



## Fall 2023 Internship Opportunity

**Divorce Recovery is currently seeking students who are interested in leading support groups to children and families going through a divorce or separation! College credit is offered to those who complete the semester requirements from August 21<sup>st</sup> through December 6<sup>th</sup>, 2023.**

**About Us:** For over 40 years, Divorce Recovery has been providing support to local Tucsonans going through a divorce or separation. This program was initially an independent 501(c)(3) non-profit charitable organization, and in 2021 it merged with JFCS of Southern Arizona to consolidate their resources, experience, and services. Divorce Recovery is unique in the fact that it is run by volunteers, most of whom have been through the program themselves, and the only program of its kind to offer these services free of charge to anyone in the community. Established in 1978, Divorce Recovery was created by a former University of Arizona professor from the Department of Family Studies, Dr. Frank Williams and his wife. The first training of volunteers began in 1979 and these leaders then co-lead the group. Shortly after that, Divorce Recovery saw the development and initiation of the Children of Divorce (now Children of Divorce and Changing Families) groups for children and parents in 1980. The structure of these groups have evolved over the years, however, the same basic format has continued. Today, Divorce Recovery I Groups are the mainstay of the program. Divorce Recovery II groups and the Children of Divorce and Changing Families have since been added, as well Education for Life and Financial First Aid. The Divorce Recovery Program continues to be offered free of charge to anyone in the community, although donations are encouraged and greatly appreciated.

**Children of Divorce & Changing Families (CODCF) Group:** Twice a year Divorce Recovery offers Children of Divorce and Changing Families Support Groups (CODCF). These groups assist all family members in the difficult transition through separating and/or divorce. This is an 8 week group for children and one parent run by interns from the University of Arizona who have completed the six week Group Leader Training. Age-appropriate activities are offered to children (3-18) while the parent attends an adult group to help facilitate open communication among family members and help guide the family through the process of change. The primary goals of the group are to help parents and children establish better communication and to be able to talk more effectively about the divorce transition and the losses they are experiencing. In addition, we aim to help parents develop skills to assist in this transition.



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Divorce Recovery is a Program of JFCS of Southern Arizona, a Non-Profit Corporation