

Human Development and Family Science
2020 - Present Catalog Checklist

UA Foundations & General Education

COMPOSITION (Select ONE Sequence)

ENGL 101 & 102 _____ & _____

OR ENGL 107 & 108 _____ & _____

OR ENGL 109H _____

MATH

College Algebra: Math 107, Math 112, or higher Math _____

*Consult with advisor to determine best course

FOREIGN LANGUAGE: You must demonstrate 2nd

semester level proficiency in a foreign language _____

Total Units: _____

GENERAL EDUCATION*

UNIV 101: Intro to General Education (1 unit) _____

Exploring Perspectives (1 course in each area)

Artist: _____

Humanist: _____

Natural Scientist: _____

Social Scientist: _____

Building Connections (3 courses)

1) _____

2) _____

3) _____

UNIV 301: General Education Portfolio (1 unit) _____

Total Units: _____

*A maximum of 9 units of general education coursework may double count to fulfill requirements in a major or minor. Consult with academic advisor to discuss how this applies to your academic plan.

Supporting HDFS Major Requirements: 18 units

Social Sciences & Human Behavior

(select TWO courses)

ANTH 200, 202, 265; CHS 215; EDP 200; HDFS 101, 150B1, 200, 347; HPS 330; PHIL 241, 347; PSY 150A1/101*, 200, 300, 302, 352, 364; SOC 101, 215, 232, 321

*PSY 150A1 and PSY 101 are equivalent courses

Statistics (select ONE course)

HECL 201, PSY 230, SOC 375, SBS 200, Math 163, _____

Math 263, ISTA 116

Research Methods (select ONE course)

HECL 202, PSY 290A, SOC 374, OR AFAS 302 _____

Biological Processes & Development

(Select TWO courses)

MCB 181R, ECOL 182R, NSC 101/170C1*, NSC 301, NSC 310, SRL 201, TLS 360, PSIO 201, PSIO 202, PSIO 380, ANTH 324

*NSC 170C1 and NSC 101 are equivalent courses

Total Units: _____

Advanced Composition Course: 3 units

Advanced Composition* (Select ONE course) _____

HECL 301, ENGL 307, ENGL 308, ENGL 340, OR ALC 422

Total Units: _____

*Must earn B or better if B was not earned in ENGL 102, ENGL 108, or ENGL 109

HDFS Major Courses: 40 units

HDFS Core Lower Division Coursework (10 units)

HDFS 195: Introduction to HDFS (1 Unit) _____

HDFS 117: Lifespan Human Development _____

HDFS 237: Love, Intimacy, and Relationships _____

HDFS 257: Contemporary Families _____

Total Units: _____

HDFS Core Upper Division Coursework (30 units)

*It is recommended that students complete HDFS 117 and all other HDFS core lower division coursework before beginning HDFS upper division coursework, see prerequisite list for all recommended/required courses

HDFS 323: Infancy/Child Development _____

HDFS 377: Adolescence _____

HDFS 384: Leadership/Ethics/Professional Practices _____

*HDFS 384 has a pre-requisite of HDFS 197A and junior standing

HDFS 413: Issues in Aging _____

HDFS 427A: Mental Health & the Family: Adulthood _____

OR HDFS 427C: Mental Health & the Family: _____

Childhood & Adolescence

HDFS 447A: Sociocultural Context of Development _____

OR HDFS 447C: Biosocial Development _____

*HDFS 447 has a prerequisite of statistics and research methods

HDFS 487: Theories of Interpersonal & _____

Family Relationships

*HDFS 487 has a prerequisite of statistics and research methods

HDFS Complementary Advanced Topics (select ONE course)

HDFS 401, 405, 408, 411, 427A/C*, 443, 447A/C*, 450, 496Z, PFFP 302, HECL 496A/C (see UAccess for course titles)

*If HDFS 427A is used to fulfill HDFS core coursework, students may choose to take HDFS 427C to complete their Complementary Topic requirement, and vice versa. Same policy applies to HDFS 447A/C.

HDFS Applied Skills and Methods (select ONE course)

HDFS 491 (Preceptorship), 492 (Research), 493 (Internship), 499 (Independent Study), or 498H (Honors Thesis)

*Department consent required to enroll in applied skills classes

HDFS Upper Division Elective (select ONE course)

Any additional Comp Topic or Applied Skills Class _____

Total Units: _____

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**HDFS THEMATIC MINOR OR OTHER MINOR:
18 Units (9 must be upper division)**

HDFS majors can choose any minor on campus or create a thematic minor in consultation with an HDFS advisor

Total Units: _____

General Electives (may be needed to reach 120 units)

Total Units: _____

Total Earned Units _____ / **120**

Earned Upper Division Units _____ / **42**

Earned University Level Units _____ / **56**

NOTE: A minimum of 120 units is required. 56 units must be university level; 42 must be upper division (300 - 499 level). A minimum GPA of 2.0 is required for graduation.

HDFS CORE UPPER DIVISION (THE FOLLOWING 7 COURSES ARE REQUIRED). Follow all Required/Recommended Prerequisites listed below before enrolling		
HDFS 323	Infancy/Child Development	Offered: Fall & Summer Recommended Prerequisite: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
HDFS 377	Adolescence	Offered: Fall & Summer Recommended Prerequisite: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
HDFS 384	Leadership, Ethics, and Prof. Practice	Offered: Fall & Spring Required Prerequisite: Junior class standing or above
HDFS 413	Issues in Aging	Offered: Fall, Spring, & Summer Recommended Prerequisite: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240) OR 6 units of social science
HDFS 427A OR HDFS 427C	Mental Health and the Family: Adulthood OR Mental Health and the Family: Childhood & Adolescence	Offered: HDFS 427C - Fall & Summer; HDFS 427A - Spring Recommended Prerequisite: PSY 101, HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
HDFS 447A OR HDFS 447C	Sociocultural Context of Development OR Biosocial Development	Offered: HDFS 447A - Fall & Spring ; HDFS 447C – Offered intermittently based off instructor availability Recommended Prerequisite: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240) Required Prerequisite: Statistics (HECL 201 OR PSY 230 OR SOC 375 OR SBS 200 OR Math 163 OR Math 263 OR ISTA 116) Required Prerequisite: Research Methods (HECL 202 OR PSY 290A OR SOC 374 OR AFAS 302)
HDFS 487	Theories of Interpersonal & Family Relationships	Offered: Fall & Spring Recommended Prerequisite: HDFS 117, 237 and 257 Required Prerequisite: Statistics (HECL 201 OR PSY 230 OR SOC 375 OR SBS 200 OR Math 163 OR Math 263 OR ISTA 116) Required Prerequisite: Research Methods (HECL 202 OR PSY 290A OR SOC 374 OR AFAS 302)
HDFS UPPER DIVISION: COMPLEMENTARY TOPICS (CHOOSE AT LEAST ONE)		
HDFS 401	Basic Skills in Counseling	Offered: Fall & Spring Recommended: 6 units of social science
HDFS 405	Theories of Counseling	Offered: Fall & Summer Recommended: 6 units of social science
HDFS 408	Program Planning and Evaluation	Offered: Spring Recommended: HECL 202 or equivalent research methods course (e.g., PSY 290A, SOC 374) AND 6 units of social science
HDFS 411	Understanding Suicide	Offered: Offered intermittently based off instructor availability Required: HDFS 117 or PSY 101 or equivalent
HDFS 443	Young Adulthood	Offered: Offered intermittently based off instructor availability No Prerequisite
HDFS 450	Human Sexuality and Relations	Offered: Spring & Summer No Prerequisite
HDFS 496Z	Topics in HDFS	Topics and course offerings vary by semester No Prerequisite