Behavioral Health, Counseling, & Survivor Advocacy

COPE Community Services https://www.copecommunityservices.org/

COPE Community Services, Inc. (COPE) is a private, nonprofit healthcare organization. COPE creates pathways to better health by offering innovative solutions for behavioral and physical healthcare, wellness, and recovery to individuals and families. COPE offers comprehensive programs, specialty services, resources, and support to address general mental health and substance abuse issues, serious mental illness, physical healthcare, and wellness concerns. COPE utilizes an integrated healthcare approach that takes into consideration the body, mind, and spirit connection.

Devereux Advanced Behavioral Health

https://www.devereux.org/site/SPageServer/?pagename=az_tucson_services

Devereux Arizona serves more than 4,000 individuals with emotional, behavioral and cognitive differences each year across the state. We offer residential treatment, short-term residential treatment, a private school, outpatient services, integrated care services, prevention programs, respite services, autism services and therapeutic foster care.

Divorce Recovery https://jfcstucson.org/services/divorce-recovery/

Divorce Recovery is a program that is managed and led by volunteers. Our group leaders are committed to serving adults and children who are going through the break-up of their family relationship. They are exceptionally committed women and men who have been willing to spend hundreds of hours in service to others.

Emerge! Center Against Domestic Abuse https://emergecenter.org/

Beyond the traditional approach of providing survivors with resources including emergency shelter, safety planning and DV education, Emerge engages the entire community in addressing the underlying causes of abuse. Why? Domestic abuse is a community problem, and we believe that our communities are the solution.

Hope Inc. https://hopearizona.org/

Helping Ourselves Pursue Enrichment, Inc. (HOPE). HOPE's Mission is to deliver recovery-based community services using empathy to ensure every individual achieves the most fulfilling life possible. HOPE's Vision is to create an environment that empowers Members to make their own choices about their recovery journey. To achieve this vision, the creation of HOPE's dynamic environment is based on the following: Peer and Family Member Feedback Member Resiliency, Trauma Informed Care, Health & Wellness Initiatives that Integrate Physical & Mental Health

The Haven https://thehaventucson.org/

The Haven is a women-focused substance use disorder recovery center in Tucson, AZ. Until the early 1990s, most research on substance abuse and dependence focused on men. However, men and women experience substance use disorders differently and have unique risks to consider in their treatment. The Haven provides women with the individualized, approachable care they need to get better.

La Frontera https://lafronteraaz.org/join-our-team/internships/

As the leading nonprofit behavioral health agency in southern Arizona, La Frontera Center provides a full array of services that include Mental health, Housing, Family and children's services, Employment, Crisis intervention, Community and cultural education

Palo Verde Behavioral Health https://paloverdebh.com/

Palo Verde Behavioral Health provides mental health and substance use treatment. We offer individualized inpatient and intensive outpatient treatment programs for adults and adolescents.

SACASA (Sexual Assault Survivors) https://www.sacasa.org/

The Southern Arizona Center Against Sexual Assault (SACASA) provides crisis services, advocacy, support, therapy and education for individuals and families impacted by sexual trauma. We provide a safe place for survivors to heal, gain strength, learn coping skills, and develop trusting, caring relationships.

Sonora Behavioral Health https://www.sonorabehavioral.com/

Established in 1994, Sonora Behavioral Health is a 140-bed acute inpatient psychiatric hospital that caters to individuals who are working towards recovering from behavioral health conditions and chemical dependency issues. With services available for children, adolescents, and adults, Sonora has expanded its size and the scope of programs available to meet the needs of those in Pima County and Southern Arizona. Offering mental health and chemical dependency intensive outpatient services, as well as a partial hospitalization program, Sonora Behavioral Health is constantly on the verge of developing new services that address current mental health and substance use trends.

Tu Nidito https://tunidito.org/volunteer/

Tu Nidito provides grief and loss support groups for children and families. Tu Nidito exists to create a community of acceptance and understanding regarding children in grief. It is our vision that no child grieves alone. As a non-profit organization specializing in providing free of charge emotional support to children, teens, young adults and families impacted by the diagnosis of a serious medical condition or death of someone special

TRAK (Therapeutic Ranch for Animals and Kids) <u>https://www.traktucson.org/</u>

TRAK offers children with and without special medical or developmental needs the opportunity to serve their community through the joy of animal interaction.

Child & Family Resources, Childcare, Foster Care, & Adoption

Arizona's Children Association https://www.arizonaschildren.org/volunteer/individual/

Arizona's Children Association provides a broad spectrum of services that help create and sustain a healthy family environment. Each program is tailored to meet the needs of the particular child, individual or family. Services include Foster Care & Adoption, Behavioral Health & Trauma Response, Family Preservation & Unification, Kinship Services, Family Education & Support, Young Adult Services, and more.

Arizona Baptist Children's Services https://abcs.org/

ABCS is faith-based, non-profit social service ministry that serves the full spectrum of Arizona families, from unborn babies to seniors.

Arizona Youth Partnership https://azyp.org/intern/

Arizona Youth Partnership builds solid foundations for youth and families by partnering with Arizona communities to prevent and solve local issues such as substance abuse, youth homelessness, lack of educational opportunities, teen pregnancy, and challenging family dynamics.

Butterfly Effects https://butterflyeffects.com/who-we-are/

Butterfly Effects has served more than 10,000 families since our inception in 2005. We have a long history of improving the lives of children and families affected by autism spectrum disorder through our family-centric applied behavior analysis (ABA) approach.

Casa de los Niños: <u>https://www.casadelosninos.org/</u>

Casa de los Niños is a leader in promoting child well-being and family stability. We educate and support parents, quickly intervene when crises arise, and treat those who have experienced trauma. We improve the lives of children and their families and reduce the long-term social and financial costs of abuse and neglect for our community.

Child and Family Resources https://www.childfamilyresources.org/

At Child & Family Resources, nothing is more important to us than healthy, happy children. We believe that educated parents and a wealth of resources are crucial to a child's success, confidence, and development. Our team is committed to offering accessible programming that helps parents be the best they can be and allows children to thrive. We offer support for parents, caregivers and children. Our team facilitates anti-drug programs, as well as groups dedicated to active parenting. Child & Family Resources supports families in more ways than one—providing educational opportunities, mentorship, and resources for low-income households.

Christian Family Care https://cfcare.org/get-involved/volunteer/

We see a future where every vulnerable child is loved and nurtured in a Christ-centered family. To make that vision a reality, Christian Family Care partners with families, churches, and caring neighbors like you to provide comprehensive adoption and foster care services, along with extensive counseling and support programs for children, families, and women struggling with unplanned pregnancies.

Department of Child Safety (DCS) https://dcs.az.gov/about/volunteer

Contact Info varies by field office, see <u>https://dcs.az.gov/about/field-offices</u> for office nearest you Our vision: Children thrive in family environments free from abuse and neglect. Our mission: Successfully engage children and families to ensure safety, strengthen families, and achieve permanency

Easterseals Blake Foundation https://www.easterseals.com/blakefoundation/

Easterseals Blake Foundation is dedicated to the idea that all people deserve the chance to live healthy, productive and independent lives. Our educational, therapeutic, family support and community living programs are designed in accordance with our mission: to enable each individual served to discover and meet his or her maximum potential for independent, productive living and developmental growth.

Grace Retreat Foster Care https://www.graceretreatfostercare.org/

Grace Retreat Foster Care and Adoption Services is a licensing agency contracted by the State of Arizona. Grace Retreat is committed to support families through the process of becoming licensed and providing a home for children. We believe that by supporting families, they are able to better support the children in their home.

Intermountain Centers for Human Development https://intermountaincenters.org/

Intermountain Centers (Intermountain) provides health and human services to facilitate selfsufficiency for individuals in their own communities and cultural contexts. Intermountain provides a variety of programs and support services to: Children diagnosed with autism and/or specialized educational needs, Children and adolescents who are emotionally and/or behaviorally challenged, Children and adolescents transitioning from one care facility to another, Adolescents aging out of foster and group residential care to independent living, Adults who have been diagnosed with a serious mental illness and/or developmental disabilities, Adults transitioning to independent living, Families of clients in need of parenting support and connection to community resources

Jewish Family and Children's Services https://jfcstucson.org/

Since 1941, JFCS has helped individuals and families in crisis, children and adults who have experienced trauma, people with disabilities, frail and elderly adults, and neighbors without basic necessities. Clients come from all age groups, economic backgrounds and all beliefs. JFCS is a non-profit agency that provides quality social and behavioral health services to the Jewish and greater Tucson community. We help people of any religion or ethnic origin meet their full potential by restoring their well-being, cultivating self-sufficiency and strengthening family life.

KARE Family Center https://www.casey.org/who-we-are/locations/kare/

Casey Family Programs works to influence long-lasting improvements to the well-being of children, families and the communities where they live. We provide consulting services to child welfare systems; direct services to children and families; public policy resources; and research and analysis.

New Horizon Community Care https://www.nhccservices.org/about-us/ (Phoenix area)

New Horizon Community Care (NHCC) is a non-profit agency that specializes in residential and outpatient behavioral health services, serving at-risk children, teens and adults all around the valley.

Pima Prevention Partnership https://www.thepartnership.us/

The Sin Puertas program at PPP offers Adolescent Behavioral Health counseling services for youth from age 13-20, assisting to overcome substance use and/or mental health issues. Additional Youth and Family Services empower youth and families through prevention and meaningful connections that promote ongoing healthy decisions. Our vision is a healthy and sustainable future for all youth.

RISE Early Intervention https://www.riseei.org/

Early Intervention refers specifically to services and supports for families of infants and toddlers, birth to three years of age, with disabilities or delays.

Southern Arizona Children's Advocacy Center https://www.cacsoaz.org/

The mission of the Children's Advocacy Center of Southern Arizona is to provide a safe, compassionate, healing environment for children who have been a victim or witness to a crime.

Timeless Play https://timeless-play.com/

Timeless Play is the first drop-off childcare center of its kind in Tucson. We are making it easier for parents to take a few hours for themselves – guilt-free.

Trusting Connections https://trustingconnections.com/who-we-are/

Our full-service agency provides families, churches, businesses and hotels with a wide variety of high-quality child care services. We are local, child care experts committed to offering exceptional, personalized care and superior customer service. Trusting Connections is an industry leader that is truly raising-the-bar when it comes to standards of excellence for private child care services.

United Cerebral Palsy of Southern Arizona, ASCEND Program <u>http://ucpsa.org/ascend-early-childhood-autism-services/</u>

UCP of Southern Arizona's ASCEND program offers home-based Applied Behavior Analysis services for children and adolescents with developmental disabilities. ASCEND conducts a thorough assessment and develops a customized teaching plan for the unique needs of each child with a focus on building functional skills and decreasing challenging behaviors

Vision Quest https://www.vq.com/by-state/arizona

VQ is a national comprehensive child, youth and family services organization committed to providing successful and effective services such as residential programming, community-based services, and in-home services for children and their families.

Youth Mentoring & Education

Big Brothers/Big Sisters https://www.soazbigs.org/volunteer/

Since 1963, Big Brothers Big Sisters of Southern Arizona has operated under the belief that inherent in every child is incredible potential. As Southern Arizona's largest donor- and volunteer-supported mentoring network, Big Brothers Big Sisters of Southern Arizona makes meaningful, monitored matches between adult volunteers ("Bigs") and children ("Littles"), ages 6 through young adulthood. We develop positive relationships that have a direct and lasting effect on the lives of young people.

Boys and Girls Club of Tucson https://www.bgctucson.org/

The mission of Boys and Girls Clubs of Tucson is to provide young people in our community, especially those who need us most, with a clear path to reach their full potential and pursue their dreams.

The Bio/Diversity Project https://wise.arizona.edu/the-biodiversity-project

The Bio/Diversity Project is a collaborative effort between WISE and Saguaro National Park aimed at increasing the diversity of voices included in discussions of environmental problems and the development of their solutions. By increasing access to innovative environmental science educational opportunities and training, mentoring, and work experience along the K-16+ educational pipeline, we aim to get students excited about environmental science and support them along their educational journeys and into the workforce.

Imagine Your STEM Future https://wise.arizona.edu/imagine-your-stem-future

Research shows that interaction with female STEM mentors plays an important role in helping girls develop a positive STEM identity that supports interest and persistence within STEM. The Imagine Your STEM Future Program does just that by pairing female engineers from Raytheon and female students and their allies from the University of Arizona with high school students at Desert View High School. Mentors commit to participate in the program for an entire school year, providing the opportunity to build sustained, robust relationships with students. The Imagine Your STEM Future program is integrated into the school day in order to increase accessibility for student participants and takes place 3-4 days per week. The curriculum includes a combination of hands-on STEM activities, reflective group conversations on STEM academic and career pathways, the importance of diversity in science and engineering communities, and visits from inspiring STEM role models.

CALS PALS Peer Mentoring https://cals.arizona.edu/students/100-engagement/cals-pals-peer-mentors The College of Agriculture and Life Sciences Peer Assistance for Leadership and Student Success Peer Mentor Program, known as CALS PALS, will help you develop advanced skills in building rapport and individual coaching. As a CALS PALS student mentor, you'll use leadership, communication, problem solving and critical thinking skills, as well as relationship-building skills to assist your peers in making a successful transition to the university.

Girl Scouts https://www.girlscoutssoaz.org/en/for-volunteers/ways-to-volunteer.html

Volunteers at Girl Scouts help girls to discover a world full of fun experiences and new activities, build confidence and make new friends, explore interests and learn new skills in a safe, all-girl environment. Girl Scouts of Southern Arizona relies on enthusiastic volunteers to lead our troops, help at camp, teach workshops, and more.

Growing Girls https://zfcphp.arizona.edu/growing-girls-0

Growing Girls is a year-long after-school psychosocial intervention for 5th and 6th grade girls. With the goals to reduce or prevent relational aggression and increase positive peer relationships, Growing Girls teaches girls how to have healthy friendships, think positively, communicate assertively, make difficult decisions, resolve conflicts and seek help, and navigate through bullying and cliques. Girls also learn about gender roles and media messages, body image, self-esteem, puberty, and taking care of themselves.

Guys After School Mentorship & Education (GAME!) <u>https://zfcphp.arizona.edu/guys-afterschool-mentorship-and-education-0</u>

GAME! (Guys After-School Mentorship & Education) was developed in 2017 to address the challenging middle school transition that early-adolescent boys, and their parents, face. At a time when boys experience a number of overwhelming physical and emotional changes, middle school years are often accompanied with pressures to conform to social groups and gender expectations. GAME! is a year-long psychosocial intervention for 5th and 6th grade boys

Junior Achievement of Arizona https://www.jaaz.org/volunteer/sign-up-to-volunteer-with-ja/

For the last 60 years, Junior Achievement of Arizona (JA) has been empowering the futures of millions of Arizona students by giving them the knowledge and skills they need to manage their money, plan for their future, and make smart academic, career and economic choices. Delivered by 9,500 business and community volunteer mentors, our hands-on, age-appropriate programs focus on three key areas: financial literacy, work readiness, and entrepreneurship.

Life Skills Training and Enhancement Program (LifeSTEP) <u>https://sbs.arizona.edu/internships/life-skills-</u> training-and-enhancement-program-internship

The psychology clinic has established a community service agency that provides undergraduate life skills trainers (and mentors) to school-aged youth with emotional and/or behavioral problems. The vast majority of these children are from a minority group living in poverty in Tucson and are struggling with a variety of emotional and behavior problems. As a LifeSTEP (Life Skills Training and Enhancement Program) intern, you would be meeting with your assigned youth about once a week for about 4 hours each time. Activities might include going to the movies, getting an ice cream, going bowling or spending time at a park, etc (you would be reimbursed for your expenses including gas). You would receive 3 units of internship credit (393 or 493 depending on your U of A status), and you would have the opportunity to receive training in this area.

Mentoring Tucson's Kids https://mentoringtucsonskids.org/

As a Christian-based organization, we are working to provide our kids facing tough life challenges a positive future and a strong sense of hope through our one to one mentoring program.

One-On-One Mentoring http://www.lon1mentoringtucson.org/become-a-mentor/

Our mission is to match quality adult mentors with at-risk youth in the community. "At-risk" means that statistically these young people are more susceptible to alcohol abuse, teen pregnancy, dropping out of school, and delinquent behavior. These boys and girls ages 6-17 are matched with responsible, caring adults who are committed to sustaining a consistent partnership for at least one year. This close relationship promotes positive change by allowing the youth to see first-hand an alternative way of living that leads to a quality life.

Tucson Children's Museum https://www.childrensmuseumtucson.org/get-involved/volunteer/

The Children's Museum Tucson was founded as the Southwest Children's Exploratory Center in November 1986 in a small space on Pennington Street. Our founders believed play was an essential part of learning for children. As it grew, it migrated to the Historic Y on University, and moved to its current location in the historic Carnegie Library in 1991. Volunteers help with camps, special events and Museum programs. The museum also hosts large community events several times a year, where volunteers play an important part of the Museum team.

UA Project Focus https://projectfocus.coe.arizona.edu/

Project FOCUS (Focusing Opportunities with Community and University Support), in collaboration with the College of Education and Pima County public school districts, provides a unique post-high school transition opportunity for students (ages 18-21) with intellectual and/or developmental disabilities.

Youth on Their Own https://yoto.org/

Youth On Their Own (YOTO) supports the high school graduation and continued success of youth experiencing homelessness in Pima County. We strive to eliminate barriers to education and empower housing insecure youth in our community to stay in school.

Arizona School for the Deaf & Blind https://asdb.az.gov/

Changemaker High School https://changemakerhighschool.org/

School Districts – TUSD, Marana, Vail, Sunnyside, Flowing Wells, Amphitheater, Catalina Foothills, and charter schools

Tuscon Unified School District http://central.tusd1.org/departments

TUSD has many departments like Career and Technical Education, Early Childhood, Family Community Outreach, Homeless Education and Resource Team, Infant and Early Learning Centers, Mexican American Student Services, Native American Student Services, Opening Minds Through the Arts, and more!

Health, Wellness, & Medical Services

Arizona Oncology Foundation https://www.arizonaoncologyfoundation.org/

Arizona Oncology Foundation is a program-based organization that helps people through cancer treatment and survivorship, by providing services that increase quality of life while people fight cancer. Specifically, the foundation offers non-medical support services that most insurance companies cover little to none of the costs. Integrative and supportive services are designed to help patients, their family members and care givers.

Banner University Medical Center Tucson <u>https://www.bannerhealth.com/services/volunteer/banner-university-tucson-volunteer</u>

Banner – Diamond Children's Medical Center https://www.bannerhealth.com/services/volunteer/diamond-childrens-volunteer

Carondelet – St. Joseph's & St. Mary's https://www.carondelet.org/about/volunteer-with-us

Children's Clinics https://www.childrensclinics.org/volunteer/

Children's Clinics is a comprehensive medical home that offers southern Arizona's families a unique environment to meet the health care needs of their children with more than 25 medical and dental specialty clinics, primary care, behavioral health, and therapy services under one roof. Located in the Square & Compass Building on the Tucson Medical Center (TMC) campus, Children's Clinics is a nonprofit organization providing family-centered, comprehensive outpatient medical and therapy services in a comfortable and engaging atmosphere. Children's Clinics is accessible to the entire community, serving children from birth to young adulthood. In addition to general pediatrics, many of our children have complex medical conditions such as cerebral palsy, spina bifida, muscular dystrophy, cardiac conditions, cleft lip and palate, sickle cell, and metabolic disorders.

Candlelighters https://candlelightersaz.org/volunteers/

Candlelighters supports, serves and advocates for children and adolescents with cancer and other blood disorders, their families, long term survivors, bereaved families, and the professionals that care for them.

El Rio Health https://www.elrio.org/careers/volunteers/

Harmony Hospice https://harmonyhospice.org/about-us/tucson-location/

Harmony Hospice is dedicated to delivering compassionate, individualized care for patients and their families as they face a serious or terminal illness. Our teams of care providers and volunteers work collaboratively across the health system to improve quality of care and experience. Our programs and infrastructure allows us to make it simpler for individuals and families to navigate their healthcare system and communicate with their healthcare team, so they can experience greater continuity in care and service especially during this critical time.

Healthy Pima Taskforce https://webcms.pima.gov/cms/One.aspx?pageId=423218

Healthy Pima is Pima County's community health task force of individuals, public, community, and business organizations that have joined forces to improve community health by mobilizing resources, increasing awareness, promoting change, and taking collective action

Integrative Touch https://www.integrativetouch.org/

Integrative Touch (InTouch) is working to change the way people experience healthcare. A leader in the field of pediatric integrative medicine, the organization supports caregivers and families whose children have any type of special health or medical need. This includes kids with cancers, genetic conditions, autism, cerebral palsy, traumatic stress, and other serious health issues. The founder, Shay Beider, pioneered a new therapy called Integrative Touch[™] Therapy that supports healing from trauma and serious illness. The organization reaches thousands of people each year in hospitals and communities and offers unique Telehealth programs to families and healthcare providers

Jenny's Clinic – <u>https://jennysspeech.com/</u> Speech Therapy in Tucson

Human Development & Family Science: Possible Internship & Volunteer Opportunities

Mealtime Connections https://www.mealtimeconnections.com/

Mealtime Connections brings together a group of professionals who have a passion for working with infants and young children and who have an understanding of complex medical, developmental and feeding concerns.

Northwest Healthcare – Northwest Medical Center & Oro Valley Hospital

https://www.healthiertucson.com/volunteer-opportunities

Sapphire of Tucson https://sapphireestatesrc.com/

Sapphire Estates Rehabilitation Centre provides Therapy interventions for patients with strokes, fractures, joint replacements, and a myriad of other injuries or disabilities. Our Therapy team uses cutting edge technology combined with clinically proven therapeutic programs in Physical Therapy, Occupational Therapy, and Speech Therapy, to maximize functional outcomes, decrease length of stay, increase independence, discharge home whenever possible and to get each patient to their highest practical level of function possible. Our mission is to exceed our patients' expectations, provide our patients and visitors with prompt, personalized attention, and lead the field as the most effective and compassionate provider of medical rehabilitation.

Tucson Medical Center (TMC) <u>https://www.tmcaz.com/staff-and-volunteers/volunteering/areas-of-volunteering/hospital-based-volunteering/college-student-volunteers</u>

UArizona Campus Health https://health.arizona.edu/get-involved

Campus Health offers several opportunities for students to get involved in health care activities on campus.

Veteran's Hospital <u>https://www.va.gov/southern-arizona-health-care/work-with-us/volunteer-or-donate/#become-a-volunteer</u>

Community Services

Arts for All https://artsforallinc.org/

To provide accessible education, training, and experiences in the arts for children, particularly those with special needs. To volunteer or intern, call main line and they will discuss their program and your interests to make sure it's a good fit.

Bens Bells https://bensbells.org/

The mission of Ben's Bells Project is to teach individuals and communities about the positive impacts of intentional kindness and to inspire people to practice kindness as a way of life.

Catholic Community Services https://www.ccs-soaz.org/volunteer

Programs include adoptions, foster care, basic services, counseling child care, domestic violence, housing, tax services, immigration/refugee services and more.

Community Foodbank of Southern Arizona https://www.communityfoodbank.org/

From emergency food assistance and community gardens to a culinary training program and a farmers' market: our programs and services are feeding the hungry today and building a healthy, hunger-free tomorrow.

Human Development & Family Science: Possible Internship & Volunteer Opportunities

Goodwill of Southern Arizona https://www.goodwillsouthernaz.org/

Youth and Adult Programs available

Gospel Rescue Mission https://grmtucson.com/

Gospel Rescue Mission provides shelter, recovery employment, housing, and outreach services for those experiencing homelessness and poverty.

Habitat for Humanity https://www.habitattucson.org/

Creating a more compassionate and just world, Habitat for Humanity Tucson brings people together to build homes, communities, and hope.

International Rescue Committee <u>https://www.rescue.org/announcement/internship-opportunities-tucson</u>

The International Rescue Committee responds to the world's worst humanitarian crises We help to restore <u>health</u>, <u>safety</u>, <u>education</u>, <u>economic wellbeing</u> and <u>power</u> to people devastated by conflict and disaster. And we are proud to fight for a world where women and girls have an equal chance to succeed.

Our Family Services https://www.ourfamilyservices.org/

Our Family's mission is to eliminate homelessness and strengthen our community.

Planned Parenthood https://www.plannedparenthood.org/get-involved/jobs-and-volunteering

Planned Parenthood delivers vital reproductive health care, sex education, and information to millions of people worldwide.

Pima County Natural Resources <u>http://webcms.pima.gov/cms/one.aspx?portalld=169&pageId=261784</u> From caring for stately saguaros in Tucson Mountain Park to overseeing after-school recreation programs, we add a vital dimension to the lives of our residents and visitors. We invite you to hike and play in our parks or take one of the many classes we offer.

Primavera Foundation – https://www.primavera.org/how-to-help-more/volunteer.html

The Primavera Foundation provides pathways out of poverty through safe, affordable housing, workforce development, and neighborhood revitalization.

Reid Park Zoo https://reidparkzoo.org/get-involved/volunteer/

UA Campus Pantry https://campuspantry.arizona.edu/

The mission of the UA Campus Pantry is to alleviate hunger in the UA Wildcat community by providing food assistance to those in need.

UA Cooperative Extension https://extension.arizona.edu/explore

Opportunities include Youth Development, Food Nutrition & Health, Community & Business, Youth & Family, Tribal Extension, Natural Resources)

UA Cultural and Resource Centers <u>https://immigrant.arizona.edu/cultural-resource-centers</u> The UA offers spaces on campus that highlight students' various identities.

UA Immigrant Student Resource Center https://immigrant.arizona.edu/

We provide academic, career, scholarship, & social support to currently enrolled students, including students with Deferred Action for Childhood Arrivals (DACA) work permits, undocumented status, students with mixed-immigration status families, and students from refugee backgrounds. We train university staff, faculty, & administrators how to work more effectively with students from immigrant and refugee backgrounds.

United Way of Tucson https://unitedwaytucson.org/

United Way of Tucson responds to our community's needs, transforms lives and brings longlasting systemic change to our community by focusing on the underlying issues. We fight for education, financial wellness, equality and healthy communities for every person in Tucson and Southern Arizona.

YMCA https://tucsonymca.org/about/volunteer/

YMCA volunteers give people of all ages and from all walks of life the resources and support they need to be healthy, confident, connected, and secure.

YWCA https://ywcatucson.org/

Leading the fight for social and economic justice in Southern Arizona since 1917. Our mission is Eliminating Racism, Empowering Women and Promoting Peace, Justice, Freedom and Dignity for All.

Law, Public Policy, & Public Administration

Pima County Attorney's Office https://www.pcao.pima.gov/volunteers-interns/

The Pima County Attorney's Office is seeking motivated volunteers and interns who are interested in gaining hands-on experience in the criminal justice system and working to help the County Attorney represent the people of Pima County.

Pima County Juvenile Court https://www.sc.pima.gov/pima-county-juvenile-court/

The mission of the Pima County Juvenile Court is to ensure children are protected, youth are rehabilitated, and the community is safe by administering timely and impartial justice and providing innovative services.

Pima County Public Defender's Office https://webcms.pima.gov/government/public_defender/

In light of our shared and inherent humanity, we challenge injustice, promote systemic change, and advocate for the fair treatment of all people by providing vigorous representation as guaranteed by the United States and Arizona Constitutions.