO 201, PSIO 202, PSIO 380, ANTH 324
*NSC 170C1 and NSC 101 are equivalent courses

                                        Total Units: _____

Important notes:

PSY 150 and PSY 101 are equivalent courses. Students cannot earn credit for both PSY 150 and 101.

Statistics and Research Methods are both required before taking two specific upper division HDFS courses – HDFS 447A or HDFS 447C (Sociocultural or Biosocial Context of Development), and HDFS 487 (Theories of Interpersonal Family Relationships). Therefore, students should plan to take statistics and research methods before their senior year, in order to complete these HDFS classes before graduation.

Some of these supporting courses are also approved general education courses.

* Consult with your advisor about the ability to double use courses between general education and major or minor coursework.

*Students who started at UA before Spring 2022: Courses taken for general education cannot be double used in the HDFS major

*Students who started at UA Spring 2022 or later: A maximum of 9 units of general education coursework may double count to fulfill requirements in a major or minor.

HDFS Supporting Requirements Continued

The HDFS major requires 2 supporting courses focused on Biological Processes & Development, and 1 Advanced Composition/Writing Skills class. HDFS Supporting Requirements can be taken at any point, but it is recommended that supporting courses are completed within the first 2-3 years.

Supporting HDFS Major Requirements: 18 units

Social Sciences & Human Behavior _____ _____
(select TWO courses)
ANTH 200, 202, 265; CHS 215; EDP 200; HDFS 101, 150B1, 200, 347; HPS 330; PHIL 241, 347; PSY 150A1/101*, 200, 300, 302, 352, 364; SOC 101, 215, 232, 321
* PSY 150A1 and PSY 101 are equivalent courses

Statistics (select ONE course)
HECL 201, PSY 230, SOC 375, SBS 200, Math 163, _____
Math 263, ISTA 116

Research Methods (select ONE course)
HECL 202, PSY 290A, SOC 374, OR AFAS 302 _____

Biological Processes & Development _____ & _____
(Select TWO courses)
MCB 181R, ECOL 182R, NSC 101/170C1*, NSC 301, NSC 310, SRL 201, TLS 360, PSIO 201, PSIO 202, PSIO 380, ANTH 324
*NSC 170C1 and NSC 101 are equivalent courses
                          Total Units: _____

Advanced Composition Course: 3 units

Advanced Composition* (Select ONE course) _____
HECL 301, ENGL 307, ENGL 308, ENGL 340, OR ALC 422

                          Total Units: _____

  *Must earn B or better if B was not earned in ENGL 102, ENGL 108, or ENGL 109

Biological Processes & Development: Students interested in health professions or graduate schools that require Biology or Physiology should consider taking those sciences to fulfill this supporting requirement. Students who are not interested in health professions are encouraged to take the NSC, SRL, or ANTH course options.

Midcareer Writing Assessment: All students must take a course in this area to fulfill the advanced composition requirement in the HDFS major. However, the grade you must receive in this course depends on whether you received a B or better in ENGL 102 or ENGL 109H.

Students who did not pass ENGL 102 or ENGL 109H with a B or better, must complete this upper division writing class with a B or better in order to fulfill the University of Arizona's writing requirement necessary for graduation.

HDFS Major Requirements

HDFS Major Courses: 40 units

HDFS Core Lower Division Coursework (10 units)

HDFS 195: Introduction to HDFS (1 Unit) ____

HDFS 117: Lifespan Human Development ____

HDFS 237: Love, Intimacy, and Relationships ____

HDFS 257: Contemporary Families ____

Total Units: ____

HDFS Core Upper Division Coursework (30 units)
*It is recommended that students complete HDFS 117 and all other HDFS core lower division coursework before beginning HDFS upper division coursework, see prerequisite list for all recommended/required courses

HDFS 323: Infancy/Child Development ____
HDFS 377: Adolescence ____

HDFS 384: Leadership/Ethics/Professional Practices ____
*HDFS 384 has a pre-requisite of HDFS 197A and junior standing

HDFS 413: Issues in Aging ____

HDFS 427A: Mental Health & the Family: Adulthood
   OR HDFS 427C: Mental Health & the Family: ____
   Childhood & Adolescence

HDFS 447A: Sociocultural Context of Development
   OR HDFS 447C: Biosocial Development ____
*HDFS 447 has a prerequisite of statistics and research methods

HDFS 487: Theories of Interpersonal &
   Family Relationships ____
*HDFS 487 has a prerequisite of statistics and research methods

HDFS Complementary Advanced Topics (select ONE course)
HDFS 401, 405, 408, 411, 427A/C*, 443, 447A/C*, 450, 496Z, PFFP 302, HECL 496A/C (see UAccess for course titles)

____

*If HDFS 427A is used to fulfill HDFS core coursework, students may choose to take HDFS 427C to complete their Complementary Topic requirement, and vice versa. Same policy applies to HDFS 447A/C.

HDFS Applied Skills and Methods (select ONE course)
HDFS 491 (Preceptorship), 492 (Research), 493 (Internship), 499 (Independent Study), or 498H (Honors Thesis)

____

*Department consent required to enroll in applied skills classes

HDFS Upper Division Elective (select ONE course) ____
Any additional Comp Topic or Applied Skills Class

HDFS Lower Division Coursework:
It is recommended that HDFS Lower Division Coursework (specifically HDFS 117) is completed before beginning HDFS Upper Division Coursework.

HDFS Upper Division Coursework:
The HDFS degree consists of 10 total upper division HDFS courses.
Seven Core Courses are required, and 3 Elective Courses are required.
Some Upper Division HDFS courses have recommended and required prerequisites that students must complete before enrolling. Students should follow the HDFS Prerequisites Guide (page 17 of this guide). Following recommended and required prerequisites will ensure you are adequately prepared for all your future coursework.

Complementary Topic: HDFS Upper Division Content Course of your choosing (see list below)

Applied Skills & Methods: Courses designed to give students experience outside of the classroom (see list below)

Upper Division Elective: Students can choose to take another Complementary Topic Course that fits their interests, or students can choose to complete another Applied Skills course to gain additional experience outside of the traditional classroom setting

HDFS Complementary Topics Courses

Complementary Topics Courses are HDFS courses you get to choose, based on your interests!

- HDFS 401 - Basic Skills in Counseling
- HDFS 405 - Theories of Counseling
- HDFS 408 - Program Planning and Evaluation
- HDFS 411 – Understanding Suicide: Prevention, Intervention, Families & Communities
- HDFS 427A – Mental Health & the Family: Adulthood
- HDFS 427C – Mental Health & and the Family: Childhood & Adolescence *If HDFS 427A is used to fulfill the HDFS core coursework, students may then choose to take HDFS 427C to complete their Complementary Topic requirement, and vice versa
- HDFS 443 – Young Adulthood
- HDFS 447A: Sociocultural Context of Development
- HDFS 447C: Biosocial Development *If HDFS 447A is used to fulfill the HDFS core coursework, students may then choose to take HDFS 447C to complete their Complementary Topic requirement, and vice versa
- HDFS 450 – Human Sexuality
- HDFS 496Z - Topics in HDFS (topics change and are offered based on instructor availability)
- HECL/PFFP 302 – Family and Consumer Personal Finance

Reminder About Upper Division Units: 42 Upper Division Units (300-499 level) are required to graduate. HDFS Students need to be aware of this requirement and ensure they are meeting it.

HDFS Applied Skills Courses – Internship, Research, Preceptorship

HDFS 493 - Internship
Supervised, experiential, and professional work related to HDFS. These experiences give students the opportunity to practice classroom learning in a real-world setting. They also provide the opportunity to gain experience working with organizations, or with demographics, that you are passionate about

- The **Internship Course** is offered in the fall, spring, and summer semesters
- Students must be HDFS Majors to enroll in internship units during the fall and spring, HDFS minors and majors can enroll in internship units over the summer. We recommend that students have completed HDFS 117, HDFS 237, and HDFS 257 before enrolling
- 2.25 GPA (Major and Cumulative GPA) is recommended
- To complete 3 units of internship, students must work 135 total hours at their site

HDFS internship opportunities are posted online here:
https://norton.arizona.edu/students/internships/internship-listing/hdfs , and sent to the HDFS email listserv weekly

All students interested in enrolling in internship units must complete an internship workplan with their worksite. Once completed, this workplan should be submitted to Cassandra Ott-Kocon, the HDFS internship instructor so she can approve your internship and enroll you in you in the course.
https://norton.arizona.edu/HDFS/internships

HDFS 492 - Directed Research

Supervised work alongside a faculty member, participating in academic research related to HDFS. These experiences are great for those students interested in graduate school, or those interested in developing their research skills

- 2.25 GPA (Major and Cumulative GPA) is recommended
- Look at research opportunities online https://norton.arizona.edu/students/research-opportunities/research-opportunities-listing
- Contact faculty members you are interested in working with. Browse faculty research at https://norton.arizona.edu/people
- Once you find a research opportunity, complete the independent study form, and turn your application in to Student Services (McClelland Park room 203) or to your academic advisor via email in order to get enrolled. Talk with your faculty member about the course best for you:
  - o Research – HDFS 492 (letter graded, does count toward GPA)
  - o Independent Study – HDFS 499 (Pass/Fail, does not count toward GPA)
  - o Honors Thesis – HDFS 498H (letter graded, does count toward GPA)

HDFS 491 - Preceptorship

Supervised teaching experience alongside an HDFS faculty member. Preceptors are part of a teaching team and help facilitate learning in HDFS classes they have previously and successfully completed

- GPA requirements are up to the instructor you are working with
- Talk with instructors you are interested in preceptoring for
- Once you find a preceptor opportunity, complete the preceptor application and turn your application into Student Services (McClelland Park room 203) or to your academic advisor via email in order to get enrolled

Minor Requirements

All HDFS Students are Required to Have a Minor

- Most Minors are at least 18 units, and 9 units must be upper division
- Students are encouraged to choose a minor in an area related to their career goals
- You may choose any minor on campus, or take courses toward a thematic minor
  - o Minor Advising Directory: https://ua-trellis.my.site.com/Public/s/advisors-by-minor
- Many HDFS students also choose to complete a thematic minor. A thematic minor allows students to create and structure their own minor in consultation with an HDFS advisor
  - o Thematic minors encourage students to take a variety of courses that will prepare them for future goals and careers
  - o Common themes include Counseling, Education, Health, Social Work, and Law & Policy
  - o For more information about Thematic Minors visit our website: https://norton.cals.arizona.edu/HDFS/thematicminor

Internship & Career Development Resources

HDFS Experiential Learning Advising

Connect with Cassandra Ott-Kocon HDFS the Norton School Experiential Learning Coordinator – https://norton.arizona.edu/hdfs/internships

- Cassandra can help all HDFS students as they explore internship and research opportunities and as they begin to complete their steps for enrolling in their applied skills credit.
- Cassandra also works with Norton School students on resume building, cover letters, personal statements, interview preparation, and career development.

Applied Skills Information and Applications Can be Found Online:
- Internships & Practicum: https://norton.arizona.edu/HDFS/internships
- Research & Independent Study: https://norton.arizona.edu/advising/human-development-family-science/forms-applications
- Preceptor Form: https://norton.arizona.edu/advising/human-development-family-science/forms-applications
- Turn completed applications in to McClelland Park room 203, or to your advisor via email, and advisors will enroll you in your units

CALES Career Center

Connect with the CALES Career Center for additional assistance with resume building, career exploration, internship exploration, interview preparation, and graduate school preparation. They also host a lot of great workshops and events for career preparation and professional development! https://career.cales.arizona.edu/

Student Engagement and Career Development

Connect with student engagement and career development for workshops, resume reviews, career fairs, and Life Lab for major and career exploration. https://career.arizona.edu/

HDFS Career Opportunities

The HDFS program at the University of Arizona provides a multidimensional approach to understanding human behavior and relationships from psychological, social, cultural, and biological perspectives. You will build interpersonal skills and learn how to apply your knowledge in a career or graduate program that suites your interests and goals.

In the HDFS program, you will explore topics like adolescence, child development, family relationships, mental health, counseling, youth programs, and more. You will partner with faculty that have firsthand experience working with families and individuals in many contexts. Our program has an excellent network of community agencies and programs that provide internship opportunities and hands-on learning for our students to apply what they learn in real-world settings.

Whether you're stepping directly into a people-focused career after graduation or using your HDFS degree as a launch-pad into a master's program, we will provide you with knowledge, skills, and opportunities to put them to use throughout your experience in our program. Launch your career in the helping professions to improve life for children, teens, older adults, individuals and families. Soon you will be providing support to people in need, and you will be well-equipped to meet challenges head-on.

Family Studies leads to a variety of rewarding careers & graduate school opportunities.
Here are just a few of the possibilities:

- Rehabilitation/Mental Health Counseling
- Social Work
- Nursing
- Occupational Therapy
- Human Resources
- Child Life Specialist
- School Counseling
- Social Policy
- Community and Public Health
- Education

- Marriage and Family Counseling
- Program Development and Coordination
- Child Advocacy
- Family Law
- Social Science Research
- Healthcare
- Medical School
- Physical Therapy
- Physician's Assistant
- Gerontology

HDFS Course Descriptions

HDFS Lower Division Courses

HDFS 117: Lifespan Human Development - Behavioral science approach to human development through the lifespan

HDFS 237: Love, Intimacy, and Relationships - Behavioral science approach to close relationship development

HDFS 257: **Contemporary Families** - Family relationships can be rewarding, challenging, complicated, and more. This course overviews research from the family science field covering topics related to contemporary family life including gender roles, work/family balance, marriage, parenthood, divorce, blended families, family violence, and related topics.

HDFS Upper Division Courses

HDFS 323: **Infancy/Child Development** - Growth, development, and socialization of the child within the family setting, from conception to the middle school years; observations of infants and preschoolers

HDFS 377: **Adolescence** - This course is designed to provide an in-depth understanding of adolescent development, including the relationships between theory, research, and practice. We will examine various aspects of adolescent development, focusing on the major developmental milestones (such as identity, intimacy, and sexuality), transitions, strengths, and challenges of adolescents, as well as the contexts in which these occur. Additionally, this course will introduce you to the practice of working with adolescents and their caregivers, and provide opportunities for you to apply research and theory to specific issues of adolescent development (e.g., practices for structuring out of school programs).

HDFS 384: **Leadership, Ethics, and Professional Practices -** Theories and applications of leadership and communication applied to professional decision-making, planning and control in the workplace. Examination of personal and professional qualities essential for successful internship and career planning. Roles, responsibilities, and ethical standards for professionals will be examined

HDFS 413: **Issues in Aging -** This course addresses major issues facing older adults and their families, society, and how earlier life experiences influence our older adult years. This class will tackle questions such as: What opportunities and challenges do adults face as they age? What resources and barriers shape their lives? How do physiological, psychological, interpersonal/family, economic, and socio-historical factors affect the experience of aging? How do gender, social class, and ethnicity influence the experience of aging? How do government policies, community services, the healthcare system, and health interventions affect the lives and well-being of older adults?

HDFS 427A: Mental Health & the Family: Adulthood - This course overviews a variety of mental illnesses and relationship problems in adulthood, with specific focus on how those issues impact individuals and their family systems. Prevention and treatment approaches for these issues are discussed, including research-supported therapeutic approaches and family-based strategies.

HDFS 427C: Mental Health & the Family: Childhood & Adolescence - This course overviews intellectual disability, learning disabilities, and a variety of mental illnesses in childhood and adolescence, with specific focus on how those issues impact individuals and their family systems. Prevention and treatment approaches for these issues are discussed, including play-based and other therapeutic interventions, family-based methods, and school and community strategies.

HDFS 447A: Sociocultural Context of Development - In-depth examination of human development from a sociocultural perspective; focus on socialization processes in childhood and adolescence and the role of the social and cultural context in those processes

HDFS 447C: Biosocial Development - This course addresses topics in human development (e.g., family relationships, sexual development, competitive behavior, sex differences, the adolescent brain) from evolutionary and biosocial perspectives

HDFS 487: **Theories of Interpersonal & Family Relationships** - Critical analysis of selected studies and current research in family relations

HDFS 401: Basic Skills in Counseling - Selected counseling skills and their applications. Designed for students needing basic skills in counseling as an adjunct to other primary occupational functions

HDFS 405: Theories of Counseling - Techniques for the study of human behavior; implications for improving adult-child relationships, applying various theories of counseling

HDFS 408: Program Planning & Evaluation - The overall objective of this course is to guide and assist students as they conduct a thorough case study of an existing or proposed social service, educational or community program/agency. The course is designed to provide students with applied knowledge of program planning components as well as program evaluation techniques.

HDFS 411: Understanding Suicide: Prevention, Intervention, Families & Communities - This course will examine suicide and its implications for individuals and families across the lifespan. Students will learn about historical and cultural perspectives on suicide. Special focus will be given to learning about prevention and intervention efforts, as well as supporting families whose members are experiencing suicidal thoughts or who have lost members to suicide. The course will familiarize students with evidence-based strategies for suicide risk assessment, intervention efforts, and community prevention. Students will practice risk-assessment conversations, create safety plans, and develop suggestions to improve community- or school-based suicide prevention/postvention programs.

HDFS 433 – Young Adulthood - This course will overview key research on the foundational experiences and transitions of young adulthood. Areas of focus include transitions and experiences around education and training, relationships, financial independence, and work. An emphasis will be on placing young adult experiences within their context.

HDFS 450: Human Sexuality - Overview of human sexuality from development and interpersonal perspectives, topics to include reproductive physiology and health, sexual function and dysfunction, educational and intervention strategies

HDFS 496Z - In-depth coverage of special topics in HDFS (rotating topics)

HECL/PFFP 302 – Family and Consumer Personal Finance - A study of personal and family financial issues that affect people's quality of life; an analysis of personal financial information resources, the concept of the time-value of money, and discussion of personal financial issues concerning the economic environment, financial statements, college planning, career planning, tax, credit, housing, insurance, retirement planning, and investment.

HDFS Prerequisite Guide & Typical Course Offerings

HDFS COURSE INFORMATION:		
HDFS CORE LOWER DIVISION (THE FOLLOWING 4 HDFS COURSES ARE REQUIRED)		
HDFS 195	Introduction to the HDFS Program (1 unit)	**Offered:** Fall & Spring
HDFS 117	Lifespan Human Development	**Offered:** Fall, Spring, Summer
HDFS 237	Love, Intimacy, and Relationships	**Offered:** Fall & Summer
HDFS 257	Contemporary Families	**Offered:** Spring & Summer
HDFS CORE UPPER DIVISION (THE FOLLOWING 7 COURSES ARE REQUIRED). **Follow all Required/Recommended Prerequisites listed below before enrolling**		
HDFS 323	Infancy/Child Development	**Offered**: Fall & Summer **Recommended Prerequisite**: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
HDFS 377	Adolescence	**Offered**: Fall & Summer **Recommended Prerequisite**: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
HDFS 384	Leadership, Ethics, and Prof. Practice	**Offered**: Fall & Spring **Required Prerequisite:** Junior class standing or above
HDFS 413	Issues in Aging	**Offered**: Fall, Spring, & Summer **Recommended Prerequisite**: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240) OR 6 units of social science
HDFS 427A OR HDFS 427C	Mental Health and the Family: Adulthood OR Mental Health and the Family: Childhood & Adolescence	**Offered:** HDFS 427C - Fall & Summer; HDFS 427A - Spring **Recommended Prerequisite**: PSY 101, HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
HDFS 447A OR HDFS 447C	Sociocultural Context of Development OR Biosocial Development	**Offered**: HDFS 447A - Fall & Spring ; HDFS 447C – Offered intermittently based off instructor availability **Recommended Prerequisite**: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240) **Required Prerequisite**: Statistics (HECL 201 OR PSY 230 OR SOC 375 OR SBS 200 OR Math 163 OR Math 263 OR ISTA 116) **Required Prerequisite**: Research Methods (HECL 202 OR PSY 290A OR SOC 374 OR AFAS 302)
HDFS 487	Theories of Interpersonal & Family Relationships	**Offered**: Fall & Spring **Recommended Prerequisite**: HDFS 117, 237 and 257 **Required Prerequisite**: Statistics (HECL 201 OR PSY 230 OR SOC 375 OR SBS 200 OR Math 163 OR Math 263 OR ISTA 116) **Required Prerequisite**: Research Methods (HECL 202 OR PSY 290A OR SOC 374 OR AFAS 302)

HDFS UPPER DIVISION: COMPLEMENTARY TOPICS (CHOOSE AT LEAST ONE)		
HDFS 401	Basic Skills in Counseling	**Offered**: Fall & Spring **Recommended**: 6 units of social science
HDFS 405	Theories of Counseling	**Offered**: Fall & Summer **Recommended**: 6 units of social science
HDFS 408	Program Planning and Evaluation	**Offered**: Spring **Recommended**: HECL 202 or equivalent research methods course (e.g., PSY 290A, SOC 374) AND 6 units of social science
HDFS 411	Understanding Suicide	**Offered:** Offered intermittently based off instructor availability **Required:** HDFS 117 or PSY 101 or equivalent
HDFS 427A *OR* HDFS 427C	Mental Health and the Family: Adulthood *OR* Mental Health and the Family: Childhood & Adolescence	**Offered:** HDFS 427C - Fall & Summer ; HDFS 427A - Spring **Recommended Prerequisite**: PSY 101, HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240) *If HDFS 427A is used to fulfill the HDFS core coursework, students may then choose to take HDFS 427C to complete their Complementary Topic requirement, and vice versa
HDFS 443	Young Adulthood	**Offered:** Offered intermittently based off instructor availability **No Prerequisite**
HDFS 447A *OR* HDFS 447C	Sociocultural Context of Development *OR* Biosocial Development	**Offered**: HDFS 447A - Fall & Spring ; HDFS 447C - Offered intermittently based on instructor availability **Recommended Prerequisite**: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240) **Required Prerequisite**: Statistics (HECL 201 OR PSY 230 OR SOC 375 OR SBS 200 OR Math 163 OR Math 263 OR ISTA 116) **Required Prerequisite**: Research Methods (HECL 202 OR PSY 290A OR SOC 374 OR AFAS 302) *If HDFS 447A is used to fulfill the HDFS core coursework, students may then choose to take HDFS 447C to complete their Complementary Topic requirement, and vice versa
HDFS 450	Human Sexuality and Relations	**Offered:** Spring & Summer **No Prerequisite**
HDFS 496Z	Topics in HDFS	Topics and course offerings vary by semester **No Prerequisite**
Any Upper Division (300-400 level) HDFS or HECL course can be taken. Check the schedule of classes each semester for updated offerings		
HDFS UPPER DIVISION: APPLIED SKILLS (CHOOSE AT LEAST ONE)		
HDFS 491	Preceptorship	**Offered:** Fall & Spring Preceptor Application must be submitted for enrollment HDFS 491 is a pass/fail course (does not impact GPA)
HDFS 492	Directed Research	**Offered:** Fall & Spring **Required Prerequisite:** Independent Study Form must be submitted for enrollment HDFS 492 is a letter graded course (letter grades are included in GPA)
HDFS 493	Internship	**Offered:** Fall, Spring, & Summer **Recommended Prerequisite:** HDFS 117, 237 and 257 **Required Prerequisite:** Must be HDFS Major; Internship Workplan must be submitted for enrollment HDFS 493 is a pass/fail course (does not impact GPA)

HDFS 498H	Honors Thesis	**Offered:** Fall & Spring
		Required Prerequisite: Open to HDFS Majors active in the Honors College; Prospectus and Independent Study form must be submitted for enrollment
HDFS 499	Independent Study	**Offered:** Fall & Spring
		Independent Study Form must be submitted for enrollment
		HDFS 499 is a pass/fail course (does not impact GPA)

Find Internship & Practicum Applications Here: https://norton.arizona.edu/hdfs/internships

Find Research, Independent Study, Honors Thesis, and Preceptor Applications Here:

https://norton.arizona.edu/advising/human-development-family-science/forms-applications

HDFS UPPER DIVISION: UPPER DIVISION ELECTIVE (CHOOSE AT LEAST ONE)

Choose to complete any additional Complementary Topics Class, or any HDFS Applied Skills Course from lists above

*Course offerings are subject to change each semester based on department ability to offer coursework

Coursework for Students Interested in Pre-Health Professions

HDFS is a friendly major to those students interested in health-related professions:

- Nursing
- Occupational Therapy
- Physical Therapy
- Physician's Assistant
- Physicians

Students interested in Pre-Health professions should talk with both their HDFS Advisor and a Pre-Health Advisor about how to incorporate sciences into their UA Degree in order to meet science pre-requisites

Pre-Health Advising: https://theacenter.arizona.edu/pre-health/pre-health-professions-advising

Example of Incorporating Pre-Health Sciences:

Many pre-health professions require sciences like biology, chemistry, physiology, and additional requirements. Students interested in health focused careers and graduate programs should not take any general education Natural Science courses. Instead, they should take lab-based sciences to fulfill requirements for their future health related goals and graduate programs.

Courses like Chemistry and Biology can be used to fulfill Natural Science general education requirements.

Students interested in health professions can also fulfill necessary science courses within the HDFS Biological Processes & Development requirements.

Students can also create thematic minors, focused on a theme of their choosing (like "Nursing Preparation" or "Occupational Therapy Preparation") in order to fit their necessary science requirements into their graduation plan.

GENERAL EDUCATION*
UNIV 101: Intro to General Education (1 unit) ____

Exploring Perspectives (1 course in each area)
Artist: _____ ____

Humanist: _____ ____

Natural Scientist: NSC 170C1 or NSC 101 ____

Social Scientist: _____ ____

Supporting HDFS Major Requirements: 18 units

Biological Processes & Development ____ & ____
(Select TWO courses)
MCB 181R, ECOL 182R, NSC 101/170*, NSC 301, NSC 310,
TLS 201, TLS 360, PSIO 201, PSIO 202, PSIO 380, ANTH 324
*NSC 170C1 and NSC 101 are equivalent courses

HDFS THEMATIC MINOR OR OTHER MINOR:
18 Units (9 must be upper division)

HDFS majors can choose any minor on campus or create a thematic minor in consultation with an HDFS advisor

MCB 181R_____ _____

MIC 205A_____ _____

CHEM 130/130L or CHEM 152 _____

Transfer Credit

https://transfercredit.arizona.edu/
For all transfer coursework, before taking the course you should verify that credits will transfer to UA and fulfill necessary requirements.

For courses taken at Arizona Community Colleges:
- Use the aztransfer.com Course Equivalency Guide to make sure that you take correct courses at your local AZ community college: http://aztransmac2.asu.edu/cgi-bin/WebObjects/CEG
- For a list of common course equivalencies at Pima, Arizona Western, and Rio Salado for HDFS requirements, see Transfer Course Equivalency List on our website: https://norton.arizona.edu/advising/human-development-family-science/catalog-checklists

If You Plan to Take Courses Outside of Arizona:
- View the UA Transfer Credit Guide to see if the out of state courses at the institution you will attend have already been evaluated: http://aztransfer.com/UACEG/UA_CEG_OutOfState.html

Transfer Credit Approvals:
- For approval of other courses not listed on the UA Transfer Credit Guide or on the AZTransfer.com Course Equivalency Guide, submit a Course Equivalency or Credit Request here: https://transfercredit.arizona.edu/content/credit-evaluation
- Math courses need specific approval from the Math department: http://math.arizona.edu/academics/placement/credits

Transfer Credit Reminders:
- C or better needed in all transfer work
- You cannot GRO classes taken elsewhere
- Once coursework is complete, you need to send official transcripts to the UA: http://registrar.arizona.edu/academics/sending-college-level-transcripts-ua?audience=students&cat1=7&cat2=28

Studying Abroad

https://global.arizona.edu/study-abroad
- HDFS has approved Global Tracks with UA Barcelona, UA London, and UA Rome. Check out Global Tracks here: https://international.arizona.edu/study-abroad/global-tracks

If you plan to study abroad, see your advisor early to talk about planning for your semester away. Many HDFS students study abroad, and graduating in four years while also studying abroad is feasible with the right planning:
- Saving some general education & minor coursework is often best, but if you study at an institution abroad that has a Family Science Program, you may be able to earn credit toward your major
- Consider when you want to go, and consider the classes you would take while away
- See your major advisor to talk more about your study abroad goals and course options!

Registration Tips and Reminders

Check notices and holds - past due balance, academic warning/advising holds, etc. may restrict you from registering!

Every student is given an enrollment date, which is assigned in UAccess. Your registration appointment will begin at 6AM on the date assigned, and remain open until the start of the next semester.

Starting in October and March each semester, you can view your enrollment date on your UAccess student page.
This will tell you when you can start adding courses to your shopping cart and when you can begin enrolling in courses.

Remember that your enrollment date is based on your class standing, which is based on units completed as of the beginning of this semester, not how many years you've been a student.

- Fewer than 30 units = freshmen registration
- 30 or more units = sophomore registration
- 60 or more units = junior registration
- 90 or more units = senior registration

[Registration tutorials](#) & [Registration dates](#) are also listed on the Registrar's Website

Common Enrollment Error Messages:

If you get an error message when enrolling in a course, take a minute to think about why:

- Do you meet the enrollment requirements and prerequisites listed for the course on UAccess?
    - When searching for courses, always click on the course and look at the "enrollment requirements" listed
    - You can also use the "check availability" feature in your UAccess shopping cart in order to determine your ability to enroll in a course
    - During the beginning of your enrollment period, some courses may only be available to students declared in certain majors. Once all students (Seniors through Freshmen) have had their enrollment period, departments will often open courses that may have been restricted to you earlier (like PSY and SOC courses). This means that you can keep courses in your shopping cart, and try enrolling later, once some courses become available to you.
- Are you trying to enroll in a course that requires department consent?
    - Courses like internship, preceptorship, research, or independent study require you to submit an application before getting permission to enroll in these courses. You cannot enroll yourself in these courses.
- Are you trying to enroll in a course that is restricted only to Honors students?
- Are you trying to enroll in a course through one of UA's distance or online campuses? Main campus students only have ability to enroll in main campus courses.
- Trying to enroll in more than 19 units?
    - You need permission to enroll in more than 19 units, and can get that permission by talking with your major academic advisor

Checking Enrollment Requirements

For all courses, make sure you look at **enrollment requirements** to determine your eligibility to enroll

HDFS 447A - 001   Sociocultural Context of Development

🏛 University of Arizona - Main

🌐 Tucson

📅 8/21/2023 - 12/6/2023

In-depth examination of human development from a sociocultural perspective; focus on socialization processes in childhood and adolescence and the role of the social and cultural context in those processes.

Status Open w/Req	**Class Number** 30086	**Session** Regular Academic Session
Units 3 units	**Instruction Mode** In Person	**Class Components** Lecture Required
Career Undergraduate	**Grading** Regular Grades A, B, C, D, E	

Meeting Information

Days & Times	Room	Instructor	Meeting Dates
MoWe 2:00PM - 3:15PM	McClelland Park, Rm 103	Linda Pallock	8/21/23 - 12/6/23

Enrollment Information ⌄

Enrollment Requirements

Statistics (HECL 201 or PSY 230 or SOC 375 or SBS 200 or Math 163 or Math 263 or ISTA 116) AND Research Methods (HECL 202 or PSY 290A or SOC 374 or AFAS 302).

When Registering for HDFS Courses, make sure you look at **location (Main Campus)**
Courses offered through the Online Campus or Yuma Campus are not available to UA Main Campus students

HDFS 323 - 201 Infancy/Child Development

🏛 Arizona Online
🌐 Online

📅 8/21/2023 - 12/6/2023

Growth, development, and socialization of the child within the family setting, from conception to the middle school years; observations of infants and preschoolers.

Status	**Class Number**	**Session**
Open w/Req	57192	Regular Academic Session

Units	**Instruction Mode**	**Class Components**
3 units	Fully Online	Lecture Required

Career	**Grading**	
Undergraduate	Regular Grades A, B, C, D, E	

Class Notes
**Course Requisites: HDFS 117.or equivalent course (e.g., EDP/HDSF/PSY 200, PSY 240)

Meeting Information

Room	Instructor	Meeting Dates
Online	Linda Pallock	8/21/23 - 12/6/23

Enrollment Information ⌄

Enrollment Requirements
Students enrolled in fully online programs only.

Tips: Searching for Classes

Term

Fall 2023

Session

Seven Week - First

Subject

MATH - Mathematics Main

Search Type

contains

Catalog Number

112

Course Keyword

Campus

University of Arizona - Main

Location

Show Open Classes Only

Advanced Filters ⌄

Filter by Class Attribute

General Education Info

Course Attribute

General Ed (Begins 2022)

Course Attribute Value

Gen Ed: Exploring Perspectives, Artist

ADD CLASS ATTRIBUTE

General Filters

Class Nbr

Course Component

Instructor Last Name

Mode of Instruction

In Person

Interdisciplinary Interest Area

Course Career

- Make sure you are searching in the correct **term**
- Looking for a full 15 week course, or a 7 week course? Use the **session** dropdown menu to filter (7 week sessions are available for many GE courses each semester)
- Looking for a specific class in a certain subject area? Use the **subject search area**, and type in the **catalog number**
- If you want to see all classes offered, even classes that are currently full, uncheck the "**show open classes only box**"
- Use **Advanced Filters, Course Attribute, and Course Attribute Value** Fields to search for general education classes.
- For Students who started at UA before Spring 2022, select "Gen Ed Tiers (Before 2022)"
- For Students who started at UA Spring 2022 or later, select "Gen Ed (Begins 2022)"
- Looking for an **online class or in person class**? You can search for course modalities that fit your needs by filtering for the "**mode of instruction"**

Important UA Policy Information

Get to know the Catalog: http://catalog.arizona.edu/
Get to know the Registrar's Website: http://www.registrar.arizona.edu/

Dates & Deadlines
- Make sure you understand important deadlines each semester, like last day to add courses, last day to drop without a W, last day to drop on your own through UAccess, last day to file for GRO, and last day to receive a refund. Bookmark this page and refer to it every semester https://www.registrar.arizona.edu/dates-and-deadlines

Grade Replacement Opportunity (GRO)
- GRO offers students the ability to replace grades of C, D, or E by repeating the course. Grades earned using the GRO will replace one previous grade for the course in the calculation of the GPA.
- You can replace up to 3 courses.
- http://registrar.arizona.edu/academics/grade-replacement-opportunity-gro

Withdrawing from Courses
- Understand Withdrawal Deadlines and Withdrawal Options
- You can receive a W in a maximum of 18 units (6 classes)
- Medical / Retroactive Withdrawal is possible for students with medical or personal circumstances affecting completion of coursework
- Always talk with advisors about these policies and the options best suited for you

Back 2 UA
- You can leave the UA for two semesters, if you are in good academic standing, and return without having to reapply to the university https://admissions.arizona.edu/how-to-apply/returning-students/back2ua
- If you have a scholarship, check with the Scholarship Office about taking time away from UA

Financial Aid & Bursar's Office
- Understand your financial aid and ask questions
- Review information about summer financial aid: https://financialaid.arizona.edu/types-of-aid/summer
- For tuition and fees visit the bursar's office: http://bursar.arizona.edu/students/fees

Academic Eligibility
- A 2.0 GPA is required to be in good academic standing. Students below a 2.0 are on academic warning or probation, and are required to meet with advisors to go over academic plans. https://catalog.arizona.edu/policy/undergraduate-academic-eligibility-policy

Have a scholarship?
- Make sure you understand how many units you need to take each year at UA: (most require 24-30 units per academic year at the University of Arizona) https://financialaid.arizona.edu/types-of-aid/scholarships

Campus Resources

University Services & Resources

Registrar: http://registrar.arizona.edu/

Academic Dates, Deadlines, and Enrollment Information: https://www.registrar.arizona.edu/dates-and-deadlines

Academic Catalog: http://catalog.arizona.edu/

Bursar's Office: http://bursar.arizona.edu/
Tuition & Fees Calculator: https://tuitioncalculator.fso.arizona.edu/#/

Scholarships & Financial Aid: https://financialaid.arizona.edu/

Student Support Resources

CALES Learning Lab: https://cales.arizona.edu/learning-lab

Think Tank: thinktank.arizona.edu

Writing Skills Improvement Program: http://wsip.arizona.edu/

THRIVE Center: https://thrive.arizona.edu/

Student Engagement & Career Development: http://career.arizona.edu/

CALES Career Center: https://career.cales.arizona.edu/

Campus Recreation: https://rec.arizona.edu/

Disability Resource Center: http://drc.arizona.edu/

CALS Scholarships: https://cales.arizona.edu/students/scholarships

Scholarship Universe: https://financialaid.arizona.edu/scholarshipuniverse

UA Phonebook: http://directory.arizona.edu/phonebook

UA Libraries: https://lib.arizona.edu/

UITS (technology services): http://uits.arizona.edu/

Dean of Students: https://deanofstudents.arizona.edu/
Campus Resources: https://deanofstudents.arizona.edu/support/campus-resources

Campus Health: https://www.health.arizona.edu/

CAPS (Counseling Services): https://caps.arizona.edu/

CALES Life Management Counseling: https://cales.arizona.edu/life-management-services

CAPS Peer Counseling https://friend2friend.arizona.edu/peer-counseling

Advising Services

Advising Resource Center: https://advising.arizona.edu
Advising Directory:
https://advising.arizona.edu/academic-advisor-directory
GPA Calculators: https://advising.arizona.edu/online-tools/grade-calculators

HDFS Academic Advising
https://norton.arizona.edu/academic-advising/human-development-family-science

HDFS Internship Advising
https://norton.arizona.edu/HDFS/internships

CALES Academic Advising
https://cales.arizona.edu/students/advising

Arizona Transfer Guide: https://www.aztransfer.com/

Transfer Credit Office:
https://transfercredit.arizona.edu/

Pre-Health Advising:
https://theacenter.arizona.edu/pre-health/pre-health-professions-advising

Pre-Law Advising:
https://theacenter.arizona.edu/pre-law/pre-law-advising

Math Placement Testing:
https://www.math.arizona.edu/academics/placement/exams

Language Placement & Proficiency Testing:
https://advising.humanities.arizona.edu/second-language-proficiency/language-placement-and-proficiency-exams-faqs

Student Involvement

ASUA: https://asuatoday.arizona.edu/

Cultural and Resource Centers:
https://diversity.arizona.edu/cultural-and-resource-centers

Blue Chip Leadership Programs:
https://career.arizona.edu/blue-chip-leadership-experience/

Study Abroad:
https://global.arizona.edu/study-abroad

CALES Clubs & Leadership Programs:
https://cales.arizona.edu/students/campus-life

HDFS Ambassadors:
https://norton.cals.arizona.edu/HDFS-ambassadors

Immigrant Student Resource Center:
https://immigrant.arizona.edu/

Transfer Center:
https://transfercenter.arizona.edu/home

First Cats: https://thrive.arizona.edu/first-cats

Fostering Success:
https://fosteringsuccess.arizona.edu/

Handshake – UA's job board and career development platform:
https://arizona.joinhandshake.com/login