

KAYLA M. OSMAN
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University of Arizona, Tucson, AZ
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EDUCATION

Ph.D., Family Studies and Human Development (*Expected 2025*)

University of Arizona, Tucson, Arizona

Advisor: Katharine H. Zeiders, PhD

M.S., Family Studies and Human Development (2022)

University of Arizona, Tucson, Arizona

Master's Thesis: *Understanding the Co-Occurrence of Colorism and Ethnic-Racial Identity among Latinx Adolescents*

Advisor: Katharine H. Zeiders, PhD

B.A., Psychological Science, Women's Studies Minor (2020)

summa cum laude

California State University San Marcos, San Marcos, California

HONORS AND AWARDS

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|-------------|---|
| 2023 | Research and Project Grant Awardee
Graduate and Professional Student Council, University of Arizona |
| 2022 | Chancellor's Doctoral Incentive Program (CDIP) Fellow
Office of the Chancellor, California State University |
| 2022 | Honorable Mention
Ford Foundation |
| 2021 – 2023 | Ruth Reed Cowden Scholarship
University of Arizona |
| 2021 – 2023 | Bartley P. Cardon Scholarship
University of Arizona |
| 2021 | Strategic Plan Poster Award
Society for Research in Child Development (SRCD) |
| 2019 | Summer Research Scholar
University of Missouri |
| 2019 | Finalist at the CSU Student Research Competition
California State University San Marcos |

2018 **American Psychological Association (APA) Summer Research Program Scholar**
California State University San Marcos

2015 – 2020 **Dean’s List**
California State University San Marcos

RESEARCH EXPERIENCE

University of Arizona

January 2021 – Present **Graduate Research Assistant, The Tucson Sons Project (El Proyecto Hijos de Tucson)**, NSF RAPID Grant-Funded Project
Co-PI: Dr. Katharine H. Zeiders, University of Arizona; Dr. Ada Wilkinson-Lee, University of Arizona; Dr. Lindsay Hoyt, Fordham University
Graduate Research Assistant for Dr. Katharine H. Zeiders, University of Arizona

September 2021- Present **COVID-19 Impacts Project**, CIHR and MITACS funded project
Volunteer Research Assistant for Dr. Michelle Téllez

University of Missouri, Columbia

May – July 2019 **Summer Research Scholar, University of Missouri Alcohol Research Training Summer School (MU-ARTSS)**
Faculty Mentor: Kenneth Sher, PhD
Project title: Acculturative stress: Deriving a short form and predicting alcohol consumption among Latino college students.

California State University, San Marcos

June 2018 – July 2020 **Cultural Perinatal Mental Health Laboratory**
Department of Psychological Science, California State University San Marcos

Undergraduate Research Assistant for Dr. Kimberly D’Anna Hernandez

June 2018 – August 2018 **American Psychological Association (APA) Summer Research Program Scholar**
Department of Psychological Science, California State University San Marcos

Faculty Mentor: Kimberly D’Anna Hernandez, PhD.

Project title: Acculturation, Social Support, and the Pregnancy Experience of Women of Mexican Descent.

SCHOLARLY PUBLICATIONS

Refereed Journal Articles

Wang, J. Yan, J., **Osman, K.M.**, Zeiders, K. H., Shen, Y., Victory, M., & Kim, S.Y. (2021). The phenotypic, psychological, and social interplays of skin color and developmental outcomes

among Mexican-origin adolescents. *Journal of Research on Adolescence*, 10.1111/jora.12709. Advance online publication. <https://doi.org/10.1111/jora.12709>

Osman, K.M., Lara-Cinisomo, S., & D'Anna Hernandez, K.L. (2021). Associations between religiosity and perinatal anxiety symptoms among women of Mexican descent. *Journal of Affective Disorders*, <https://doi.org/10.1016/j.jad.2021.06.066>

Refereed Journal Articles Under Review

Osman, K.M., Berkeley, S., Zeiders, K.H., & Landor, A.M. (*under review*). Racial discrimination, ethnic-racial socialization, and ethnic-racial identity among Black and Latinx emerging adults. *Submitted for review in Journal of Research on Adolescence*.

Manuscripts in Progress

Osman, K.M., Yazdani, N., Forbes, N., Romero, E., Rosario, V., Uribe, J., Hoyt, L.T., Wilkinson-Lee, A.M., Landor, A.M., & Zeiders, K.H. (*in preparation*). Black Lives Matter movement attitudes and experiences among Latinx families: A mixed method approach.

Osman, K. M., Zeiders, K. H., Wilkinson-Lee, A. M., Landor, A. M., & Hoyt, L. T. (*in preparation*). Understanding the co-occurrence of colorism and ethnic-racial identity among Latinx adolescents.

Landor, A. M., Zeiders, K. H., **Osman, K. M.**, Sarsar, E., & Goodwin, J. (*in preparation*). How colorism gets “under the skin”: The role of discrimination and cortisol on health of African American and Latinx young adults.

Berkeley, S., **Osman, K. M.**, Zeiders, K. H., & Hoyt, L. T. (*in preparation*). Ethnic-racial socialization and civic engagement among emerging adults of color.

Matina, N. M., Block Ngaybe, M. G., Zeiders, K. M., & **Osman, K. M.** (*in preparation*). COVID-19 vaccine hesitancy and vaccination status among Latinx families.

SCHOLARLY PRESENTATIONS

Peer-Reviewed Presentations

Berkeley, S., **Osman, K. M.**, Zeiders, K. H., & Hoyt, L. T. (2023, June). *Ethnic-racial socialization and civic engagement among emerging adults of color*. Paper to be presented at Society for the Study of Emerging Adulthood (SSEA) 2023, San Diego, CA.

Osman, K. M., Zeiders, K. H., Wilkinson-Lee, A. M., Landor, A. M., & Hoyt, L. T. (2023, April). *Understanding the co-occurrence of colorism and ethnic-racial identity among Latinx adolescents*. Paper to be presented at the Society for Research on Adolescence (SRA) 2023 Annual Meeting, San Diego, CA.

Osman, K. M., Yazdani, N., Forbes, N., Romero, E., Rosario, V., Uribe, J., Hoyt, L. T., Wilkinson-Lee, A. M., Landor, A. M., & Zeiders, K. H. (2022, May). *Black Lives Matter movement attitudes and experiences among Latinx families: A mixed method approach*. Poster presented at Society for Research in Childhood Development (SRCD) 2022 Special Topic Meeting, Rio Grande, Puerto Rico.

- Osman, K. M.**, Berkeley, S., Zeiders, K. H., & Landor, A. M. (2021, November). *Racial discrimination, ethnic-racial socialization, and ethnic-racial identity among Black and Latinx emerging adults*. Poster presented at Society for the Study of Emerging Adulthood (SSEA) 10th Conference on Emerging Adulthood, virtual.
- Idowu, E., **Osman, K. M.**, Zeiders, K. H., Hoyt, L. T., & Shane, J. (2021, November). *Examining the relationship between community engagement and mental health in white college students and students of color*. Poster presented at Society for the Study of Emerging Adulthood (SSEA) 10th Conference on Emerging Adulthood, virtual.
- Osman, K. M.**, Zeiders, K. H., Landor, A. M., & Sarsar, E. (2021, April) *Racial microaggressions and alcohol consumption among African American and Latinx emerging adults*. Poster presented at Society for Research in Childhood Development (SRCD) 2021 Biennial Meeting, virtual.
- Sarsar, E., Zeiders, K. H., Landor, A. M., & **Osman, K. M.** (2021, April). *Within-person associations between racial microaggressions and mental health among emerging adults*. Poster presented at Society for Research in Childhood Development (SRCD) 2021 Biennial Meeting, virtual.
- Osman, K. M.** and D'Anna Hernandez, K. L. (2019, October). *The role of perceived discrimination, acculturative stress, and acculturation on somatic symptoms of depression among pregnant Mexican American women*. Poster presented at Marcé of North America (MONA) Perinatal Mental Health Conference, Chapel Hill, NC.
- Osman, K. M.** and D'Anna Hernandez, K. L. (2019, April). *The role of ethnic identity and discrimination on the mental health and pregnancy experience of Mexican American women*. Poster presented at Western Psychological Association (WPA) Conference, Pasadena, CA.
- Osman, K. M.** and D'Anna Hernandez, K. L. (2019, March). *The role of biculturalism on the mental health and pregnancy experience Mexican American women*. Poster presented at Anxiety and Depression Association of America (ADAA) Conference, Chicago, IL.
- Osman, K. M.** and D'Anna Hernandez, K. L. (2018, October). *Acculturation, Social Support, and the Pregnancy Experience of Women of Mexican Descent*. Poster presented at Society for the Advancement of Chicano and Native American Scientists (SACNAS) National Conference, San Antonio, TX.

Other, Non Peer-Reviewed Presentations

- Perez, R., Toomey, R. B., Anhalt, K., **Osman, K. M.**, & Zeiders, K. H. (2021, April). *The roles of preparation for bias and network support on internalized homonegativity among Latinx sexual minority youth*. Poster presented at Frances McClelland Institute (FMI) Spring 2021 Student Poster Showcase, virtual.
- Carbajal, S., Castorena, D. C., Forbes, N., Idow, E., Levario, B., **Osman, K. M.**, Perez, R., Rosario, V., Sarsar, E., Wilkinson-Lee, A. M., & Zeiders., K. H. (2021, January). *The COVID-19 Hijos*

*Project: Community Advisory Board Meeting. Tucson, AZ. **the first 9 authors are in alphabetical order and contributed equally to the presentation.*

Osman, K. M., Armenta, B., Stevens, B., Watts, A. L., and Sher, K. J. *Acculturative stress: Deriving a short form and predicting alcohol consumption among Latino college students.*

- Poster presented at Southern California Conferences for Undergraduate Research (SCCUR), San Marcos, CA. (2019, November).
- Poster presented at University of Missouri Summer Forum, Columbia, MO. (2019, July).

Osman, K. M. and D’Anna Hernandez, K. L. (2019, May). *Biculturalism, Discrimination, and the Mental Health of Mexican American Women.* Talk presented at CSU Statewide Student Research Competition, Fullerton, CA.

Osman, K. M. and D’Anna Hernandez, K. L. (2019, March). *Biculturalism, Discrimination, and the Mental Health of Mexican American Women.* Talk presented at California State University, San Marcos Symposium on Student Research, Creative Activities, and Innovation.

Osman, K. M. and D’Anna Hernandez, K. L. (2018, November). *Acculturation, Social Support, and the Pregnancy Experience of Women of Mexican Descent.* Poster presented at the CSUSM Student Poster Showcase, San Marcos, CA. (2018, November).

Osman, K. M. and D’Anna Hernandez, K. L. (2018, July). *Acculturation, Social Support, and the Pregnancy Experience of Women of Mexican Descent.* Talk presented at American Psychological Association (APA) Summer Psychology Research Symposium at California State University, San Marcos, San Marcos, CA.

TEACHING EXPERIENCE

Graduate Teaching Assistantships

Spring 2023

FCSC 301: Applying Critical Thinking

Family and Consumer Sciences, University of Arizona
Graduate Teaching Assistant for Dr. Lance Erickson

Spring 2021

FSHD 447A: Sociocultural Context of Development (Live Online)

Family Studies and Human Development, University of Arizona
Graduate Teaching Assistant for Dr. Linda Pallock

Fall 2020

FSHD 377: Adolescence (Live Online)

Family Studies and Human Development, University of Arizona
Graduate Teaching Assistant for Dr. Timothy Ottusch

Fall 2020

FCSC 202: Research Methods (Live Online)

Family and Consumer Sciences, University of Arizona
Graduate Teaching Assistant for Dr. Timothy Ottusch

Fall 2020 **FSHD 427C: Mental Health & the Family: Childhood & Adolescence** (Live Online)
Family Studies and Human Development, University of Arizona
Graduate Teaching Assistant for Dr. Darin Knapp

Fall 2020 **RCSC 150B: Money, Consumers, and the Family** (Live Online)
Retailing and Consumer Science, University of Arizona
Graduate Teaching Assistant for Dr. Victoria Ligon

Invited Lectures

Spring 2022 Invited Lecture for FSHD 447A: Sociocultural Contexts of Development
Topic: Development of ethnic racial identity in the context of racial discrimination

Fall 2021 Invited Lecture for FSHD 447A: Sociocultural Contexts of Development
Topic: Development of ethnic racial identity in the context of racial discrimination

Spring 2021 Invited Lecture for FSHD 447A: Sociocultural Contexts of Development
Topic: Development of ethnic racial identity in the context of racial discrimination

Spring 2021 Invited Lecture for COMM 117: Culture and Communication
Topic: Racial discrimination, cultural socialization, and ethnic racial identity among Black and Latinx college students

Undergraduate Teaching

Spring 2020 Supplemental Instructor, California State University San Marcos
PSYC 360: Biopsychology

SERVICE AND OUTREACH

Departmental and University Service

2021 – 2022 College of Agricultural and Life Sciences (CALS) Graduate Student Council:
Family Studies and Human Development Representative

2021 – 2022 Family Studies Student Round Table (FSSRT): Treasurer

Spring 2021 FSHD 384: Professional Development
Graduate Student Panelist

Professional Service

July 2022 **Ad Hoc Reviewer**
Journal of Social and Personal Relationships

June 2021 **Ad Hoc Reviewer**
Journal of Research on Adolescence

Community Outreach

- November 2021 Bio4Community project panelist: Rutgers Graduate School of Education
- Discussed topics of stress and resilience among youth in an interview to be used for designing Biology curriculum for New Brunswick youth and as a free resource for students and teachers
- September 2019 Psi Chi club meeting at California State University San Marcos
- Talked to undergraduates from psychology about getting involved in research labs on campus
- March 2019 Super STEM Saturday at California State University San Marcos SACNAS chapter booth
- Inspired kids about the STEM field through demonstrating the science of making slime
- November 2018 Research Information event at the California State University San Marcos Latin@ center
- Spoke to and helped recruit students from underrepresented backgrounds about getting involved in STEM and research

SELECT TRAINING AND COURSEWORK

- Spring 2022 **FSHD 606: Mixed Methods Research**
Melissa Delgado, PhD, University of Arizona
- Fall 2021 **HED 605: Qualitative Methods in Higher Education**
Gary Rhoades, PhD, University of Arizona
- Fall 2021 **FSHD 617A: Structural Equation Modelling**
Melissa Flores, PhD, University of Arizona
- Fall 2021 **Latent Profile Analysis Workshop**
Katharine H. Zeiders, PhD, University of Arizona
- Summer 2021 **Summer Fellowship Application Development Program (SFADP)**
Graduate College Office of Fellowships and Community Engagement, Honors College Office of Nationally Competitive Scholarships
- Spring 2021 **MAS 566: Chicana Decolonial Theory**
Michelle Téllez, PhD, University of Arizona
- Spring 2021 **Advancing Culturally Responsive Research and Researchers**
Ohio State University, Advanced Methods Institute (AMI)

PROFESSIONAL AFFILIATIONS

- 2021 – Present Society for the Study of Emerging Adulthood (SSEA) Student Member
- 2021 – Present Society for Research in Childhood Development (SRCD) Student Member
- 2020 – 2021 American Psychology Association, Division 50 Student Member
- 2018 – 2020 Psi Chi International Honor Society in Psychology Student Member
- 2018 – 2019 Western Psychological Association (WPA) Student Member
- 2018 – 2019 Anxiety and Depression Association of America (ADAA) Student Member
- 2018 – 2019 Society for Advancement of Chicanos/Hispanics and Native Americans in
Science (SACNAS) Student Member

RELEVANT SKILLS

Software Microsoft Excel; SPSS Statistics; MPLUS; Qualtrics XM