

Human Development and Family Science
2025 Catalog Checklist

UA Foundations & General Education

COMPOSITION (Select ONE Sequence)

ENGL 101 & 102 _____ & _____

OR ENGL 107 & 108 _____ & _____

OR ENGL 109H _____

MATH

College Algebra: Math 107, Math 112, or higher Math _____

*Consult with advisor to determine best course

FOREIGN LANGUAGE: You must demonstrate 2nd semester level proficiency in a foreign language _____

Total Units: _____

GENERAL EDUCATION*

UNIV 101: Intro to General Education (1 unit) _____

Exploring Perspectives (1 course in each area)

Artist: _____

Humanist: _____

Natural Scientist: _____

Social Scientist: _____

Building Connections (3 courses)

1) _____

2) _____

3) _____

UNIV 301: General Education Capstone (1 unit) _____

Total Units: _____

*A maximum of 9 units of general education coursework may double count to fulfill requirements in a major or minor. Consult with academic advisor to discuss how this applies to your academic plan.

Supporting HDFS Major Requirements: 18 units

Social Sciences & Human Behavior _____

(select TWO courses)

CHS 215, EDP 200, HDFS 200, HDFS 347, PHIL 347,
PSY 150A1/101*, PSY 200, PSY 300, PSY 352, PSY 364; SOC 215

*PSY 150A1 and PSY 101 are equivalent courses

Statistics (select ONE course)

PSY 230, MATH 263, SBS 200, ISTA 116 _____

Research Methods (select ONE course)

PSY 290A or AFAS 302 _____

Biological Processes & Development _____ & _____

(Select TWO courses)

MCB 181R, ECOL 182R, NSC 170C1, NSC 301, NSC 310,
SRL 201, PSIO 201, PSIO 202, PSIO 380 _____

Total Units: _____

Advanced Composition Course: 3 units

Advanced Composition* (Select ONE course) _____

ENGL 307, ENGL 308, or ALC 422

Total Units: _____

*Must earn B or better if B was not earned in ENGL 102,
ENGL 108, or ENGL 109

HDFS Major Courses: 40 units

HDFS Core Lower Division Coursework (10 units)

HDFS 195: Introduction to HDFS (1 Unit) _____

HDFS 117: Lifespan Human Development _____

HDFS 237: Love, Intimacy, and Relationships _____

HDFS 257: Contemporary Families _____

Total Units: _____

HDFS Core Upper Division Coursework (30 units)

*It is recommended that students complete HDFS 117 and all other HDFS core lower division coursework before beginning HDFS upper division coursework, see prerequisite list for all recommended/required courses

HDFS 323: Infancy/Child Development _____

HDFS 377: Adolescence _____

HDFS 384: Leadership/Ethics/Professional Practices _____

*HDFS 384 has a pre-requisite of HDFS 197A and junior standing

HDFS 413: Issues in Aging _____

HDFS 427A: Mental Health & the Family: Adulthood _____

OR HDFS 427C: Mental Health & the Family: _____

Childhood & Adolescence

HDFS 447A: Sociocultural Context of Development _____

*HDFS 447 has a prerequisite of statistics and research methods

HDFS 487: Theories of Interpersonal & Family Relationships _____

*HDFS 487 has a prerequisite of statistics and research methods

HDFS Complementary Advanced Topics (select ONE course)

HDFS 401, 405, 408, 411, 427A/C*, 443, 447A/C*, 450,
496Z, PFFP 302, HECL 496A/C (see UAccess for course titles)

*If HDFS 427A is used to fulfill HDFS core coursework, students may choose to take HDFS 427C to complete their Complementary Topic requirement, and vice versa. Same policy applies to HDFS 447A/C.

HDFS Applied Skills and Methods (select ONE course)

HDFS 408, HDFS 401, HDFS 491 (Preceptorship) _____

*Department consent required to enroll in preceptor units

*If HDFS 401 or 408 are used to fulfill the Complementary Topic or Elective requirement, they may not also apply to Applied Skills

HDFS Upper Division Elective (select ONE course)

Any additional Comp Topic or Applied Skills Class _____

Total Units: _____

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HDFS THEMATIC MINOR OR OTHER MINOR:
18 Units (9 must be upper division)

HDFS majors can choose any minor on campus or create a thematic minor in consultation with an HDFS advisor

Total Units: _____

General Electives (may be needed to reach 120 units)

Total Units: _____

Total Earned Units _____ / **120**

Earned Upper Division Units _____ / **42**

Earned University Level Units _____ / **56**

NOTE: A minimum of 120 units is required. 56 units must be university level; 42 must be upper division (300 - 499 level). A minimum GPA of 2.0 is required for graduation.

HDFS Course Prerequisites

Course	Prerequisites Required/Recommended
HDFS 323 – Infancy/Child Development	Recommended: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
HDFS 377 - Adolescence	Recommended: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
HDFS 384 – Leadership, Ethics & Professional Practices	Required: HDFS 197A; must be an HDFS Major with at least junior status
HDFS 401 – Basic Skills in Counseling	Recommended: 6 units of social science
HDFS 405 – Theories of Counseling	Recommended: 6 units of social science
HDFS 408 – Program Planning & Evaluation	Recommended: HECL 202 or equivalent research methods course (e.g., PSY 290A, SOC 374) AND 6 units of social science
HDFS 413 – Issues in Aging	Recommended: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240) OR 6 units of social science [recommended]
HDFS 427A – Mental Health & the Family: Adulthood	Recommended: PSY 101, HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
HDFS 427C – Mental Health & the Family: Childhood & Adolescence	Recommended: PSY 101, HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240)
HDFS 447A – Sociocultural Context of Development Or HDFS 447C – Biosocial Development	Recommended: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240) Required: Statistics (HECL 201 OR PSY 230 OR SOC 375 OR SBS 200 OR Math 163 OR Math 263 OR ISTA 116) Required: Research Methods (HECL 202 OR PSY 290A OR SOC 374 OR AFAS 302)
HDFS 450 – Human Sexuality & Relations	No prerequisite
HDFS 487 – Theories of Interpersonal & Family Relationships	Recommended: HDFS 117 or equivalent course (e.g., EDP/HDFS/PSY 200, PSY 240) Required: Statistics (HECL 201 OR PSY 230 OR SOC 375 OR SBS 200 OR Math 163 OR Math 263 OR ISTA 116) Required: Research Methods (HECL 202 OR PSY 290A OR SOC 374 OR AFAS 302)
HDFS 493 - Internship	Recommended: HDFS 117, 237, and 257 Required: Must be an HDFS major, department consent required
HDFS 496Z – Topics in HDFS	No prerequisite