



## What is Academic Advising?

Academic advising is a collaborative relationship between a student and an advisor to assist the student in the development of meaningful educational plans and goals that are consistent with personal interests, values, and abilities.

## HDFS Advisor Information & Location

Arianna Buchanan  
1<sup>st</sup> Year HDFS Majors & All HDFS Minors  
McClelland Park Room 203 & Forbes Room 203  
520-621-3616  
[ab834@arizona.edu](mailto:ab834@arizona.edu)

Liz Collins  
HDFS Students in Sophomore, Junior, & Senior Standing  
McClelland Park Room 203F  
520-621-0385  
[eamartin@arizona.edu](mailto:eamartin@arizona.edu)

Schedule advising appointments online: <https://norton.arizona.edu/undergraduate/advising/hdfs-advising>

## Academic Advising & Student Learning Goals:

Consistent academic advising meetings will expose students to important information, resources, and opportunities that will aid student success. Advising within the Norton School of Human Ecology is committed to working collaboratively with students as they work toward the following learning goals.

- Students will demonstrate knowledge of university and college academic policies and procedures
- Students will demonstrate knowledge of HDFS academic curriculum, including all requirements needed to graduate according to personal timeline and goals
  - Students will learn the role of their academic advisors in their college education, and will learn how and where to locate their academic advisors when needed
  - Students will learn how to find and utilize their academic advisement report and HDFS catalog checklist, and will construct an academic plan for graduation
  - Students will learn how to navigate university websites in order to find policy information regarding dates and deadlines, withdrawing from courses, financial aid and tuition, and academic requirements
- Students will demonstrate increased responsibility for making decisions regarding academic, personal, and professional goals
  - Students will learn how to find and utilize university resources that will support individual needs and promote academic success
  - Students will learn how to seek guidance from faculty and advisors, and will develop connections that support their academic and professional growth
- Students will demonstrate an understanding of career and professional development opportunities
  - Students will learn how to connect with the HDFS internship coordinator and other on-campus career development services
  - Students will critically reflect upon academic and career goals through advising conversations, personal exploration, and participation in extracurricular experiences

## Make the Most of Academic Advising: Before, During, and After Your Meeting

**Before:** Review your academic advisement report, familiarize yourself with dates and deadlines, come prepared with an HDFS catalog checklist, bring questions. Remember to cancel 24 hours in advance if you cannot attend

**During:** Arrive on time, sign in at the front for in person meetings, put phones and other distractions away, share your goals, be open about how things are going academically and personally, ask questions, & take notes

**After:** Keep an advising folder with information from all meetings, complete follow up steps and seek resources that your advisor recommended, ask follow-up questions if anything is unclear after your meeting



## Advising Roles and Responsibilities

### Student Responsibilities

- Read University Email Daily
- Take the initiative to meet with your advisor at least once per semester, or as often as needed, to discuss your progress
- Be involved in the advising process by being prepared to discuss your goals and educational plans during meetings, bring questions and necessary materials to your meeting, and be open to suggestions
- Take responsibility for making academic and career decisions based on available information and advice
- Develop a working knowledge of policies, procedures, deadlines, and campus resources
- Create an academic plan toward completing degree
- Review and become familiar with your major/minor requirements each semester and track your progress towards graduation
- Utilize UA resources that will help you succeed academically and prepare for life after graduation

### Student Resources

Registrar: <http://registrar.arizona.edu/>

Academic Dates & Deadlines:

<https://www.registrar.arizona.edu/dates-and-deadlines>

Think Tank: [thinktank.arizona.edu](http://thinktank.arizona.edu)

CALES Learning Lab: <https://cales.arizona.edu/learning-lab>

Writing Skills Improvement Program: <http://wsip.arizona.edu>

Study Abroad: <https://global.arizona.edu/study-abroad>

Campus Health: <https://www.health.arizona.edu/>

CAPS (Counseling Services):

<https://health.arizona.edu/counseling-psych-services>

CALES Life Management Counseling:

<https://cals.arizona.edu/life-management-services>

Scholarships & Financial Aid: <https://financialaid.arizona.edu/>

Bursar's Office: <http://bursar.arizona.edu/>

UA Phonebook: <http://directory.arizona.edu/phonebook>

UITS (technology services): <http://uits.arizona.edu/>

UA Libraries: <http://new.library.arizona.edu/>

**For Detailed Information about HDFS Major & Academic Requirements:**

View the HDFS Student Handbook, HDFS Checklists, and Sample Graduation Plans online at:

<https://norton.arizona.edu/undergraduate/advising/hdfs-advising>

### Advisor Responsibilities

- Provide accurate and consistent information
- Clarify, interpret, and confirm program requirements, policies, procedures, and deadlines
- Assist students with creating short and long-term academic plans
- Assist students with making academic and career decisions consistent with interests, values, and abilities
- Assist students as they explore opportunities both on and off campus that will support personal and academic goals
- Listen responsively to address questions, and concerns
- Facilitate relationships between students and other individuals on campus; refer students to appropriate support services when needed
- Maintain confidentiality according to the Family Educational Rights and Privacy Act (FERPA)
- Consider student's best interest when advocating for policy or curricular changes
- Be available and accessible to answer questions

**Student Engagement & Career Development:**

<http://career.arizona.edu/>

**HDFS Internships and Experiential Learning:**

<https://norton.arizona.edu/undergraduate/student-resources/internships>

**CALES Career Center:**

<https://career.caels.arizona.edu/>

**Dean of Students:** <https://deanofstudents.arizona.edu/>

**Cultural & Resource Centers, Other Campus Resources:**

<https://deanofstudents.arizona.edu/support/campus-resources>

**ASUA:** <https://asuatoday.arizona.edu/>

**Disability Resource Center:** <http://drc.arizona.edu/>

**THRIVE Center:** <https://thrive.arizona.edu/>

**Advising Resource Center:** <https://advising.arizona.edu>

**Pre-Health Advising:** <https://theacenter.arizona.edu/pre-health/pre-health-professions-advising>

**Transfer Credit:** <https://transfercredit.arizona.edu/>