

Katharine H. Zeiders, PhD

Norton School of Human Ecology
Human Development and Family Science
University of Arizona
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ACADEMIC DEGREES

BS	Family and Human Development, Arizona State University	2005
MS	Family and Human Development, Arizona State University Thesis: <i>Bicultural Stress and Latino Adolescent Depression: Examining Parental Warmth as a Protective Factor</i> Advisor: Dr. Adriana J. Umaña-Taylor	2007
PhD	Family and Human Development, Arizona State University Dissertation: <i>Environmental risks, HPA axis functioning, and Mental Health Symptomatology in Mexican American Youth</i> Advisor: Dr. Mark W. Roosa	2011

MILITARY SERVICE

U.S. Air Force Active Duty—Air Traffic Controller (AFSC 1C151)	1998 – 2002
Stations: Lackland Air Force base, TX; Keesler Air Force base, MI; Luke Air Force base, AZ	

ACADEMIC POSITIONS

Professor , University of Arizona, Norton School of Human Ecology	2023- present
Associate Professor with Tenure , University of Arizona, Norton School of Human Ecology	2019 – 2023
Assistant Professor , University of Arizona, Norton School of Human Ecology	2016 – 2019
Assistant Professor , University of Missouri, Human Development and Family Science	2014 – 2016
Post-doctoral Research Fellow , Arizona State University, The Sanford School of Social and Family Dynamics	2012 – 2014
Post-doctoral Research Fellow , Northwestern University; Human Development and Social Policy	2011 – 2012

LEADERSHIP POSITIONS

Secretary of the Faculty , University of Arizona Representing over 4,000 faculty across 22 Colleges	2024-present
Faculty Senator , College of Agriculture, Life & Environmental Sciences, University of Arizona Represented 345 faculty across 10 Schools and Departments	2022-2024
Faculty Council Representative , Norton School of Human Ecology, University of Arizona Represented 40 faculty within Unit	2020-2022

ADDITIONAL LEADERSHIP AND SERVICE POSITIONS

DEPARTMENTAL

Member, HDFS Graduate Committee, University of Arizona	2016 – 2023
Member, HDFS Graduate Recruitment and Admissions Committee, University of Arizona	2016 – 2023
Co-Chair, Francis McClelland Institute Latino Family Consortium, University of Arizona	2016 – present
Member, Francis McClelland Institute Leadership Committee	2016 – 2022
Chair, Francis McClelland Institute Youth Award Committee, University of Arizona	2017 – 2022
Member Francis McClelland Institute Youth Awards Committee	2018 – 2022
Member, Norton School Faculty Review and Development Committee	2019 – 2022
Member, Norton School Diversity, Equity, and Inclusion Planning Committee	2021-2022
COLLEGE	
Member, College of Agriculture, Life and Environmental Science Budgetary Working Group	2023 – 2024
Elected Member, College of Agriculture, Life and Environmental Sciences Faculty Council	2020-2022
Reviewer, Agriculture, Life & Veterinary Sciences & Cooperative Extension Research Awards	2022
Ad-hoc member, CALES Promotion and Tenure Committee	2022
UNIVERSITY	
Chair of the University Faculty Constitution and Bylaws Committee	2024-2026
Chair of the Faculty Membership Committee	2024-2026
Chair of the Honorary Degrees Committee	2024-2026
Member, Committee on Faculty Membership	2023-2025
Member, Faculty Senate Ad-Hoc Committee on Career-Track Faculty Needs	2023-2024
Elected Faculty Senator, University of Arizona Faculty Senate	2022-2024
Elected Member, University of Arizona Nominating Committee	2021-2024
Reviewer, University of Arizona Research Advancement Grants	2019
COMMUNITY SERVICE AND OUTREACH	
Member, Small Town Big Dreams Scholarship Committee	2019 – present
Faculty Mentor, Small Town Big Dreams Scholars attending the University of Arizona	2019 – present
NATIONAL/INTERNATIONAL SERVICE	
Reviewer, Submissions for Biennial Meeting, Society for Research on Adolescence	2009 – 2023
Reviewer, Submissions for Biennial Meetings, Society for Research on Child Development	2019 – 2024
Steering Committee Member, Society for Research on Child Development Antiracist White Working Group	2020 – 2021
Reviewer, National Science Foundation Grant Review Panel	2020
Reviewer, National Science Foundation Grant Review Panel	2021
Reviewer, Trans-Atlantic Platform Recovery, Renewal and Resilience In Pandemic Grant	2021
Co-Panel Chair, Health Panel, Society for Research on Child Development Special Topics Conference: “Construction of the “Other” Development, Consequences and Applied Implications of Prejudice and Discrimination	2021
Reviewer, National Science Foundation Grant Review Panel	2022

EDITORIAL BOARDS

Journal of Research on Adolescence (Editorial Board Member)	2015 – 2022
Developmental Psychology (Editorial Board Member)	2016 – 2023
Journal of Youth and Adolescence (Editorial Board Member)	2018 - present

DONOR DEVELOPMENT AND WORK

Janet and Barry Lang Proposal, \$125,000 – Funding secured	2017
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RESEARCH (author h-index: 43; author h-10 index: 67¹; total citations 5,355)

PUBLICATIONS (78 peer-reviewed published/in-press articles total; 2 invited book chapters/entries)

ARTICLES IN REFERRED JOURNALS

Note: Impact Factors (IF) reflect the 2-year Impact Factors from the year the article was published. Four-year (IF-4) is the current 4-year impact factor for the journal. All IFs pulled from <https://www.scijournal.org/>. Google Scholar citation counts (CC) were captured on 10/01/2025, but can be further accessed here: <https://scholar.google.com/citations?user=OwAp5YIAAAAJ&hl=en>.

1. Landor, A. M., **Zeiders, K. H.**, Brown, A. M., Osman, K. M., Sarsar, E. d., & Godwin, J. (in press) How colorism gets “under the skin”: The role of ethnic-racial discrimination and diurnal cortisol in physical health of African American and Latinx young adults. *Psychoneuroendocrinology*.
2. Wilkinson-Lee, A. M., Martinez-Fuentes, S., **Zeiders, K. H.**, Landor, A. M., Osman, K., Carbajal, S., Sarsar, E. D., & Hoyt, L. T. (in press). FSM in the context of COVID-19 pandemic: Family cohesion-source of resilience among Latinx families. *Journal of Family Psychology*.
3. Martinez-Fuentes, S., Updegraff, K. A., Umaña-Taylor, A.J., & **Zeiders, K. H.** (in press). Mexican-origin mothers and fathers workplace ethnic racial discrimination and youths’ educational adjustment. *Journal of Marriage and Family*.
4. Osman, K. M., Berkley, S., **Zeiders, K. H.**, & Landor, A. M. (in press). Ethnic-racial discrimination and ethnic-racial socialization: Understanding short-term longitudinal effects of Black and Latinx young adults’ ethnic racial identity. *Journal of Research on Adolescence*.
5. Mantina, N. M., Block Ngaybe, M. G., **Zeiders, K. H.**, Osman, K., Wilkinson-Lee, A., & Landor, A. M., & Hoyt, L.T. (in press). Latinx youth's and parents' COVID-19 beliefs, vaccine hesitancy, and vaccination rates: Longitudinal associations in a community sample. *PLOS one*.
6. Carbajal, S., Delgado, M. Y., Nair, R. L., & **Zeiders, K. H.** (in press). Bicultural competence and academic and psychosocial functioning among Latinx early adolescents: Examining the moderating role of gender. *Journal of Early Adolescence*.
7. Chaku, N. Curtis, C. A., Hoyt, L. T., **Zeiders, K. H.**, Niu, L. Sarsar, E. & Nair, R. L. (in press). Civic engagement, discrimination, and sleep health among youth of color. *Journal of American College Health*. <https://doi.org/10.1080/07448481.2022.2162826>
8. Davenport, M., Berkley, S., **Zeiders, K. H.**, Landor, A. M., & Sarsar, E. (2024). Does ethnic-racial socialization matter? A within-person analysis of racial discrimination and sleep health among Black and Latinx emerging adults. *Sleep Health*, 9, 398-406. <https://doi.org/10.1016/j.sleh.2023.05.011>

¹ From Google Scholar on 6/2/2022

9. Sarsar, E., **Zeiders, K. H.**, & Landor, A. M. (2024). The role of racial microaggressions and ethnic racial identity affirmation on academic belonging among Black and Latinx college students. *Emerging Adulthood*, 11, 1394-1408. <https://doi.org/10.1177/21676968231194378>
10. Brown, A., **Zeiders, K. H.**, Sarsar, E. Hoyt, L. T., & Nair, R. L. (2024). "When the political becomes personal": Evaluation of an elected president, election distress and college students' psychological well-being. *Journal of American College Health*, 72, 8 2971-2981.
11. Brown, A., Landor, A. M., & **Zeiders, K. H.** (2023). Weathering racism and colorism: Exploring concurrent and short-term longitudinal associations between discrimination, colorism, psychosocial health, and minority emerging adults' relationship satisfaction. *Journal of Social and Personal Relationships*, 40, 3244-3248. <https://doi.org/10.1177/02654075231170900>.
12. Parks, S. J., **Zeiders, K. H.**, Yoo H. C., & Delgado, M. Y. (2023). White adults' color-evasive racial attitudes and racism emotionality: Understanding patterns and correlates. *Journal of Counseling Psychology*. <https://doi.org/10.1037/cou0000694>
13. Thomas, R. Delgado, M. Y., Nair, R. L., Wheeler, L. A., **Zeiders, K. H.**, & Perez-Brena, N. J. (2023) Examining the associations between Latinx adolescents' coping and school functioning. *Journal of Early Adolescence*, 43, 342-359. <https://doi.org/10.1177/02724316221104208>
14. Brown, A., Landor, A. M., **Zeiders, K. H.**, & Sarsar, E. (2022). Exploring the associations between discrimination, coping, skin tone, and psychosocial health of young adults of color. *Proceedings of National Academy of Sciences*, 119, e2119587119. <https://doi.org/10.1073/pnas.2119587119>
15. Pace, T. W. W., **Zeiders, K. H.**, Cook, S., Sarsar, E., Hoyt, L. T., Mirin, N., Wood, E. P., Tater, R. & Davidson, R. (2022). Feasibility, acceptability, and preliminary efficacy of an app-based meditation intervention to decrease firefighter psychological distress and burnout: A one-group pilot study. *JMIR Formative Research*, 6, e34952. doi: [10.2196/34951](https://doi.org/10.2196/34951)
16. Kim, S. Y, Wen, W., Chen, S., Yan, J., Song, J., Zhang, M. & **Zeiders, K. H.** (2022). Mexican-origin youths' language brokering for fathers and mothers: Daily experiences and youths' diurnal cortisol slopes. *Child Development*, 93, 1106-1120. <https://doi.org/10.1111/cdev.13768>
17. McDermott, E. R., **Zeiders, K. H.**, Landor, A. M., Carbajal, S. (2022). Coping with ethnic-racial discrimination: Short-term longitudinal relations between discrimination and coping strategies among Black and Latinx college students. *Journal of Research on Adolescence*, 32, 1530-1545. <https://doi.org/10.1111/jora.12728>
18. Wang, J. Yan, J., Osman, K., **Zeiders, K. H.**, Shen, Y., Victory, M., Kim, S.Y. (2022). The phenotypic, psychological, and social interplays of skin color and developmental outcomes among Mexican-origin adolescents. *Journal of Research on Adolescence*, 32, 432-450. <https://doi.org/10.1111/jora.12709>
19. Carbajal, S., **Zeiders, K. H.**, & Landor, A. M. (2022). Unpacking biculturalism: Latinx college students' academic and psychosocial functioning. *Emerging Adulthood*, 10, 910-922. <https://doi.org/10.1177/21676968211034309>
20. **Zeiders, K. H.**, Umaña-Taylor, A. J., Carbajal, S., & Pech, A. (2021). Police discrimination among Black, Latina/x/o, and White adolescents: Examining frequency and relations to academic functioning. *Journal of Adolescence*, 90, 91-99. <https://doi.org/10.1016/j.adolescence.2021.06.001>

21. Hoyt, L.T., **Zeiders, K.H.**, Chaku, N, Niu, L., Cook, S. (2021). Identifying diurnal cortisol profiles among young adults: Physiological signatures of mental health trajectories *Psychoneuroendocrinology*, 92, 162-169. <https://doi.org/10.1016/j.psyneuen.2021.105204>
22. Dull, B., Hoyt, L. T., Grzanka, P. R., & **Zeiders, K. H.** (2021). Can White guilt motivate action? The role of civic beliefs. *Journal of Youth and Adolescence*, 50, 1081 – 1097. <https://doi.org/10.1007/s10964-021-01401-7>
23. Davenport, M. A., Landor, A. M., **Zeiders, K. H.**, Sarsar, E. D., & Flores, M. (2021). Within-person associations between racial microaggressions and sleep among African American and Latinx young adults. *Journal of Sleep Research*, 30, e133226. <https://doi.org/10.1111/jsr.13226>
24. Seaton, E. K. & **Zeiders, K. H.** (2021). Daily racial discrimination experiences, racial identity and diurnal cortisol patterns among Black adults. *Cultural Diversity and Ethnic Minority Psychology*, 27, 145-155. <https://doi.org/10.1037/cdp0000367>
25. **Zeiders, K. H.**, Umaña-Taylor, A. J., Fuentes, S., Updegraff, K. A., Bayless, S. D., & Jahromi, L. B. (2021). Latina/o youths' discrimination experiences in the U.S. Southwest: Estimates from three studies. *Applied Developmental Science*, 25, 51-61. DOI: 10.1080/10888691.2018.1527695
26. Grzanka, P. R., **Zeiders, K. H.**, Spengler, E. S., Hoyt, L. T., & Toomey, R. B. (2020). Do beliefs about sexual orientation predict voting behavior? Results from the 2016 Presidential election. *Psychology of Sexual Orientation and Gender Diversity*, 7, 241-252. <https://doi.org/10.1037/sgd0000434>
27. **Zeiders, K. H.**, Nair, R. L., Hoyt, L. T., Pace, T. W. W., & Cruze, A. (2020). Latino early adolescents' psychological and physiological response during the 2016 U.S. presidential election. *Cultural Diversity and Ethnic Minority Psychology*, 26, 169-175. <https://doi.org/10.1080/10888691.2018.1527695>
28. McDermot, E. R., Umaña-Taylor, A. J., & **Zeiders, K. H.** (2019). Profiles of coping with ethnic-racial discrimination and Latino adolescents' adjustment. *Journal of Youth and Adolescence*, 48, 908-923. <https://doi.org/10.1109/TAC.1974.1100705>
29. Kim, S. Y., Chen, S., Hou, Y., **Zeiders, K. H.**, & Calzada, E. (2019). Parental socialization profiles in Mexican-origin families: Considering cultural socialization and general parenting practices. *Cultural Diversity and Ethnic Minority Psychology*, 25, 439-450. <https://doi.org/10.1037/cdp0000234>
30. Rodríguez De Jesús, S. A., Updegraff, K. A., Umaña-Taylor, A. J., McHale, S. M., & **Zeiders, K. H.** (2019). Mexican-origin adolescents' cultural orientations and values: Do older sisters and brothers matter? *Child Development*, 6, e675-e678. <https://doi.org/10.1111/cdev.13106>
31. **Zeiders, K.H.**, Bayless, S. D., Derlan, C. L., Umaña-Taylor, A. J., Updegraff, K. A., & Jahromi, L. B. (2019). Discrimination and ethnic-racial identity: Understanding direction of effects using within- and between-person analyses. *Child Development*, 90, 373-385. <https://doi.org/10.1111/cdev.12978>
32. **Zeiders, K. H.**, Landor, A. M., Flores, M., & Brown, A. (2018). Microaggressions and diurnal cortisol: Examining within-person associations among African American and Latino young adults. *Journal of Adolescent Health*, 63, 482-488. <https://doi.org/10.1016/j.jadohealth.2018.04.018>
33. Kim, S. Y., Zhang, M., **Zeiders, K. H.**, Sim, L., & Gleason, M. E. (2018). Acute salivary cortisol response among Mexican American adolescents in immigrant families. *Cultural Diversity and Ethnic Minority Psychology*, 24, 510-520. <https://doi.org/10.1037/cdp0000218>

34. Updegraff, K. A., Umaña-Taylor, A. J., **Zeiders, K. H.**, Bravo, D., & Jahromi, L. B. (2018) Familism values across the transition to adolescent motherhood: Links to family functioning and Mexican-origin adolescent mothers' adjustment. *Development and Psychopathology*, 30, 1589-1609. <https://doi.org/10.1017/S0954579418000986>
35. White, R. M.B., **Zeiders, K. H.**, & Safa, M. D. (2018) Neighborhood structural characteristics and Mexican-origin adolescents' development. *Development and Psychopathology*, 30, 1679-1698. <https://doi.org/10.1017/S0954579418001177>
36. Hoyt, L. T., **Zeiders, K. H.**, Chaku, N., Toomey, R. B., & Nair, R. L. (2018). Young adults' psychological and physiological reactions to the 2016 U.S. presidential election: The role of gender, race/ethnicity, and political views. *Psychoneuroendocrinology*, 92, 162-169. [doi:10.1016/j.psyneuen.2018.03.011](https://doi.org/10.1016/j.psyneuen.2018.03.011).
37. Jahromi, L. B., **Zeiders, K. H.**, Updegraff, K. A., and Umaña-Taylor, A.J. (2018). Coparenting conflict and academic readiness in children of teen mothers: Effortful control as a mediator. *Family Process*, 57, 462-476. <https://doi.org/10.1111/famp.12290>
38. Carlo, G. White, R. M. B., Streit, C., Knight, G. P., & **Zeiders, K. H.** (2018). Longitudinal relations among parenting styles, prosocial behaviors, and academic outcomes in U.S. Mexican adolescents. *Child Development*, 89, 577-592. <https://doi.org/10.1111/cdev.12761>
39. **Zeiders, K. H.**, Causadias, J. M., White, R. M. B. (2018). The health correlates of culture: Examining the associations between ethnic-racial identity and diurnal cortisol slopes. *Journal of Adolescent Health*, 62, 349-351. <https://doi.org/10.1016/j.jadohealth.2017.09.020>
40. **Zeiders, K. H.** (2017). Discrimination, daily stress and sleep quality, and Mexican-origin adolescents' internalizing symptoms. *Cultural Diversity and Ethnic Minority Psychology*, 23, 570-575. <https://doi.org/10.1037/cdp0000159>
41. **Zeiders, K. H.**, Updegraff, K. A., Kuo, S. I., Umaña-Taylor, A. J., & McHale, S. M. (2017). Perceived discrimination and Mexican-origin young adults' sleep duration and variability: Examining the moderating role of cultural orientations. *Journal of Youth and Adolescence*, 46, 1851-1861. <https://doi.org/10.1007/s10964-016-0544-9>
42. White, R. M. B., Updegraff, K. A., Umaña-Taylor, A. J. & **Zeiders, K. H.**, Perez-Brena, N., & Burlison, E. (2017). Neighborhood and school ethnic structuring and cultural adaptations among Mexican-origin adolescents. *Developmental Psychology*, 53, 511-524. <https://doi.org/10.1037/dev0000269>
43. Wheeler, L. A., **Zeiders, K. H.**, Updegraff, K. A., Umaña-Taylor, A.J., Rodríguez de Jesús, S. & Perez-Brena, N. J. (2017). Mexican-origin youths' risk behaviors from adolescence to young adulthood: The role of familism values. *Developmental Psychology*, 53, 126-137. <https://doi.org/10.1037/dev0000251>
44. **Zeiders, K. H.**, Umaña-Taylor, A. J., Updegraff, K. A., Jahromi, L. B., & White, R. M. B. (2016). Discrimination and acculturation stress: A longitudinal study of children's well-being from prenatal development to 5 years of age. *Journal of Developmental and Behavioral Pediatrics*, 37, 557-564. [doi:10.1097/DBP.0000000000000321](https://doi.org/10.1097/DBP.0000000000000321)
45. Jahromi, L. B., Umaña-Taylor, A.J., Updegraff, K. A., & **Zeiders, K. H.** (2016) Trajectories of developmental functioning among children of adolescent mothers: Factors associated with risk for delay. *American Journal on Intellectual and Developmental Disabilities*, 121, 346-363. <https://doi.org/10.1352/1944-7558-121.4.346>

46. Hoyt, L. T., **Zeiders, K. H.**, Ehrlich, K. B., & Adam, E. K. (2016). Positive upshots of cortisol in everyday life. *Emotion*, 16, 431-445. <https://doi.org/10.1037/emo0000174>
47. Bravo, D., Umaña-Taylor, A. J., **Zeiders, K. H.**, Updegraff, K. A., & Jahromi, L. B. (2016). Incongruent teen pregnancy status attitudes, coparenting conflict, and social support among Mexican-origin adolescent mothers. *Journal of Marriage and Family*, 78, 531-545. <https://doi.org/10.1111/jomf.12271>
48. Killoren, S. E., **Zeiders, K. H.**, Updegraff, K. A., & Umaña-Taylor, A. J. (2016). The sociocultural context of Mexican-origin pregnant adolescents' attitudes toward teen pregnancy. *Journal of Youth and Adolescence*, 45, 887-899. [doi:10.1007/s10964-015-0387-9](https://doi.org/10.1007/s10964-015-0387-9)
49. Grzanka, P. R., **Zeiders, K. H.**, & Miles, J. R. (2016). Beyond "born this way"? Reconsidering sexual orientation beliefs and attitudes. *Journal of Counseling Psychology*, 63, 67-75. <https://doi.org/10.1037/cou0000124>
50. **Zeiders, K. H.**, Updegraff, K. A., Umaña-Taylor, A. J. McHale S., & Padilla, J. (2016). Familism values, family time, and Mexican-origin young adults' depressive symptoms. *Journal of Marriage and Family*, 78, 91-106. <https://doi.org/10.1111/jomf.12248>
51. Umaña-Taylor, A.J., Updegraff, K. A., Jahromi, L. B., & **Zeiders, K. H.** (2015). Trajectories of ethnic-racial identity and autonomy among Mexican-origin adolescent mothers in the U.S. *Child Development*, 6 2034 – 2050. [doi:10.1111/cdev.12444](https://doi.org/10.1111/cdev.12444)
52. Adam, E. K., Heissel, J. A., **Zeiders, K. H.**, Richerson J. A., Brodish, A., Ross, E. C., Ehrlich, K. B., Levy, D. J., Kemeny, M. E., Malanchuk, O., Peck, S., Fuller-Rowell, T. and Eccles, J. (2015). Developmental histories of perceived racial discrimination and diurnal cortisol profiles in adulthood: A 20-year prospective study. *Psychoneuroendocrinology*, 62, 279-291. [doi:10.1016/j.psyneuen.2015.08.018](https://doi.org/10.1016/j.psyneuen.2015.08.018)
53. **Zeiders, K. H.**, Umaña-Taylor, A. J., Jahromi, L., & Updegraff, K. A. (2015). Grandmothers' familism values, adolescent mothers' parenting efficacy, and children's well-being. *Journal of Family Psychology*, 29, 624-634. <https://doi.org/10.1037/fam0000103>
54. **Zeiders, K. H.**, Umaña-Taylor, A. J., Updegraff, K. A., & Jahromi, L. (2015b). An idiographic and nomothetic approach to the study of Mexican-origin adolescent mothers' socio-cultural stressors and adjustment. *Prevention Science*, 16, 386-396. <https://doi.org/10.1007/s11121-014-0502-2>
55. **Zeiders, K. H.**, Umaña-Taylor, A. J., Updegraff, K. A., & Jahromi, L. (2015a). Acculturative and enculturative stress, depressive symptoms, and maternal warmth: Examining within-person associations among Mexican-origin adolescent mothers. *Development and Psychopathology*, 27, 293-308. [doi:10.1017/S0954579414000637](https://doi.org/10.1017/S0954579414000637)
56. Kou, S. I., Updegraff, K. A., **Zeiders, K. H.**, McHale, S. M., Umaña-Taylor, A. J., & Rodríguez, S. A. (2015) Mexican American adolescents' sleep patterns: Contextual correlates and implication for health and adjustment in young adulthood. *Journal of Youth and Adolescence*, 44, 346-361. <https://doi.org/10.1007/s10964-014-0156-1>
57. White, R. M. B., **Zeiders, K. H.**, Knight, G. P., Roosa, M. W., & Tein, J. Y. (2014). Mexican origin youths' trajectories of perceived peer discrimination from middle childhood to adolescence: Variation by neighborhood ethnic concentration. *Journal of Youth and Adolescence*, 43, 1700-1714. <https://doi.org/10.1007/s10964-014-0098-7>

58. Updegraff, K., McHale, S. M., **Zeiders, K. H.**, Umaña-Taylor, A.J., *Perez-Brena, N. J.*, Wheeler, L. A., & Rodriguez, S. A. (2014). Mexican-American adolescents' gender role attitude development: The role of adolescents' gender and nativity and parents' gender role attitudes. *Journal of Youth and Adolescence*, 43, 2041-2053. doi:10.1007/s10964-014-0128-5
59. **Zeiders, K.H.** Hoyt, L. T., & Adam, E. K. (2014). Associations between self-reported discrimination and diurnal cortisol rhythms among young adults: The moderating role of racial-ethnic minority status. *Psychoneuroendocrinology*, 50, 280-288. <https://doi.org/10.1016/j.psyneuen.2014.08.023>
60. Whiteman, S., **Zeiders, K. H.**, Killoren, S., Updegraff, K. A., & *Rodriguez, S. A.* (2014). Sibling influence in Mexican-origin adolescents' deviant and sexual risk behaviors: The role of sibling modeling. *Journal of Adolescent Health*, 54, 587-592. <https://doi.org/10.1016/j.jadohealth.2013.10.004>
61. Doane, L. D. & **Zeiders, K. H.** (2014). Contextual moderators of momentary cortisol and negative affect in adolescents' daily lives. *Journal of Adolescent Health*, 54, 536-542. <https://doi.org/10.1016/j.jadohealth.2013.10.007>
62. **Zeiders, K. H.**, Upedgraff, K., Umaña-Taylor, A. J, Wheeler, L. A., *Perez-Brena, N. J.*, & *Rodriquez, S. A.* (2013). Mexican-origin youths' trajectories of depressive symptoms: The role of familism values. *Journal of Adolescent Health*, 53, 648-654. <https://doi.org/10.1016/j.jadohealth.2013.06.008>
63. Nair, R. L., White, R. M. B., Roosa, M. W., & **Zeiders, K. H.** (2013). Cultural stressors and mental health symptoms among Mexican Americans: A prospective study examining the impact of the family and neighborhood context. *Journal of Youth and Adolescence*, 42, 1611-1623. <https://doi.org/10.1007/s10964-012-9834-z>
64. White, R. M. B., **Zeiders, K. H.**, Gonzales, N. A., Tein, J. & Roosa, M. W. (2013). Cultural values, U.S. neighborhood danger, and Mexican American parents' parenting. *Journal of Family Psychology*, 27, 365 – 375. <https://doi.org/10.1037/a0032888>
65. Umaña-Taylor, A. J., **Zeiders, K. H.**, & Updegraff, K. A. (2013) Family ethnic socialization and ethnic identity: A family-driven, youth-driven, or reciprocal process? *Journal of Family Psychology*, 27, 137-146. <https://doi.org/10.1037/a0031105>
IF: 2.03; IF-4: 3.22; CC: 164
66. **Zeiders, K. H.**, Roosa, M. W., Knight, G. K., & Gonzales, N. A. (2013). Mexican American adolescents' profiles of risk and mental health: A person-centered longitudinal approach. *Journal of Adolescence*, 36, 603-612. <https://doi.org/10.1016/j.adolescence.2013.03.014>
67. **Zeiders, K. H.**, Umaña-Taylor, A. J., & *Derlan, C.L.* (2013). Trajectories of depressive symptoms and self-esteem in Latino youth: Examining the role of gender and discrimination. *Developmental Psychology*, 5, 951-963. <https://doi.org/10.1037/a0028866>
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BOOK CHAPTERS

1. Mitchell, S. N., Landor, A. M., & **Zeiders, K. H.** (2023). An exploratory study of the influence of marital attitudes and skin tone perceptions on romantic relationship quality of racial/ethnic minority young adults. In A. J. C. Hernández & S. L. Blair (Eds.), *Conjugal trajectories: Relationship beginnings, change, and dissolutions, Contemporary perspectives in family research*. Emerald Group Publishing Limited, pp. 1-23. DOI: <https://doi.org/10.1108/S1530-353520230000022001>
2. Delgado, M. Y., Nair, R. L., **Zeiders, K. H.**, & Jones, S. (2019). Latino adolescents' experiences with ethnic discrimination: Moderating factors and mediating mechanisms. In H. E. Fitzgerald, D. J. Johnson, D. B. Qin, F.A. Villarruel, & J. Norder (Eds) *Handbook on Children and Prejudice*.

COMMUNITY PUBLICATIONS (NON-REFERRED)

1. Levario, B., Idowu, E., Blockburger C., **Zeiders, K. H.**, & Wilkinson-Lee, A. (2021). Adolescents and COVID-19: School re-openings and mental health and academic challenges. *Francis McClelland Institute for Children, Youth and Families Research Briefs*. Published online: <https://fmi.arizona.edu/publications>.
2. **Zeiders, K. H.**, Wilkinson-Lee, A. (2024). Hijos Community Report: Understanding the impact of COVID-19 on adolescents and families within Southern Arizona.

MANUSCRIPTS UNDER REVIEW/REVISIONS AT REFERRED JOURNALS

1. Carbajal, S., **Zeiders, K. H.**, Toro, R. I., Wilkinson-Lee, A. M., Hoyt, L. T., & Landor, A. M. (under review). Developmental configurations of bicultural competence: A two-sample study. *Developmental Psychology*.
2. Berkley, S. Hoyt, L.T., **Zeiders, K. H.**, & Osman, K. M. (revise and resubmit). Ethnic-racial socialization and sociopolitical development among emerging adult college students of color.
3. Martinez-Fuentes, S., Hoyt, L. H., Marmolejos, J., Wilkinson-Lee, A., Landor, A. M., & **Zeiders, K. H.** (under review). Puberty and sociocultural experiences in Latine adolescents: Implications for early adolescents' psychosocial well-being.
4. Landor, A. M., **Zeiders, K. H.**, Brown, A. M., Osman, K., Sarsar, E. D., & Godwin, J. (revise and resubmit) How colorism gets "under the skin": The role of ethnic-racial discrimination and diurnal cortisol in the physical health of African American and Latinx young adults.
5. Osman, K. M., Martinez-Fuentes, S., **Zeiders, K. H.**, Landor, A. M., Wilkinson-Lee, A. M., & Hoyt, L. T. (revise and resubmit). Understanding the co-occurrence of colorism and ethnic-racial identity among Latinx adolescents.
6. **Zeiders, K. H.**, Pace, T. W. W., Cook, S., Sarsar, E., Hoyt, L. T., Ramella, K., & Osman, K. M. (under review). COVID-19 work stress and work-family conflict: Two studies of firefighters on the frontline of a public health emergency.
7. Updegraff, K. A., Kuo, S. I., McHale, S. M., **Zeiders, K. H.**, Wheeler, L. A., & Umaña-Taylor, A. J. (under review). How much sleep is enough? Curvilinear associations between Mexican-origin adolescents' sleep and adjustment.
8. Kim, S.Y., Wen, W., Coulter, K. M., Zhang, Y., Carbajal, S. C., & **Zeiders, K. H.** (under review). Mothers' and adolescents' bicultural management difficulties reciprocally relate to their depressive and anxiety symptoms.
9. Martinez-Fuentes, S., **Zeiders, K. H.**, Osman, K. M., Landro, A. M., Wilkinson-Lee, A. M., & Hoyt, L. T. (revise and resubmit). Ethnic-racial socialization and Latinx youths' sociopolitical development: Testing variability by reporter status and youths' age, gender and family immigrant status. *Journal of Early Adolescence*.

PRESENTATIONS

INVITED PRESENTATIONS

1. **Zeiders, K. H.**, Doane L. D., Hoyt, L. T., & Adam E. K. (September, 2025). Understanding cortisol in the wild: Measuring and modeling the impacts of social contexts on human diurnal cortisol rhythms and reactivity in naturalistic settings. Presidential Plenary Discussion at the International Society of Psychoneuroendocrinology Annual Conference, New Orleans, LA.

2. **Zeiders, K. H.** (April 2023). Society for Research on Adolescence, Meet the Scientist event. San Diego, CA.
3. Hoyt, L.T., **Zeiders, K.H.**, Suzuki, S., Cohen, A.K., & Ballard, P.J. (September, 2022). Young adults' disparate experiences of elections and civic engagement: How does sociopolitical stress get under the skin? Invited Symposium "Adolescence and Early Adulthood in Context" at the International Society of Psychoneuroendocrinology Annual Meeting, Chicago, IL.
4. **Zeiders, K. H.**, Pace, T. W., Sarsar, E., Cook, S. & Hoyt, L. T. (2021, April). *Pilot testing an app-based meditation intervention among firefighters during the Covid-19 pandemic*. Presented at the University of Arizona, College of Agriculture and Life Sciences Dean Advisory Panel.
5. Sarsar, E., **Zeiders, K. H.**, Pace, T. W. & Cook, S. (Nov, 2020) *Pilot testing an app-based meditation intervention among firefighters during the Covid-19 pandemic*. Presented at the University of Arizona Health Sciences Center COVID-19 Symposium.
6. **Zeiders, K. H.** (2017, October). *Young adults' psychological and physiological response to the 2016 U.S. Presidential election*. Invited talk: College of Agricultural and Life Sciences Frontiers in Science Lecture series. University of Arizona, Tucson, AZ.
7. **Zeiders, K. H.** (2015, November). *Sociocultural stressors, physiology, and Latino youth and family well-being*. Invited talk to the Developmental Psychology Brown Bag series, University of Missouri.
8. **Zeiders, K. H.**, (March, 2015). *Parenting and academia: Discussion about the challenges and opportunities*. Student and Early Career Council Coffee hour. Society for Research on Child Development.
9. **Zeiders, K. H.** (2014, October). *Latino/a families: Understanding culturally relevant challenges and resources*. Presented at the NACCS Midwest FOCO: Latinas & Latinos in the Midwest: Past, Present, & Future Conference, Kansas City, MO.
10. **Zeiders, K. H.** (August, 2014). *Sociocultural stressors and Latino youth adjustment*. Invited talk to the Center for Families across Culture series, University of Missouri

REFERRED INVITED CHAIRED SESSIONS AT NATIONAL AND INTERNATIONAL CONFERENCES

1. Cook, S., & **Zeiders, K. H.**, (April, 2021). The Construction of the Other Pre-conference. The Society for Research on Child Development virtual conference. Invited co-moderators of break out rooms.
2. Yoo, H.C., & **Zeiders, K. H.** (March, 2019). White Young Adults' Ideologies, Attitudes and Responses to Racism. Paper Discussion Symposium Co-Chair at the 2019 Society for Research on Child Development Biennial Meeting, Baltimore, MD.
3. Perez-Brena N. & **Zeiders, K. H.** (April, 2017). Person-Centered Approaches to Understanding Context and Development in Latino Youth. Paper Discussion Symposium Co-Chair at the 2017 Society for Research on Child Development Biennial Meeting, Austin, TX
4. **Zeiders, K. H.** (March, 2016). Discrimination Sleep and Youths' Well-Being. Paper Discussion Symposium Chair at the 2016 Society for Research on Adolescence, Baltimore, MD.
5. White, R. M., B., & **Zeiders, K. H.** (March, 2014). Cultural Values and Youth Adjustment: Longitudinal Examinations of Mediating Processes and Moderating Factors. Paper Discussion Symposium Co-Chair at the 2014 Society for Research on Adolescence Biennial Meeting, Austin, TX

6. Doane, L.D. & **Zeiders, K.H.** (March, 2012). Health Disparities in Disadvantaged Adolescents: Exploring the Physiological Pathways of Interpersonal and Environmental Stressors. Paper Discussion Symposium Co-Chair at the 2012 Society for Research on Adolescent Development Biennial Meeting, Vancouver, Canada.

REFERRED PAPERS PRESENTED AT NATIONAL/INTERNATIONAL CONFERENCES

1. Martinez-Fuentes, S., Wilkinson-Lee, A., **Zeiders, K. H.**, Landor, A. M., Osman, K., Carbajal, S., Sarsar, E. D., & Hoyt, L. H. (2025, November). Family stress model in the context of the COVID-19 pandemic: Family cohesion-source of resilience among Latinx families [Paper presentation]. National Council on Family Relations Annual Conference, Baltimore, MD, United States.
2. Marmolejos, J., Landor, A.M. & **Zeiders, K.H.** (2024, November). No hablo Español: Language use and ethnic identity affirmation affecting Latine young adults self-esteem. National Council of Family Relations (NCFR), Bellevue, WA.
3. Martinez-Fuentes, S., **Zeiders, K. H.**, Hoyt, L. T., Landor, A. M., Wilkinson-Lee, A. M. (2024, May). Online discrimination, preparation for bias and Latinx youths' critical consciousness: Moderation by ethnic-racial identity components [Poster presentation]. Society for Research in Child Development Anti-Racist Developmental Science Summit: Transforming Research, Practices, and Policies, Panama City, Panama.
4. Osman, K. M., **Zeiders, K. H.**, Landor, A. M., Wilkinson-Lee, A. M., Martinez-Fuentes, S. & Hoyt, L. T. (2025, May). The interplays of racism, colorism, and gender on the ethnic-racial identity of Latinx youth. Paper to be presented at the Society for Research on Child Development 2025 Annual Conference.
5. Marmolejos, J., Landor, A.M., **Zeiders, K. H.**, Wilkinson-Lee, A. M., & Hoyt (Nov, 2023). How feelings of familism differ according to gender and skin tone among Latinx adolescents. Poster presentation at the National Conference for Family Relations, Orlando, CA.
6. Sarsar, E., **Zeiders, K. H.**, Hoyt, L. T., Wilkinson-Lee A. M., & Landor, A. M. (2023, August). Racial discrimination, coping, diurnal cortisol: A daily diary study among Latinx adolescents in the U.S. International Society of Psychoneuroendocrinology, London, England.
7. Berkley, S., **Zeiders, K. H.**, Osman, K. M., & Hoyt, L. T. (2023, June). Ethnic-racial socialization and civic engagement: Collegiate emerging adults of color. Paper presented at the Emerging Adulthood Biennial meeting, San Diego, CA.
8. Marmolejos, J., Landor, A.M, **Zeiders, K.H.**, Wilkinson-Lee, A. & Hoyt, L.H. (2023, April) Pubertal development, gender, and skin tone as factors that affect perceived parental warmth among Latinx adolescents. Society of Research on Adolescence (SRA), San Diego, CA.
9. Osman, K. M., **Zeiders, K. H.**, Wilkinson-Lee, A. M., Landor, A. M., & Hoyt, L. T. (2023, April). Understanding the co-occurrence of colorism and ethnic-racial identity among Latinx adolescents. Paper presented at the Society for Research on Adolescence (SRA) 2023 Annual Meeting, San Diego, CA.
10. Sarsar, E.D., **Zeiders, K.H.**, Hoyt, L. T., Wilkinson-Lee, A., & Landor, A. M. (2023, April). Experiences of police discrimination among Latinx youth: moderating role of social support and gender. Poster presented at the Society for Research on Adolescence, San Diego, CA.
11. Patel, N., **Zeiders, K. H.**, Sarsar E., & Hoyt, L. T. Young Adults' Negative Life Events and Mental Health: Examining Self-Compassion and Social Support as Protective Factors. Poster presentation submitted to ResilienceCon 2022 conference.
12. Osman, K., Yazdani, N., Forbes, N., Romero, E., Rosario, V., Uribe, J., Hoyt, L. T., Landor, A. M. L, Wilkinson-Lee, A. M., & **Zeiders, K. H.** (2022, April). Black lives matter movement and experiences

- among Latinx families: A mixed method approach. Poster presentation. Special Topics Meeting: Society for Research in Child Development Conference, Rio Grande, Puerto Rico.
13. Sarsar, E., **Zeiders, K.H.**, Wilkinson-Lee, A., Hoyt, L.T., & Landor, A.M. (2022, May). Online racial discrimination and mental health among Latinx adolescents: The moderating role of ethnic-racial identity and self-compassion. Poster presentation. Special Topics Meeting: Society for Research in Child Development Conference, Rio Grande, Puerto Rico.
 14. Carbajal, S., **Zeiders, K. H.**, & Kim, S. Y. (2022, May). Examining U.S. Mexican-origin mothers and youths' bicultural difficulties and concurrent depressive and anxiety symptoms. Poster presentation. Special Topics Meeting: Society for Research in Child Development Conference, Rio Grande, Puerto Rico.
 15. Allen, K., Pool, J. Landor, A. M., & **Zeiders, K. H.** (2022, May). Love's true colors: How self-esteem and skin tone impact relationship quality of African American and Latino young adults. Poster presentation. Special Topics Meeting: Society for Research in Child Development Conference, Rio Grande, Puerto Rico.
 16. Osman, K., Yazdani, N., Forbes, N., Romero, E., Rosario, V., Uribe, J., Hoyt, L. T., Landor, A. M. L, Wilkinson-Lee, A. M., & **Zeiders, K. H.** (2022, April). Black lives matter movement and experiences among Latinx families: A mixed method approach. Poster presentation. Special Topics Meeting: Society for Research in Child Development Conference, Rio Grande, Puerto Rico.
 17. Sarsar, E., **Zeiders, K.H.**, Wilkinson-Lee, A., Hoyt, L.T., & Landor, A.M. (2022, May). Online racial discrimination and mental health among Latinx adolescents: The moderating role of ethnic-racial identity and self-compassion. Poster presentation. Special Topics Meeting: Society for Research in Child Development Conference, Rio Grande, Puerto Rico.
 18. Idowu, E., Osman, K., **Zeiders, K. H.**, Hoyt, L. T., & Shane, J. (November, 2021). Examining the relationship between community engagement and mental health in White college students and students of color. Poster presentation at the Society for Study of Emerging Adulthood Annual virtual conference.
 19. Osman, K., **Zeiders, K. H.**, & Landor, A. M. (November, 2021). Racial discrimination, ethnic-racial socialization, and ethnic-racial identity among Black and Latinx emerging adults. Poster presentation at the Society for Study of Emerging Adulthood Annual virtual conference.
 20. Carbajal, S., **Zeiders, K. H.**, & Landor, A. M. (November, 2021). Linking ethnic identity and bicultural competence: Implications for well-being among Latinx college students. Poster presentation at the Society for Study of Emerging Adulthood Annual virtual conference.
 21. Smith, J., Brown, A. M., Landor, A. M., **Zeiders, K. H.** (November, 2021). Examining racial socialization, racial discrimination, and skin tone as predictors of intergroup contact in African American and Latinx young adults. Poster presentation at the National Council on Family Relations Conference, virtual due to COVID-19.
 22. Brown, A. M., Landor, A. M., **Zeiders, K. H.** (November, 2021). "Colorizing friendship": The association between racial discrimination, within-group discrimination, and skin tone and minority college students' interracial friendships. Paper presentation at the *National Council on Family Relations Conference*, virtual due to COVID-19.
 23. Berkely, S. Landor, A. M., **Zeiders, K. H.**, Davenport, M. (November, 2021) Racial microaggressions and sleep among African American and Latinx young adults: Examining ethnic-racial socialization as a moderator. Poster presentation at the National Council on Family Relations 2021 Biennial Conference.

24. Sarsar, E., **Zeiders, K. H.**, Pace, T.W.W., Cook, S.H., & Hoyt, L.T. (September, 2021). Pilot Testing an App-Based Meditation Intervention Among Firefighters During the COVID-19 Pandemic. Poster presentation at the 2021 International Society of Psychoneuroendocrinology conference, virtual meeting
25. Sarsar, E. **Zeiders, K. H.**, Landor, A. M., & Osman, K. (April, 2021). Within-person association between racial microaggressions and mental health among emerging adults. Poster presented at the Society of Child Development conference, virtual format.
26. Carbajal, S., Delgado, M. Y., Nair, R. L., & **Zeiders, K. H.** (April, 2021). Bicultural competence, gender and psychosocial functioning among Latinx early adolescents. Poster presented at the Society of Child Development conference, virtual format.
27. Osman, K. **Zeiders, K. H.**, Landor, A. M., & Sarsar, E. (April, 2021). Racial microaggressions and alcohol consumption among African American and Latinx Emerging adults. Poster presented at the Society of Child Development conference, virtual format.
28. Dull, B.D., Hoyt, L.T., **Zeiders, K.H.**, Grzanka, P.R. (May, 2020). Pathways to civic action for racially privileged emerging adults: Social responsibility as a moderator. Poster presented at the Association for Psychological Science Annual Meeting, Chicago, IL (Virtual poster session).
29. Dull, B., Hoyt, L. T., **Zeiders K. H.**, & Grzanka, P. (2020, March). Racial privilege and civic engagement: Can white guild motivate action? Poster presented at The Society of Research on Adolescence, San Diego, CA.
30. Niu, L., Hoyt, L. T., Shane, J. & **Zeiders, K. H.** (2020, March). Past, present, and future subjective social status: Associations with young adults' well-being. Paper accepted to The Society of Research on Adolescence, San Diego, CA.
31. Austin, M. W., Toomey, R. B., Hoyt, L T., & **Zeiders, K. H.** (2020, March). Profiles of prejudicial and affirmative groups beliefs and their contribution to college students' health. Paper accepted to The Society of Research on Adolescence, San Diego, CA.
32. Hoyt, L. T., Chaku, N., **Zeiders, K. H.**, Tynes, M., & Smith P. (2020, March). Psychobiological functioning during a period of heightened sociopolitical stress: implications for young adult health. Paper accepted to The Society of Research on Adolescence, San Diego, CA.
33. Brown, A., M., Landor, A. M., & **Zeiders, K. H.** (2019, October). Coping with double jeopardy: The association between racial discrimination, aggressive coping, skin tone, and psychosocial health. Paper presented at the National Conference for Family Relations. Fort Worth, TX
34. Berkel, S., M., Landor, A. M., & **Zeiders, K. H.** (2019, October). Seeing racism and colorism as trauma: Investigating the effects of skin tone and racial socialization on relations between discrimination and street code. Paper presented at the National Conference for Family Relations. Fort Worth, TX
35. Davenport, M., Landor, A. M., & **Zeiders, K. H.** (2019, October). The blacker the berry the poorer the sleep: Investigating the influence of skin tone and racial discrimination on psychological health. Paper presented at the National Conference for Family Relations. Fort Worth, TX.
36. Coulter, K. Cruze, A. N., Thomas, R., Carbajal, S., Delgado, M. Y., Nair, R. L., & **Zeiders, K. H** (2019, March). Multiple contextual identities of Latinx adolescents: Examining ethnic and STEM identities. Poster presented at Society for Research on Child Development. Baltimore, MD
37. White, R. M. B., **Zeiders, K. H.**, & Safa, M. D. (2019, March). The role of neighborhood context in shaping diverse youth development. Paper presented at the Society for Research on Child Development. Baltimore, MD.

38. Berkley, S. Landor, A. M., & **Zeiders, K. H.** (2019, March). Ethnic-racial socialization, identity, and self-esteem: Analyzing a structural model for African American and Latino students. Poster presented at Society for Research on Child Development. Baltimore, MD
39. Brown, A. M., Landor, A. M., & **Zeiders, K. H.** (2019, March). "Judging a book by its cover": White phenotype, discrimination and psychosocial health. Poster presented at Society for Research on Child Development. Baltimore, MD.
40. **Zeiders, K. H.**, Umaña-Taylor, A. J., Martinez-Fuentes, S. Updegraff, K. A., Bayless, S. D., & Jahromi, L. (2019, March). Latina/o youths' ethnic-racial discrimination experiences in the U.S. southwest. Paper presented at the Society for Research on Child Development. Baltimore, MD.
41. **Zeiders, K. H.**, Yoo, H. C., Parks, S. J., Cruze, A., Delgado, M. Y., & Toomey, R. B. (2019, March). Color-blind racial attitudes and psychosocial cost of racism to White young adults. Paper presented at the Society for Research on Child Development. Baltimore, MD.
42. **Zeiders, K. H.**, Nair, R. L., Hoyt, L. T., & Pace, T. W. W. (2018, Sept). Latino adolescents' psychological and physiological response to the 2016 U.S. presidential election. Paper presented at the International Society of Psychoneuroendocrinology. Newport Beach, CA.
43. **Zeiders, K. H.**, Hoyt, L. T., & Chaku, N. (2018, April). Youths' physiological and psychological reactions to the 2016 U.S. presidential election. Paper presented at the Society for Research on Adolescence. Minneapolis, MN.
44. Chaku, N., Hoyt, L. T., **Zeiders, K. H.**, & McKay, T. (2018, April). Young adults' experiences of discrimination and sleep quality in the context of the 2016 presidential election. Paper presented at the Society for Research on Adolescence. Minneapolis, MN.
45. Landor, A. M., & **Zeiders, K. H.** Skin tone, skin tone satisfaction, and ethnic-racial identity: Implications for African American and Latino young adults' health. Paper presented at the Society for Research on Adolescence. Minneapolis, MN.
46. Updegraff, K. A., **Zeiders, K. H.**, Umaña-Taylor, A. J., & Cahill, K. (2018, April). Mexican-origin adolescents' gender role attitudes and educational outcomes. Paper presented at the Society for Research on Adolescence. Minneapolis, MN.
47. Shramko, M. **Zeiders, K. H.**, Hoyt, L. T., & Toomey, R. B. (2018, April). Civic engagement and the 2016 Presidential Election: Trajectories of climate and civic development of diverse university students. Poster presented at the Society for Research on Adolescence. Minneapolis, MN.
48. Landor, A. M., **Zeiders, K. H.**, Davis, A., & Streit, C. (2017, April). Development and validation of a within-group discrimination scale for African American and Latino young adults. Poster presented at the Society for Research on Child Development. Austin, TX.
49. **Zeiders, K. H.**, Davis, A., Carlo, G., Schwartz, S., & Castillo, L. G. (2017, April) Latino Young Adults' Co-Occurrence of Stressors and Well-Being: A Person-Centered Approach. Paper presented at the Society for Research on Child Development. Austin, TX.
50. **Zeiders, K. H.**, & Landor, A. M. (2017, April). Microaggressions and Diurnal Cortisol: Weekly Association Among African American and Latino Young Adults. Paper presented at the Society for Research on Child Development. Austin, TX.

51. Updegraff, K., Kuo, S.I., **Zeiders, K. H.**, Wheeler, L., McHale, S. Umana-Taylor, A. J. (2017, April). Sleep and Adjustment among Mexican-origin Adolescents: Testing Curvilinear Associations. Paper presented at the Society for Research on Child Development. Austin, TX.
52. Sim, L., S. Y. Kim, M. Zhang, & **Zeiders, K. H.** (2017, April). Acute Salivary Cortisol Response to a Translating Activity in Mexican-American Adolescent Language Brokers. Paper presented at the Society for Research on Child Development. Austin, TX.
53. Chen, S., Kim, S. Y., **Zeiders, K. H.**, & Hou, Y. (2017, April). Parenting profiles of Mexican Americans as indicated by general parenting dimensions and parental cultural socialization. Poster presented at the Society for Research on Child Development, Austin, TX.
54. **Zeiders, K. H.** (2016, March). Longitudinal relations between discrimination, daily sleep quality and stress, and Mexican-origin youths' internalizing symptoms. Paper presentation at the Society for Research on Adolescence Biennial Conference.
55. **Zeiders, K. H.**, Updegarff, Kuo, S. I., & Umaña-Taylor, A. J. (2016, May). Ethnic discrimination and Mexican-origin young adults' sleep patterns and depressive symptoms: The role of cultural orientations. Paper presentation at the Society for Research on Adolescence Biennial Conference.
56. Rodríguez De Jesús, S. A., Updegraff, K. A., **Zeiders, K. H.**, McHale, S. M., & Umaña-Taylor, A. J. (2015, November) Mexican-origin siblings' intimacy and familism values from adolescence to young adulthood. Paper presentation at the National Council for Family Relations. Vancouver, BC.
57. Hoyt, L. T., **Zeiders, K. H.**, Ehrlich, K. B., & Adam, E. K. (2015, May). Transactions among emotion and cortisol activity in naturalistic setting. Paper presentation at the Association for Psychological Science 27th Annual Convention. New York, NY.
58. **Zeiders, K. H.**, Umaña-Taylor, A. J, Updegraff, K. A., & Jahromi, L. B. (2015, March). Family sociocultural stressors, parenting behaviors, and children's well-being: A longitudinal examination from pregnancy to IF-5s postpartum. Paper presentation at the Society for Research on Child Development, Philadelphia, PA.
59. Jahromi, L. B., Umana-Taylor, A. J., Updegraff, K. A., & **Zeiders, K. H.** (2015, March). Trajectories of developmental functioning among children of adolescent mothers: Factors associated with delay and recovery. Poster presentation at the Society for Research on Child Development, Philadelphia, PA.
60. Carlo, G., White, R. M. B., Streit, C., **Zeiders, K. H.**, & Knight, G. K. (2015, March). Longitudinal relations among parenting styles, prosocial behaviors, and academic achievement in Mexican American youth. Poster presentation at the Society for Research on Child Development, Philadelphia, PA.
61. Jahromi, L. G., **Zeiders, K. H.**, Umana-Taylor, K. A., & Umana-Taylor, A. J. (2015, March). Effortful control mediates the link between coparenting conflict and academic readiness for children of teen mothers. Paper presentation at the Society for Research on Child Development, Philadelphia, PA.
62. Derlan, C. L., Umaña-Taylor, A. J, **Zeiders, K. H.**, Updegraff, K. A., & Jahromi, L. B. (2015, March). Examining the prospective association between ethnic discrimination and ethnic-racial identity using a within-person approach. Poster presentation at the Society for Research on Child Development, Philadelphia, PA.

63. Grzanka, P. R., Miles, J. R., & **Zeiders, K. H.** (2015, November). The limits of “born this way”: Reconsidering sexual orientation beliefs and attitudes. Poster session presented at the National Multicultural Conference and Summit, Atlanta, GA
64. White, R. M. B., Updegraff, K. A., Umaña-Taylor, A. J, **Zeiders, K. H.**, Perez Brena, N., & Burleson, E. (November, 2014). Mexican-origin Youths’ cultural trajectories in community and family contexts. Paper presentation at the 76th annual National Council on Family Relations Conference, Baltimore, MD
65. **Zeiders, K. H.**, Umaña-Taylor, A. J, Jahromi, L. B., & Updegraff, K. A. (2014, November). Intergenerational benefits of familism values for Mexican-origin families. Poster presentations at the 76th annual National Council on Family Relations Conference, Baltimore, MD.

NON-REFERRED PAPERS PRESENTED AT CONFERENCES

Note: Undergraduate student names are underlined and in italics; graduate students are in italics only

- Carbajal, S., **Zeiders, K. H.**, Wilkinson-Lee, A. M., Hoyt, L T., & Landor, A. M.* (2023, April). Coalescing race, ethnicity, and culture to inform research on US Latinx youth. Francis McClelland Institute Spring 2023 Poster Showcase, Tucson, AZ.
- Sarsar, E.D., **Zeiders, K.H.**, Hoyt, L. T., Wilkinson-Lee, A., & Landor, A. M.* (2023, April). Experiences of police discrimination among Latinx youth: moderating role of social support and gender. Francis McClelland Institute Spring 2023 Poster Showcase, Tucson, AZ.
- Osman, K., Yazdani, N., Forbes, N., Romero, E., Rosario, V., Uribe, J., Hoyt, L. T., Landor, A. M. L, Wilkinson-Lee, A. M., & **Zeiders, K. H.*** (2022, April). Black lives matter movement and experiences among Latinx families: A mixed method approach. Poster presentation. Francis McClelland Institute Spring 2022 Poster Showcase, Tucson, AZ.
- Sarsar, E., **Zeiders, K.H.**, Wilkinson-Lee, A., Hoyt, L.T., & Landor, A.M.* (2022, April). Online racial discrimination and mental health among Latinx adolescents: The moderating role of ethnic-racial identity and self-compassion. Francis McClelland Institute Spring 2022 Student Poster Showcase, Tucson, AZ.
- Perez, R., Toomey, Anhalt, K. Osman, K. & **Zeiders, K. H.*** (April, 2021). The role of self-esteem and networks’ views of LGBTQ+ on the relationship between preparation for heterosexist bias and internalized homonegativity among Latinx sexual minority youth. Poster presentation at the 2021 Francis McClelland Institute Student Poster Colloquium, University of Arizona.
- Cruz Castorena, D., Carbajal, S., & **Zeiders, K. H.*** (August, 2020). The role of family and friendship support on emerging adults’ mental health and self-compassion. Poster presentation at the 2020 Ronald E. McNair Achievement Program
- Evelyn SarSar, **Zeiders, K. H.**, & Landor, A. M* (May, 2020) The role of racial microaggression on academic belonging among African American and Latino/a college students. Poster presentation at the 2018 Francis McClelland Institute Student Poster Colloquium, University of Arizona.
- Molina, K. A., Sarsar, E., Carbajal, S., **Zeiders, K. H.**, & Landor, A. M.* (May, 2020) Traditional gender role attitudes and mental health among Latinx and African American young adults. Poster presentation at the 2018 Francis McClelland Institute Student Poster Colloquium, University of Arizona.
- Castorena, D. C., Sarsar, E., Carbajal, S., **Zeiders, K. H.**, & Landor, A. M.* (May, 2020) The role of friendship quality and romantic relationship satisfaction on mental health and academic aspirations. Poster presentation at the 2018 Francis McClelland Institute Student Poster Colloquium, University of Arizona.

- Kubela, A., Sarsar, E., Carbajal, S., **Zeiders, K. H.**, & Landor, A. M. (May, 2020) Traumatic life events and quality of romantic relationships. Poster presentation at the 2018 Francis McClelland Institute Student Poster Colloquium, University of Arizona.
- Zeiders, K. H.**, Hoyt, L. T., *Chaku, N.*, Toomey, R. B., & Nair, R. L. (2018, March). Young adults' physiological and psychological reactions to the 2016 U.S. presidential election. Poster presentation for the University of Arizona, College of Agriculture and Life Science Poster Forum.
- Evelyn SarSar*, **Zeiders, K. H.**, & Landor, A. M (October, 2019) The role of racial microaggression on academic belonging among African American and Latino/a college students. Poster presentation at the Graduate Student Poster Symposium, The University of Arizona.
- Tsosie, A., **Zeiders, K. H.**, *Pech A. S.*, Nair, R. L., & Hoyt, L. T. (April, 2018). The role of family and friend support in Latino adolescents' ethnic identity development. Poster presentation at the 2018 Francis McClelland Institute Student Poster Colloquium, University of Arizona.
- Rivero, A., **Zeiders, K. H.**, *Pech, A. S.*, Nair, R. L., & Hoyt, L. T. (April, 2018). The 2016 presidential election's impact on adolescents' anxiety and somatic symptoms. Poster presentation at the 2018 Francis McClelland Institute Student Poster Colloquium, University of Arizona.
- Garcia, G. E. **Zeiders, K. H.**, *Pech, A. S.*, Nair, R. L., & Hoyt, L. T. (April, 2018). Parent/youths' traditional gender role attitudes and mental health. Poster presentation at the 2018 Francis McClelland Institute Student Poster Colloquium, University of Arizona.
- Brangwin, E., *Etscheid, C.*, *Garcia, G.*, *Koleski, A.*, *Wilson, E.*, **Zeiders, K. H.**, Toomey, R., & Hoyt, L.T. (April, 2017). Race/ethnic differences in academic belonging among university undergraduate students. Poster presentation at the 2017 Francis McClelland Institute Student Poster Colloquium, University of Arizona.
- Etscheid, C., Toomey, R. B., **Zeiders, K. H.**, & Hoyt, L. T. (April, 2017). The association between perceived discrimination and sleep quality among college students. Poster presentation at the 2017 Francis McClelland Institute Student Poster Colloquium, University of Arizona.
- Turner, K. A., Bibbs, D. L., Slaughter, C. D., **Zeiders, K. H.**, Landor, A. M., & Davis, A. N. (April, 2016). Correlations between discrimination and Latino and African American college students' academic aspirations, expectations, and satisfaction. Poster presentation at the 2016 University of Missouri Undergraduate Research & Creative Achievements Forum. ** Award for Excellence in Undergraduate Research—Honorable Mention**
- Janssen, J., Holloway, K., Slaughter, C. D., **Zeiders, K. H.**, Landor, A. M., & Davis, A. N. (April, 2016). Does love have color? A study exploring openness to interracial relationships and discrimination experiences. Poster presentation at the 2016 University of Missouri Undergraduate Research & Creative Achievements Forum.

PRESENTATIONS LISTED BELOW THE LINES OCCURRED PRIOR TO ASSISTANT PROFESSORSHIP AND ARE NOT NUMBERED

- Zeiders, K. H.**, Updegraff, K. A., Umaña-Taylor, A. J, McHale, S. M., & Padilla, J. (2014, March) Familism values, family time, and youths' adjustment: Examining longitudinal relations among Mexican American youth. Paper presented at the Society for Research on Adolescence Conference, Austin, TX.
- Zeiders, K. H.**, Hoyt, L. T., & Adam, E. K. (2014, March). Associations between Everyday Discrimination and Diurnal Cortisol Rhythms: The Moderating Role of Racial-Ethnic Minority Status. Paper presented at the Society for Research on Adolescence Conference, Austin, TX.

- Zeiders, K. H.**, Umaña-Taylor, A.J., Updegraff, K.A., & Jahromi, L.B. (2014, March). Cultural adaptation stress, depressive symptoms, and maternal warmth: Examining within-person relations among Mexican-origin adolescent mothers. Paper presented at the Society for Research on Adolescence Conference, Austin, TX.
- Doane, L. D. & **Zeiders, K. H.** (2014, March) Momentary Negative Affect and Cortisol in Adolescence: The Moderating Role of Perceived Discrimination. . Paper presented at the Society for Research on Adolescence Conference, Austin, TX.
- Rodríguez, S. A., **Zeiders, K. H.**, Updegraff, K. A., McHale, S. M., Umaña-Taylor, A. J., & Padilla, J. (2014, March). The role of siblings in Mexican American youths' cultural socialization in young adulthood. Paper presented at the Society for Research on Adolescence Conference, Austin, TX.
- White, R. W., **Zeiders, K. H.**, Roosa, M. W., & Gonzales, N. A. (2014, March). Exploring the Enclave Paradox: Neighborhood Ethnic Concentration and Mexican American Adolescent Trajectories of Discrimination. Paper presented at the Society for Research on Adolescence Conference, Austin, TX.
- Wheeler, L. A., **Zeiders, K. H.**, Updegraff, K. A., Umaña-Taylor, Rodriguez, S. A., & Perez-Brena, N. J. (2014, March). Familism values linked with Mexican-origin youths' trajectories of risk taking behavior from adolescence to early adulthood. Poster presented at the Society for Research on Adolescence Conference, Austin, TX.
- Updegraff, K. A., Perez-Brena, N., Wheeler, L., Umaña-Taylor, A. J., Rodriguez, S. A., Zeiders, K. H., & Kuo, S. (2014, March). Mothers' and fathers' involvement in Mexican American youth's romantic relationships. Poster presented at the Society for Research on Adolescence Conference, Austin, TX.
- Harvey-Mendoza, E.C., Umaña-Taylor, A.J., Derlan, C. L., **Zeiders, K. H.**, Updegraff, K.A., Jahromi, L.B. (2014, March). Contextual influences on Mexican-origin teen mothers' values and ethnic identity. Poster presented at the Society for Research on Adolescence Conference, Austin, TX.
- Doane, L. D., & **Zeiders, K. H.** (2013, October). Vulnerability and protective factors that moderate momentary emotion-cortisol associations in adolescence. Paper presented at the APA annual convention, Honolulu, HI.
- Zeiders, K. H.**, Roosa, M. W., Knight, G. P., & Gonzales, N. A. (2013, November). Longitudinal implications of risk profiles for Mexican-origin Youth. Paper presented at the 75th annual National Council on Family Relations Conference, San Antonio, TX.
- Derlan, C. L., Umaña-Taylor, A. J., Updegraff, K. A., Jahromi, L. B., & **Zeiders, K. H.** (2013, November). *Values and stressors as predictors of ethnic socialization behaviors*. Paper presented at the 75th annual National Council on Family Relations Conference, San Antonio, TX.
- Bravo, D., Umaña-Taylor, A., **Zeiders, K. H.**, Updegraff, K., Jahromi, L., Harvey-Mendoza, E. (2013, November). Implications of Mother-Adolescent Relationships across Economic Hardship Classes. Poster presented at the annual 75th National Council on Family Relations Conference, San Antonio, TX.
- Harvey-Mendoza, E.C., Bravo, D.Y., **Zeiders, K.H.**, Umaña-Taylor, A.J., Updegraff, K.A., Jahromi, L.B. (2013, November). Language competency pressures among Mexican-origin mother-daughter dyads. Paper presented at the 75th annual National Council on Family Relations Conference, San Antonio, TX.

- Zeiders, K. H., Updegraff, K., Umaña-Taylor, A. J.** (2013, March) Mexican American Youth's Trajectories of Depressive Symptoms: The Role of Familism Values. Poster presented at the 2013 Society for Research on Child Development biannual meeting. Seattle, WA.
- Umaña-Taylor, A. J., Zeiders, K. H., & Updegraff, K. (2012, October). Family ethnic socialization and ethnic identity: A family-driven, youth-driven, or reciprocal process? Paper presented at the 2012 National Conference of Family Relations. Phoenix, AZ.
- White, R. M. B., **Zeiders, K. H.**, Gonzales, N. A., Tein, J., Roosa, M. W., & Knight, G. K. (2012, October). A person-centered Approach to Socialization Among Mexican-American Families. Paper presented at the 2012 National Conference of Family Relations. Phoenix, AZ.
- Zeiders, K. H.**, Doane, L. D., & Roosa, M. W. (2012, March). Perceived discrimination, diurnal cortisol profiles, and gender: Examining relations among Mexican American adolescents. Paper presented at the 2012 Society for Research on Adolescence biannual meeting. Vancouver, Canada.
- White, R. M. B., **Zeiders, K. H.**, Gonzales, N. A., Tein, J., & Roosa, M. W. (2012, March). Adolescent adjustment and Mexican origin parents' parenting styles. Paper to be presented at the 2012 Society for Research on Adolescence biannual meeting. Vancouver, Canada.
- Tein, J. Y., Knight, G. K., Roosa, M. W., **Zeiders, K. H.**, & White, R. M. B. (2012, February). Testing Measurement Equivalence and Stability in Longitudinal Data. Paper to be presented at 2012 SRCD Themed Meeting: Developmental Methodology.
- White, R. M. B., **Zeiders, K. H.**, Gonzales, N. A., Tein, J., & Roosa, M. W. (2011, November). Neighborhood variability of Mexican origin parents' parenting styles. Paper presented at the annual meeting of the National Conference of Family Relations, Orlando, Florida.
- Simon, C. D., **Zeiders, K. H.**, Doane Sampey, L., & Adam, E. K. (2011, October). Modeling day-to-day changes in diurnal cortisol rhythms using 3-level lagged multilevel models reveals reciprocal relations among sleep, cortisol, affect and wellbeing. Paper presented in the session, Statistical approaches to characterize stress using salivary cortisol, at the annual American Public Health Association Meeting, Washington, D.C.
- Zeiders, K. H.**, & Umaña-Taylor, A. J. (2011, March). Latino adolescent trajectories of self-esteem and depression. Examining variation by individual and cultural factors. Paper presented at the biannual meeting of the Society for Research on Child Development, Montreal, Canada.
- Zeiders, K. H.**, Doane, L. D., & Adam, E. K. (2011, March). Reciprocal relations between objectively measured sleep and diurnal cortisol in late adolescents. Paper presented at the biannual meeting of the Society for Research on Child Development, Montreal, Canada.
- Zeiders, K. H.**, Roosa, M. W., White, R. M. B., & Nair, R. L. (2011, March). Trajectories of discrimination in Mexican American youth. Paper presented at the biannual meeting of the Society for Research on Child Development, Montreal, Canada.
- Zeiders, K. H.**, Adam, E. K., & Doane, L. D. (2010, March). Objectively measured sleep and cortisol diurnal rhythms in late adolescents. Poster presented at biannual meeting of the Society of Research on Adolescence, Philadelphia, PA.
- Zeiders, K. H.**, & Roosa, M. W. (2010, March). A person centered approach to understanding Mexican American adolescent stressors. Poster presented at biannual meeting of the Society of Adolescent Research, Philadelphia, PA.

- Zeiders, K. H.**, Roosa, M. W., & Tein, J. (2009, November). Mexican American single parent families and the role of familism. Poster presented at the annual meeting of National Conference of Family Relations, San Francisco, CA.
- Roosa, M. W., **Zeiders, K. H.**, & O'Donnel, M. (2009, November). Family, school and peer factors and the conduct problems of Mexican American adolescents: A test of the social development model. Paper presented at the annual meeting of National Conference of Family Relations, San Francisco, CA.
- White, R. M. B., Umaña-Taylor, A. J., Knight, G. P., & **Zeiders, K. H.** (2009, March). Language Measurement Equivalence of the Ethnic Identity Scale with Mexican American Early Adolescents. Poster presentation at the annual meeting of the Society of Research on Child Development.
- Zeiders, K. H.**, Roosa, M. W., Nair, R.L., & White, R. M. B. (2008, October). Comorbidity of Depression and Obesity among Mexican Americans: An Investigation of Direction of Effects. Paper presentation presented at the annual meeting of the American Public Health Association, San Diego, CA.
- Nair, R. L., Roosa, M. W., White, R.M.B., **Zeiders, K. H.**, Knight, G., Gonzales, N., & Saenz, D (2008, October). Cultural stressors, support, and psychopathology among Mexican American adolescents: A prospective mediated moderational model. Poster presentation at the annual meeting of the American Public Health Association, San Diego, CA.
- White, R. M.B., Roosa, M. W., Gonzales, N., Knight, G., Saenz, D., Nair, R. L., & **Zeiders, K. H.** (2008, October). A prospective model of neighborhood disadvantage and Mexican American adolescent mental health. Poster presentation at the annual meeting of the American Public Health Association, San Diego, CA.
- White, R. M. B., Roosa, M. W., Nair, R. L., **Zeiders, K. H.**, Gonzales, N., Knight, G., & Saenz, D. (2008, October). Importance of context in understanding mental health outcomes among Mexican American adolescents. Paper presentation at the annual meeting of the American Public Health Association, San Diego, CA.
- Zeiders, K. H.**, Roosa, M. W., White, R. M.B., Nair, R. L., Gonzales, N., Knight, G. & Saenz, D. (2008, March). Overweight Status and Depression: Associations among Mexican American Adolescents. Poster presentation presented at the annual meeting of the Society of Research on Adolescence, Chicago, IL.
- White, R. M.B., Roosa, M. W., Gonzales, N. A., Knight, G. P., Saenz, D., Nair, R., & **Zeiders, K. H.** (2008, March) Neighborhood contexts and Mexican American adolescent internalizing disorders. Poster presentation at Society of Research on Adolescence, Chicago, IL.
- Nair, R. L., Roosa, M. W., White, R. M.B., **Zeiders, K. H.**, Burrell, G., Knight, G.P., Gonzales, N. A., & Saenz, D. (2008, March). Profiles of risk among Mexican American adolescents: Relations with mental health and academic outcomes. Poster presentation at Society of Research on Adolescence, Chicago, IL.
- Zeiders, K. H.**, Roosa, M.W., Nair, R. L., & White, R. M. B. (2007, November). Mexican Americans' Experiences with Discrimination: Examining Protective Factors. Paper presentation to be presented at the annual meeting of the National Council on Family Relations, Pittsburg, PA.
- White, R. M. B., Roosa, M.W., Saenz, D., Gonzalez, N., Knight, G., Nair, R. L., **Zeiders, K. H.**, & Burrell, G. (2007, November). Variations of risk and resilience for mental illness among Mexican Origin

Mothers and Fathers. Paper presented at the annual meeting of the American Public Health Association, Washington D.C.

Nair, R. L., Roosa, M. W., **Zeiders, K. H.**, & White, M. B. R. (2007, June). Cultural stressors, academic performance, internalizing/externalizing symptomatology: The moderating role of family and community. Poster presented at the biennial meeting of the Society for Community Research and Action, Pasadena, CA.

Zeiders, K. H., & Updegraff, K. (2007, March). Mexican origin adolescents' experiences with discrimination: Examining family relationship qualities as protective factors. Poster presented at the biennial meeting of the Society for Research in Child Development, Boston, MA.

Alfaro, E. C., & Gonzales-Backen, M., Umaña-Taylor, A. J., Bámaca, M. Y., & **Zeiders, K. H.** (2006, November). Discrimination, familism, and Latino adolescents' academic success. Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Bámaca, M. Y., **Zeiders, K. H.**, Umaña-Taylor, A. J., Alfaro, E. C., & Gonzales-Backen, M. (2006, November). Latino adolescents' depression: The influence of stress and parental support. Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Bámaca, M. Y., Umaña-Taylor, A. J., Alfaro, E. C., & **Zeiders, K. H.** (2006, March). The role of acculturation, parent-adolescent conflict, and attachment to parents on Latino adolescents' depressive symptomatology. Poster presented at the 2006 Society for Research on Adolescence Biennial Conference, San Francisco, CA

ALL SPONSORED RESEARCH ACTIVITY

EXTERNALLY FUNDED RESEARCH

Center for Disease Control and Prevention

Title: Reducing Psychological Distress in Fire Fighters with an Asynchronous App-based Meditation Intervention

Amount: \$227,012

Award#: 1R21OH012386-01-00

Dates: 8/28/2023 – 8/28/2025

Role: Co-I

National Science Foundation (Developmental Science; Division of Behavioral and Cognitive Sciences)

Title: Collaborative Research: Puberty and Sociocultural Experiences in Mexican-Origin Boys.

Amount: \$599,929

Award# BCS1917702

Dates: 6/31/2019 – 6/31/2024

Role: Co-PI (with Dr. Ada Wilkinson-Lee)

National Institutes of Health (National Institute of Minority Health and Health Disparities)

Title: Socio-cultural Stress Profiles, Stress Responses, and Health in Mexican American Adolescents

Amount: \$457,615

Award#: 1R21MD-012706-01A1

Dates: 9/23/2019 – 6/30/2021

Role: Co-I

National Science Foundation (Developmental Science; Division of Behavioral and Cognitive Sciences)

Title: Collaborative Research: Stress, Academic Outcomes, and Health Outcomes among Language Brokers

Amount: \$34,053

Award# BCS1651138

Dates: 6/15/2017 – 5/31/2020

Role: PI

INTERNALLY FUNDED RESEARCH

Zeiders, K. H. (PI), Pace, T. W., Cook, S. & Hoyt, L. T. *Stress and Coping among Firefighters on the Frontlines of the COVID-19 Pandemic: Testing a mindfulness Intervention*. College of Agriculture and Life Sciences COVID-10 Pilot Project, University of Arizona (\$25,700).

Zeiders, K. H. (PI). *Immigrant Families Stress During the 2016 Presidential Election*. University of Arizona Faculty Seed Grant (\$9,070), June 2017 – June 2018.

Zeiders, K. H. (Co-PI) & Landor, A. M. *Understanding the Impact of Discrimination Experiences on the Health Behaviors and Interpersonal Relationships of African American and Latino Emerging Adults: A Weekly Diary*. University of Missouri Research Council Grant (\$9,600), June 2016 – June 2017.

Zeiders, K. H. (PI). *Diurnal Cortisol in Mexican American Adolescents*. Arizona State University Dissertation Award (\$1,831). July 2009 – July 2010.

TEACHING

UNIVERSITY OF MISSOURI

Research Methods (HDFS 2200)	S2015, S2016, F2014, F2015
Multicultural Children and Families (HDFS 2300)	F2014, F2015

UNIVERSITY OF ARIZONA

Graduate Research Methods (FSHD 507A)	F2019
Graduate Intermediate Statistics: Moderation/Mediation analyses (FSHD 537B)	S2020
Graduate Seminar in FSHD “Stress” (FSHD 607)	F2020
Graduate Intermediate Statistics: Moderation/Mediation analyses (FSHD 537B)	S2021
Graduate Research Methods (FSHD 507A)	F2021
Graduate Intermediate Statistics: Moderation/Mediation analyses (FSHD 537B)	S2022

UA GRADUATE STUDENT MENTORSHIP

THESIS COMMITTEE CHAIR		
Selena Carbajal, MS in HDFS		S2020
Evelyn Sarsar, MS in HDFS		F2021
Kayla Osman, MS in HDFS		S2022
DISSERTATION COMMITTEE CHAIR		
Selena Carbajal, PhD in HDFS		S2024
Evelyn Sarsar, PhD in HDFS		S2024
Kayla Osman, PhD in HDFS		F2025
Carolina Norigia, PhD expected in 2030		
THESIS COMMITTEE MEMBER		
Zhenqiang Zhao, MS in HDFS		F2020
Sydney Hainsworth, MS in HDFS		F2021
Kealie Walker, MS in HDFS		S2022
COMPREHENSIVE EXAM COMMITTEE MEMBER		
Zhenqiang Zhao, PhD in HDFS		S2021
Leah Dajches, PhD in Communications		S2021
Dylan Horner, PhD in Psychology		S2022
Niraly Patel, PhD in Public Health		S2022
PRE-CANDIDACY COMMITTEE MEMBER		
Alexandria Pech, PhD in HDFS		F2017
Xiaomin Li, PhD in HDFS		S2018
Zhenqiang Zhao, PhD in HDFS		S2020
Ashley Kuelz, PhD in HDFS		S2021
Elia Bueno, PhD in HDFS		F2021
Sydney Hainsworth, PhD in HDFS		S2022
Maria Belinda Vasquez, PhD in HDFS		S2022
DISSERTATION COMMITTEE MEMBER		
Zhenqiang Zhao, PhD		S2022
MASTER'S OR APPLIED PROJECT COMMITTEE MEMBERS		
Gaby Kline (Master's Thesis, May 2015). M.S. in HDFS, University of Missouri. <i>Committee Member</i>		
Ebonie Hawthorne (Master's Thesis, December, 2015). MA in Youth Development, University of Missouri. <i>Committee Member</i>		
Brittany Smith (Applied project, December, 2015) as part of MA in Family and Community, University of Missouri, <i>Committee Member</i>		
Theresa Hines (Applied project, August, 2015) as part of MA in Youth Development, University of Missouri, <i>Committee Member</i>		
Donal Buckner (Applied project, August, 2015), as part of the certificate in Youth Development, University of Missouri, <i>Committee Member</i>		
Zhenqiang Zhao (Master's Thesis, 2019) as part of the MS in Family Studies and Human Development. University of Arizona, <i>Committee Member</i>		
GRADUATE STUDENT MENTORSHIP AT OTHER INSTITUTIONS		
Minyu Zhang	PhD 2020 in HDFS, UT-Austin	Dissertation Committee Member, S2020
Shanting Chen	PhD 2021 in HDFS, UT-Austin	Dissertation Committee Member, F2020

Alaysia Brown	PhD 2022 in HDFS, U of Missouri	Comprehensive Exam Committee Member, F2021
Alaysia Brown	PhD 2022 in HDFS, U of Missouri	Dissertation Committee Member, S2022
Ayurda Pathak	MS 2023 in Applied Psychology, Fordham University	Master's Thesis Committee, S 2023

UNDERGRADUATE STUDENT RESEARCH SUPERVISIONS

Asantewaa Darkwa	Research Supervision 2015
Kimberly Taylor	Research Supervision 2015
Jayley Jansen	Research Supervision 2015
Symone Lenoir	Research Supervision 2015
Kristen Turner	Research Supervision 2016
Kate Holloway	Research Supervision 2016
Diedra Bibbs	Research Supervision 2016
Alison Koleski	Research Supervision 2017
Emily Wilson	Research Supervision 2017
Erika Silver	Research Supervision 2017
Sylvia Castillo	Research Supervision 2017
Guillermo Garcia	Research Supervision 2018
Avelina Rivero	Research Supervision 2018
Alicia Tsosie	Research Supervision 2018
Jenna Chacon	Research Supervisor FSHD 492/499, Fall 2019
Daniella Cruz	Research Supervisor FSHD 492/499, Fall 2019
Kevin Molina	Research Supervisor FSHD 492/499, Fall 2019
Rachael Perez	Research Supervisor FSHD 492/499, Fall 2020
Daniella Cruz	Research Supervisor FSHD 492/499, Spring 2020
Rachael Perez	Research Supervisor FSHD 492/499, Spring 2020
Alexa Kubela	Research Supervisor FSHD 492/499, Spring 2021
Iriana Munoz	Research Supervisor FSHD 492/499, Spring 2022
Victoria Rueda	Research Supervisor, HDFS 492 & 498, Fall 2023

HONORS AND AWARDS

Norton School of Family and Consumer Science Council of Alumni Faculty Award	2019
Pre-Doctoral Fellowship Recipient, National Institute for Mental Health T32 training grant, Arizona State University	2009 –2010
University of Missouri Honorary Coach (student-nominated award from outstanding faculty)	2016
National Council for Family Relation's Aging and Families Focus Group Paper Runner-up	2014
T. Denny Sanford School Student Innovation Research Award	2010
Graduate and Professional Student Association Dissertation Award	2009
T. Denny Sanford School Intensive Summer Interdisciplinary Training Fellowship	2009
Arizona State University Conference Travel Grant	2008
Graduate Student Research Poster Competition, 2nd place, Arizona State University	2006