

Human Development and Family Science  
2020 - Present Catalog Checklist

**UA Foundations & General Education**

**COMPOSITION (Select ONE Sequence)**

ENGL 101 & 102 \_\_\_\_\_ & \_\_\_\_\_  
 OR ENGL 107 & 108 \_\_\_\_\_ & \_\_\_\_\_  
 OR ENGL 109H \_\_\_\_\_

**MATH**

College Algebra: Math 107, Math 112, or higher Math \_\_\_\_\_  
 \*Consult with advisor to determine best course

**FOREIGN LANGUAGE:** You must demonstrate 2<sup>nd</sup> semester level proficiency in a foreign language \_\_\_\_\_

**Total Units:** \_\_\_\_\_

**TIER ONE GENERAL EDUCATION (two courses in each category)**

INDIVIDUALS & SOCIETIES (150)  
 \_\_\_\_\_  
 \_\_\_\_\_

NATURAL SCIENCES (170)  
 \_\_\_\_\_  
 \_\_\_\_\_

TRADITIONS & CULTURES (160)  
 \_\_\_\_\_  
 \_\_\_\_\_

**TIER TWO GENERAL EDUCATION (one course in each category)**

Arts \_\_\_\_\_  
 Humanities \_\_\_\_\_  
 Natural Sciences \_\_\_\_\_  
 Diversity (can be fulfilled with approved GE course) \_\_\_\_\_

**Total Units:** \_\_\_\_\_

**Supporting HDFS Major Requirements: 18 units**

**Social Sciences & Human Behavior (select TWO courses)<sup>1</sup>**

ANTH 200, 202, 265; CHS 215; EDP 200; HDFS 101, 200, 347; HPS 330; PHIL 241, 347; PSY 101\*, 200, 300, 302, 352, 364; SOC 101, 215, 232, 321

\* PSY 150A1 and PSY 101 are equivalent courses. If either is taken to fulfill a general education course, it will not fulfill a Social Science and Human Behavior Requirement

**Statistics (select ONE course)**

HECL 201, PSY 230, SOC 375, SBS 200, Math 163, \_\_\_\_\_  
 Math 263, ISTA 116

**Research Methods (select ONE course)**

HECL 202, PSY 290A, SOC 374, OR AFAS 302 \_\_\_\_\_

**Biological Processes & Development (Select TWO courses)<sup>1</sup>**

MCB 181R, ECOL 182R, NSC 101\*, NSC 301, NSC 310, SRL 201, TLS 360, PSIO 201, PSIO 202, PSIO 380, ANTH 324

\*NSC 170C1 and NSC 101 are equivalent courses. If either is taken to fulfill a general education course, it will not fulfill a Biological Processes requirement

**Total Units:** \_\_\_\_\_

**Advanced Composition Course: 3 units**

**Advanced Composition\* (Select ONE course)** \_\_\_\_\_  
 HECL 301, ENGL 307, ENGL 308, ENGL 340, OR ALC 422

**Total Units:** \_\_\_\_\_

\*Must earn B or better if B was not earned in ENGL 102, ENGL 108, or ENGL 109

**HDFS Major Courses: 40 units**

**HDFS Core Lower Division Coursework (10 units)**

**HDFS 195:** Introduction to HDFS (1 Unit) \_\_\_\_\_

**HDFS 117:** Lifespan Human Development \_\_\_\_\_

**HDFS 237:** Love, Intimacy, and Relationships \_\_\_\_\_

**HDFS 257:** Contemporary Families \_\_\_\_\_

**Total Units:** \_\_\_\_\_

**HDFS Core Upper Division Coursework (30 units)**

\*It is recommended that students complete HDFS 117 and all other HDFS core lower division coursework before beginning HDFS upper division coursework, see prerequisite list for all recommended/required courses

**HDFS 323:** Infancy/Child Development \_\_\_\_\_

**HDFS 377:** Adolescence \_\_\_\_\_

**HDFS 384:** Leadership/Ethics/Professional Practices \_\_\_\_\_

\*HDFS 384 has a pre-requisite of HDFS 197A and junior standing

**HDFS 413:** Issues in Aging \_\_\_\_\_

**HDFS 427A:** Mental Health & the Family: Adulthood \_\_\_\_\_

**OR HDFS 427C:** Mental Health & the Family: Childhood & Adolescence \_\_\_\_\_

**HDFS 447A:** Sociocultural Context of Development \_\_\_\_\_

**OR HDFS 447C:** Biosocial Development \_\_\_\_\_

\*HDFS 447 has a prerequisite of statistics and research methods

**HDFS 487:** Theories of Interpersonal & Family Relationships \_\_\_\_\_

\*HDFS 487 has a prerequisite of statistics and research methods

**HDFS Complementary Advanced Topics (select ONE course)**

HDFS 401, 405, 408, 411, 427A/C\*, 443, 447A/C\*, 450, \_\_\_\_\_  
 496Z, PFFP 302, HECL 496A/C (see UAccess for course titles)

\*If HDFS 427A is used to fulfill HDFS core coursework, students may choose to take HDFS 427C to complete their Complementary Topic requirement, and vice versa. Same policy applies to HDFS 447A/C.

**HDFS Applied Skills and Methods (select ONE course)**

HDFS 491 (Preceptorship), 492 (Research), 493 (Internship), 499 (Independent Study), or 498H (Honors Thesis) \_\_\_\_\_

\*Department consent required to enroll in applied skills classes

**HDFS Upper Division Elective (select ONE course)**

Any additional Comp Topic or Applied Skills Class \_\_\_\_\_

**Total Units:** \_\_\_\_\_

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**HDFS THEMATIC MINOR OR OTHER MINOR:  
18 Units (9 must be upper division)**

HDFS majors can choose any minor on campus or create a thematic minor in consultation with an HDFS advisor

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

<sup>1</sup> Courses taken to fulfill General Education Requirements may **not** also apply to HDFS Major or Supporting Coursework.

**Total Units:** \_\_\_\_\_

**General Electives (may be needed to reach 120 units)**

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**Total Units:** \_\_\_\_\_

Total Earned Units \_\_\_\_\_ / **120**

Earned Upper Division Units \_\_\_\_\_ / **42**

Earned University Level Units \_\_\_\_\_ / **56**

**NOTE:** A minimum of 120 units is required. 56 units must be university level; 42 must be upper division (300, 400 level). A minimum GPA of 2.0 is required for graduation.

**HDFS Course Prerequisites**

Course	Prerequisites Required/Recommended
<b>HDFS 323</b> – Infancy/Child Development	<b>Recommended:</b> HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
<b>HDFS 377</b> - Adolescence	<b>Recommended:</b> HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
<b>HDFS 384</b> – Leadership, Ethics & Professional Practices	<b>Required:</b> HDFS 197A; must be an HDFS Major with at least junior status
<b>HDFS 401</b> – Basic Skills in Counseling	<b>Recommended:</b> 6 units of social science
<b>HDFS 405</b> – Theories of Counseling	<b>Recommended:</b> 6 units of social science
<b>HDFS 408</b> – Program Planning & Evaluation	<b>Recommended:</b> HECL 202 or equivalent research methods course (e.g., PSY 290A, SOC 374) AND 6 units of social science
<b>HDFS 413</b> – Issues in Aging	<b>Recommended:</b> HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240) OR 6 units of social science [recommended]
<b>HDFS 427A</b> – Mental Health & the Family: Adulthood	<b>Recommended:</b> PSY 101, HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
<b>HDFS 427C</b> – Mental Health & the Family: Childhood & Adolescence	<b>Recommended:</b> PSY 101, HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
<b>HDFS 447A</b> – Sociocultural Context of Development Or <b>HDFS 447C</b> – Biosocial Development	<b>Recommended:</b> HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240) <b>Required:</b> Statistics (HECL 201 OR PSY 230 OR SOC 375 OR SBS 200 OR Math 163 OR Math 263 OR ISTA 116) <b>Required:</b> Research Methods (HECL 202 OR PSY 290A OR SOC 374 OR AFAS 302)
<b>HDFS 450</b> – Human Sexuality & Relations	No prerequisite
<b>HDFS 487</b> – Theories of Interpersonal & Family Relationships	<b>Recommended:</b> HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240) <b>Required:</b> Statistics (HECL 201 OR PSY 230 OR SOC 375 OR SBS 200 OR Math 163 OR Math 263 OR ISTA 116) <b>Required:</b> Research Methods (HECL 202 OR PSY 290A OR SOC 374 OR AFAS 302)
<b>HDFS 493</b> - Internship	<b>Recommended:</b> HDFS 117, 237, and 257 <b>Required:</b> Must be an HDFS major, department consent required
<b>HDFS 496Z</b> – Topics in HDFS	No prerequisite