



Sample Graduation Plan: 2025 - 2026

Year One					
Fall		Spring		Summer (optional)	
ENGL 101	3	ENGL 102	3	HDFS 257	3
Math – Math 107 or Math 112	3	Intro to General Education UNIV 101	1	Gen Ed – Exploring Perspectives	3
General Education – Exploring Perspectives	3	HDFS 195 Introduction to HDFS	1		
1st Semester Foreign Language	4	2nd Semester Foreign Language	4		
		HDFS 117	3		
Total	13	Total	12		6

Year Two					
Fall		Spring		Summer (optional)	
General Education – Exploring Perspectives	3	Research Methods	3	Gen Ed – Building Connections	3
Statistics	3	Social Science & Human Behavior	3	Gen Ed – Building Connections	3
Social Science & Human Behavior	3	HDFS 237 Love, Intimacy, and Relationships	3	HDFS 323	3
General Education – Exploring Perspectives	3	General Education – Building Connections	3		
Total	12	Total	12		9

Year Three					
Fall		Spring		Summer (optional)	
General Education Portfolio UNIV 301	1	HDFS 413 Issues in Aging	3	Minor	3
Biological Processes & Development	3	HDFS 427C	3	Bio Processes & Development	3
HDFS 384 Leadership, Ethics, and Professional Practices	3	HDFS Complementary Topic	3	HDFS 377	3
Advanced Composition	3	HDFS 377 Adolescence	3		
Minor	3				
Total	13	Total	12		9

Year Four					
Fall		Spring		Summer (optional)	
HDFS 487 (or sub HDFS 405)	3	HDFS 447 A or C Sociocultural Context of Development or Biosocial Development	3		
HDFS Applied Skills	3	HDFS Upper Division Elective	3		
Minor	3	Minor	3		
Minor	3	Minor	3		
Total	12	Total	12		

***All Students need 120 total units to graduate, 42 upper division units, and 56 university level units**

This is meant to be used as a guide. Plan of Study will vary from student to student. Review your Advisement Report for course satisfaction and consult with your Advisor.