

Human Development and Family Science
2026 - Present Catalog Checklist

UA Foundations & General Education

WRITING (Select ONE Sequence)

WRT 101 & 102 _____ & _____

OR WRT 109H or WRT 305 _____ OR _____

OR WRT 107, WRT 107, AND WRT 108 _____, _____ & _____

FOREIGN LANGUAGE:

2nd semester level proficiency in a foreign language _____

GENERAL EDUCATION*

UNIV 101: Intro to General Education (1 unit)

Exploring Perspectives (1 course in each area)

Artist: _____

Humanist: _____

Natural Scientist: _____

Social Scientist: _____

Building Connections (2 courses):

1) _____

2) _____

Civic Institutions (1 course):

1) _____

UNIV 301: General Education Capstone (1 unit)

Total Units: _____

Supporting Coursework: 24 units

Social Sciences & Human Behavior

(Select TWO courses)

CHS 215; EDP 200; HDFS 101, 150B1, 200, 347; HPS 330; PHIL 241, 347; PSY 150A1/101*, 200, 300, 302, 352, 364; SOC 101, 215, 232, 321

Math

College Algebra: MATH 107, MATH 112, or higher math _____

Statistics (Select ONE course)

HECL 201, PSY 230, SOC 375, SBS 200, Math 163, Math 263, ISTA 116 _____

Research Methods (Select ONE course)

HECL 202, PSY 290A, SOC 374, OR AFAS 302 _____

Biological Processes & Development

(Select TWO courses)

MCB 181R, ECOL 182R, NSC 101/170C1*, NSC 301, NSC 310, SRL 201, TLS 360, PSIO 201, PSIO 202, PSIO 380, ANTH 324 _____ & _____

Advanced Composition (Select ONE course)

ALC 422, ENGL 307, ENGL 308, ENGL 340, HECL 301 _____

Total Units: _____

HDFS Major Courses: 40 units

HDFS Core Lower Division Coursework (10 units)

HDFS 195: Introduction to HDFS (1 Unit) _____

HDFS 117: Lifespan Human Development _____

HDFS 237: Love, Intimacy, and Relationships _____

HDFS 257: Contemporary Families _____

Total Units: _____

HDFS Core Upper Division Coursework (30 units)

*It is recommended that students complete HDFS 117 and all other HDFS core lower division coursework before beginning HDFS upper division coursework, see prerequisite list for all recommended/required courses

HDFS 323: Infancy/Child Development _____

HDFS 377: Adolescence _____

HDFS 384: Leadership/Ethics/Professional Practices _____

*HDFS 384 has a pre-requisite of HDFS 195 and junior standing

HDFS 413: Issues in Aging _____

HDFS 427A: Mental Health & the Family: Adulthood _____

OR HDFS 427C: Mental Health & the Family: Childhood & Adolescence _____

HDFS 447A: Sociocultural Context of Development _____

HDFS 487: Theories of Interpersonal & Family Relationships _____

*HDFS 447A and 487 have a prerequisite of statistics and research methods

HDFS Complementary Advanced Topics

(Select ONE course)

HDFS 401, 405, 408, 411, 427A/C*, 443, 447A/C*, 450, 496Z, PFFP 302, HECL 496A/C

*If HDFS 427A is used to fulfill HDFS core coursework, students may choose to take HDFS 427C to complete their Complementary Topic requirement, and vice versa. Same policy applies to HDFS 447A

HDFS Applied Skills and Methods (Select ONE course)

HDFS 491 (Preceptorship), 492 (Research), 493 (Internship), 499 (Independent Study), or 498H (Honors Thesis)

*Department consent required to enroll in applied skills classes

HDFS Upper Division Elective (Select ONE course)

Any additional Complementary Advanced Topic or Applied Skills Class _____

**Minor
18 units (9 must be upper division (300-499))**

HDFS majors can choose any minor on campus or create a thematic minor in consultation with an HDFS advisor.

Total Units: _____

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Total Earned Units ____/ 120

Earned Upper Division Units ____/ 42

Earned University Level Units ____/ 56

General Electives (may be needed to reach 120 units)

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

NOTE: A minimum of 120 units is required. 56 units must be university level; 42 must be upper division (300 - 499 level). A minimum GPA of 2.0 is required for graduation.

Total Units: _____

HDFS CORE UPPER DIVISION (THE FOLLOWING 7 COURSES ARE REQUIRED). Follow all Required/Recommended Prerequisites listed below before enrolling		
HDFS 323	Infancy/Child Development	Offered: Fall & Summer Recommended Prerequisite: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
HDFS 377	Adolescence	Offered: Fall & Summer Recommended Prerequisite: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
HDFS 384	Leadership, Ethics, and Prof. Practice	Offered: Fall & Spring Required Prerequisite: Junior class standing or above
HDFS 413	Issues in Aging	Offered: Fall, Spring, & Summer Recommended Prerequisite: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240) OR 6 units of social science
HDFS 427A OR HDFS 427C	Mental Health and the Family: Adulthood OR Mental Health and the Family: Childhood & Adolescence	Offered: HDFS 427C - Fall & Summer; HDFS 427A - Spring Recommended Prerequisite: PSY 101, HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
HDFS 447A	Sociocultural Context of Development OR Biosocial Development	Offered: HDFS 447A - Fall & Spring ; HDFS 447C – Offered intermittently based off instructor availability Recommended Prerequisite: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240) Required Prerequisite: Statistics (HECL 201 OR PSY 230 OR SOC 375 OR SBS 200 OR Math 163 OR Math 263 OR ISTA 116) Required Prerequisite: Research Methods (HECL 202 OR PSY 290A OR SOC 374 OR AFAS 302)
HDFS 487	Theories of Interpersonal & Family Relationships	Offered: Fall & Spring Recommended Prerequisite: HDFS 117, 237 and 257 Required Prerequisite: Statistics (HECL 201 OR PSY 230 OR SOC 375 OR SBS 200 OR Math 163 OR Math 263 OR ISTA 116) Required Prerequisite: Research Methods (HECL 202 OR PSY 290A OR SOC 374 OR AFAS 302)

HDFS UPPER DIVISION: COMPLEMENTARY TOPICS (CHOOSE AT LEAST ONE)		
HDFS 401	Basic Skills in Counseling	Offered: Fall & Spring Recommended: 6 units of social science
HDFS 405	Theories of Counseling	Offered: Fall & Summer Recommended: 6 units of social science
HDFS 408	Program Planning and Evaluation	Offered: Spring Recommended: HECL 202 or equivalent research methods course (e.g., PSY 290A, SOC 374) AND 6 units of social science
HDFS 411	Understanding Suicide	Offered: Offered intermittently based off instructor availability Required: HDFS 117 or PSY 101 or equivalent
HDFS 443	Young Adulthood	Offered: Offered intermittently based off instructor availability No Prerequisite
HDFS 450	Human Sexuality and Relations	Offered: Spring & Summer No Prerequisite
HDFS 496Z	Topics in HDFS	Topics and course offerings vary by semester No Prerequisite